

Použitá literatura

- Řada autorových prací je volně ke stažení na www.plbohnice.cz/nespor
- Alcoholics Anonymous, 45. vydání, Alcoholics Anonymous World Services, New York, 1993, s. 578.
- Alibrandi, L. A.: The folk psychotherapy of Alcoholics Anonymous. In: Zimberg, S., Wallace, J., Blume, S. (ed.): *Practical approaches to alcoholism psychotherapy*. Plenum Press, New York, 1985, s. 239-256.
- Bailey, S. L.: Adolescents' multisubstance use patterns: The role of heavy alcohol and cigarette use. *Am. J. Public Health*, 82, 1992, 9, s. 1220-1224.
- Baker J. R., Jatlow P., McCance-Katz, E. F., Barber, J. G., Gilbertson, R.: Unilateral interventions for women living with heavy Disulfiram effects on responses to intravenous cocaine administration. *Drug Alcohol Depend*, 87, 2007, s. 202-209.
- Drinkers. *Social Work*, 42, 1997, č. 1, s. 69-78.
- Bateson, G.: The cybernetics of „self“: A theory of alcoholism. *Psychiatry*, 34, 1971, 1, s. 1-18.
- Benda B. B.: Life-course theory of readmission of substance abusers among homeless veterans. *Psychiatr Serv* 55, 2004, s. 1308-1310.
- Bennun, I.: Two approaches to family therapy with alcoholics: problem solving and systemic therapy. *Journal of Substance Abuse Treatment*, 2, 1985, s. 19-26.
- Bennun, I.: Treating the system or symptom: investigating family therapy for alcohol problems. *Behav. Psychother.*, 16, 1988, č. 3, s. 165-176.
- Binkoff, J. A.: Exposure and reactivity to alcohol cues: Impact on drink refusal skills of problem drinkers. *Dissertation Abstracts International*, 1986, 46, 10, s. 3587-B.
- Black, D. W., Reperinger, S., Gaffney, G. R., Gabel, J.: Family history and psychiatric comorbidity in persons with compulsive buying: Preliminary findings. *American Journal of Psychiatry*, 155, 1998, s. 960-963.

- Botvin, G. J., Baker, E., Dusenbury, L., Botvin, E. M.: Long-term follow-up results of a randomized drug abuse prevention trial in a white middle-class population. *JAMA*, 273, 1995, s. 1106-1112.
- Boylin, W. M., Doucette, J., Jean, M. F.: Multifamily therapy in substance abuse treatment with women. *American Journal of Family Therapy*, 25, 1997, č. 1, s. 39-47.
- Brown, B. S., O'Grady, K., Battjes, R. J., Farrell, E. V.: Factors associated with treatment outcomes in an aftercare population. *Am J Addict*, 13, 2004, s. 447-460.
- Brumbaugh, A. G. (ed.): *Transformation and recovery*. Stillpoint Press, Santa Barbara (Kalifornie), 1994, s. 518.
- Burke, P. A.: *Addiction: A Misplaced Search for God*. www.patriciaburke.com/godsearch.html, 2006.
- Burton, S. M., Tiffany, S. T.: The effect of alcohol consumption on craving to smoke. *Addiction*, 92, 1997, 1, s. 15-26.
- Bútora, M.: *Překročit svůj stín*. Avicenum, Praha, 1991, s. 238.
- Carrigan, M. H.: Reactivity to alcohol use cues: The impact of availability information on responding. *Dissertation Abstracts International*, 59, 1998, 4, s. 1833-B.
- Carroll, K. M.: *Therapy Manuals for Drug Addiction. Manual 1: A Cognitive-Behavioral Approach: Treating Cocaine Addiction*. Washington: U. s. Department of Health and Human Services, National Institutes of Health, National Institute on Drug Abuse, 1998, s. 127.
- Carter, B. L., Tiffany, S. L.: Meta-analysis of cue-reactivity in addiction research. *Addictions*, 94, 1999, 3, s. 327-340.
- Castellani, B., Rugle, L.: A comparison of pathological gamblers to alcoholics and cocaine misusers on impulsivity, sensation seeking, and craving. *Int. J. Addict.*, 30, 1995, 3, s. 275-289.
- Catalano, R. F., Kosterman, R., Haggerty, K., Hawkins, J. D., Spoth, R. L.: A universal Intervention for the Prevention of Substance Abuse: Preparing for the Drug-Free Years. In: R. S. Ashery, E. B. Robertson, K. L. Kumpfer (eds.) *Drug Abuse Prevention through Family Interventions*. NIDA Research Monograph No. 177, Rockville, M. D.: National Institute on Drug Abuse, 1998, (s. 130-1859).
- Catanzaro, R. J.: Evolution of family treatment. *Focus on Alcohol and Drug Issues*, 6, 1983, č. 4, s. 2-3.
- Cecero, J. J., Holmstrom, R. W.: Alexithymia and affect pathology in adult male alcoholics. *Journal of Clinical Psychology*, 53, 1997, s. 201-208.
- Ciraulo, M., Alpert, N., Franko, K. J.: Naltrexone for the treatment of alcoholism. *Am. Fam. Physician*, 56, 1997, 3, s. 803-806.
- Crothers, T. D.: Concealed alcohol in drugs. *JAMA: Journal of the American Medical Association*, 278, 1997, 19, s. 1553.
- Csémy, L.: *Iniciace a progresa: pití alkoholu, kouření a užívání jiných drog u pražských adolescentů*. Alkoholismus a drogové závislosti (Bratislava), 34, 1999, č. 3, s. 147-154.
- De Moja, C. A., Spielberger, C. D.: Anger and drug addiction. *Psychological Reports*, 81, 1997, s. 152-154.
- Dear G. E., Roberts, C. M.: The Holyoake Codependency Index: investigation of the factor structure and psychometric properties. *Psychol. Rep.*, 87, 2000, č. 3, s. 991-1002.
- Del Pozo, J. M. L., Gomez, C. F., Fraile, M. G., Perez, I. V.: Psychological and behavioural factors associated with relapse among heroin abusers treated in

- therapeutic communities. *Addictive Behaviors: An International Journal*, 23, 1998, 2, s. 155-169.
- DiClemente, C. C., Prochaska, J. O., Fairhurst, S. K. a spol.: The process of smoking cessation: an analysis of precontemplation, contemplation, and preparation stages of change. *Journal of Consulting and Clinical Psychology*, 59, 1991, č. 2, s. 295-304.
- Dozois, D. N., Farrow, J. A., Miser, A.: Smoking patterns and cessation motivations during adolescence. *Int. J. Addict.*, 30, 1995, 11, s. 1485-1498.
- Droungas, A., Ehrman, R. N., Childress, A. R., O'Brien, C. P.: Effect of smoking cues and cigarette availability on craving and smoking behavior. *Addict. Behav.*, 20, 1995, 5, s. 657-673.
- Dudish-Poulsen, s. A., Hatsukami, D. K.: Dissociation between subjective and behavioral responses after cocaine stimuli presentations. *Drug and Alcohol Dependence*, 47, 1997, 1, s. 1-9.
- Edwards, G., Anderson, P., Babor, T. F. a kol.: *Alcohol policy and the public good*. Oxford University Press, Oxford, 1994, s. 226.
- El-Guebaly, N., Hodgins, D.: Substance-related cravings and relapse: clinical implications. *Canadian Journal of Psychiatry*, 43, 1988, 1, s. 29-36
- Ermalinski, R., Hanson, P. G., Lubin, B., Thornby, J. I., Nahormek, P. A.: Impact of a body-mind treatment component on alcoholic inpatients. *J. Psychosoc. Nurs. Ment. Health Serv.*, 35, 1997, 7, s. 39-45.
- Farid, S., El Sherbini, M., Raistrick, D.: Cognitive group therapy for wives of alcoholics - a pilot study. *Drug Alcohol Depend*, 197, 1986, č. 4, s. 349-358.
- Federman, E. B., Costello, E. J., Angold, A., Farmer, E. M., Erkanli, A.: Development of substance use and psychiatric comorbidity in an epidemiologic study of white and American Indian young adolescents the Great Smoky Mountains Study. *Drug Alcohol Depend.*, 44, 1997, 2-3, s. 69-78.
- Fleming, M., Manwell, L. B.: Brief intervention in primary care setting. *Alcohol Research and Health*, 23, 1999, 2, s. 128-137.
- Friedman, A. S.: Family therapy versus parent groups: Effects on adolescent drug abusers. In: Friedman, A. S., Granick, S. (eds.): *Family Therapy for Adolescent Drug Abuse*. Lexington: Lexington Books, 1990. s. 443, s. 210-215.
- Garrouette, E. M., Goldberg, J., Beals, J., Herrell, R., Manson, S. M.: AI-SUPERPFP Team. Spirituality and attempted suicide among American Indians. *Soc Sci Med.*, 56, 2003, s. 1571-1579.
- Gawan F., Alen, D., Humblestone, B.: Outpatient treatment of crack-cocaine smoking with fluphenithixol dedcanoate: a preliminary report. *Arch. Gen Psychiatry*, 46, 1989, s. 322-325.
- Gillum RF. Frequency of attendance at religious services and cigarette smoking in American women and men: The Third National Health and Nutrition Examination Survey. *Preventive Medicine*, 41, 2005, s. 607-613.
- Goldberg, N.: Therapeutic strategies for alcoholism using marital therapy. *Psychiatria Fennica*, 16, 1985, s. 97-106.
- Gonzales, D., Rennard, S. I., Nides, M., et al. Varenicline Phase 3 Study Group. Varenicline, an alpha4beta2 nicotinic acetylcholine receptor partial agonist, vs sustained-release bupropion and placebo for smoking cessation: a randomized controlled trial, *JAMA*, 296, 2006, s. 47-55.

- Grant, S., London, E. D., Newlin, D. B., Villemagne, V. L., Liu, X., Contoreggi, C., Phillips, R. L., Kimes, A. S., Margolin, A.: Activation of memory circuits during cue-elicited cocaine craving. *Proc. Natl. Acad. Sci. USA*, 93, 1996, 21, s. 12040-12045.
- Graves, B.: *You can be free*. Agape Renewal, Endvel (New York), 1998, s. 56.
- Greeley, J. D., Swift, W., Prescott, J., Heather, N.: Reactivity to alcohol related cues in heavy and light drinkers. *Journal of Studies of Alcohol*, 54, 1993, 3, s. 359-368.
- Galanter, M.: network therapy for the office practitioner. In: Galanter, M., Kleber, H. D. (ed.): *Textbook of substance abuse treatment*. The American Psychiatric Press, Washington a London, 1994, s. 253-262.
- Galanter, M., Kleber, H. D.: *Textbook of substance abuse treatment*. The American Psychiatric Press, Washington a London, 1994, s. 475.
- Gulliver, s. B., Rohsenow, D. J., Colby, S. M., Dey, A. N., Abrams, D. B., Niaura, R. S., Monti, P. M.: Interrelationship of smoking and alcohol dependence, use and urges to use. *Journal of Studies on Alcohol*, 56, 1995, 2, s. 202-206.
- Halikas, J., Weller, R., Morse, C.: Effects of regular marihuana use on sexual performance. *Journal of Psychoactive Drugs*, 14, 1982, 1-2, s. 59-70.
- Hamilton, M. E., Voris, J. C., Sebastian, P. S., Singha, A. K., Krejci, L. P., Elder, I. R., Allen, J. E., Beitz, J. E., Covington, K. R., Newton, A. E., Price, L. T., Tillman, E., Hernandez, L. L.: Money as a tool to extinguish conditioned responses to cocaine in addicts. *J. Clin. Psychol.*, 54, 1998, 2, s. 211-218.
- He, J., Xu, H., Yang, Y., Zhang, X., Li, X. M.: Neuroprotective effects of olanzapine on methamphetamine-induced neurotoxicity are associated with an inhibition of hyperthermia and prevention of Bcl-2 decrease in rats. *Brain Res*, 1018, 2004, s. 186-192.
- Heath, A. W., Stanton, M. D.: Family-based treatment: Stages and outcomes. In: Frances, R. J., Miller, S. I. (eds.): *Clinical Textbook of Addictive Disorders*. 2. vydání, New York, NY: Guilford Press, 1998, s. 637 (s. 496-520).
- Heather, N., Stallard, A.: Does the Marlatt model underestimate the importance of conditioned craving in the relapse process?. In: M. Gossop (ed.): *Relapse and Addictive Behaviour*. Tavistock/Routledge, New York, 1989, s. 180-208.
- Hayes, S. C., Sresosahl, K. D., Wilson, K. G.: *Acceptance and commitment therapy*. New York: Guilford Press 2002, s. 304.
- Higgins, S. T., Petry, N. M.: Contingency management. *Alcohol Research and Health*, 23, 1999, 2, s. 122-127.
- Hollý, M.: Akupunktúra v terapii drogových závislostí. In: Palkovič, O., Poliaková, E.: *Protidrogová výchova*. Veda, Bratislava, 1999, s. 303-306.
- Horwitz, R. I., Kraus, M. L., Horwitz, S. M., Viscoli, C. M., Gottlieb, L. D., Kraus, M. L.: Craving and the social context: A new interaction model for enhancing recovery from alcoholism. *Journal of Chronic Diseases*, 40, 1987, 12, s. 1135-1140.
- Huberty, D. J., Huberty C. E.: Sabotaging siblings: An overlooked aspect of family therapy with drug dependent adolescents. *Journal of Psychoactive Drugs*, 1986, 18, č. 1, s. 31-41.
- Humphreys, K.: Professional interventions that facilitate 12-step self-help group involvement. *Alcohol Research and Health*, 23, 1999, 2, s. 93-98.
- Childress, A. R., Hole, A. V., Ehrman, R. N., Robbins, S. J., McLean A. T., O'Brien, C. P.: Cue reactivity and cue reactivity interventions in drug dependence. *NIDA Research Monograph* 137, Washington, 1993, s. 73-95.

- I. C. D. – 10, kapitola V, *Mental and behavioural disorders, diagnostic criteria for research*. WHO, Geneva, 1990, s. 137.
- Isbell, H.: Craving for alcohol. *Quarterly Journal of Studies on Alcohol*, 16, 1955, s. 38-42.
- Janiri, L., Hadjichristos, A., Buonanno, A., Rago, R., Mannelli, P., De Risio, Kadden, R. M.: Is Marlatt's relapse taxonomy reliable or valid? *Addiction*, 91, 1996 (Supplement), s. 139-145.
- Kandel, D. S., Yamaguchi, K., Chen, K.: Stages of progression in drug involvement from adolescence to adulthood: further evidence for the gateway theory. *Journal of Studies of Alcohol*, 53, 1992, 5, s. 447-457.
- Kaplan, R. F., Meyer, R. E., Virgilio, L. M.: Physiological reactivity to alcohol cues and the awareness of an alcohol effect in a double-blind placebo design. *British Journal of Addiction*, 1984, 79, 4, s. 439-442.
- Kaufman, E.: Family therapy, other drugs. In: Galanter, M., Kleber, H. D. (eds.): *Textbook of substance abuse*. The American Psychiatric Press, Washington a London, 1994, s. 331-348.
- Kauhanen, J., Julkunen, J., Salonem, J. T.: Coping with inner feelings and stress: Heavy alcohol use in the context of alexithymia. *Behavioral Medicine*, 1992, 18:121-126.
- Killeen, T. K., Brady, K. T.: Preliminary study of the effects of auricular acupuncture on alcohol and drug withdrawal symptoms. *Substance Abuse*, 18, 1997, 3, s. 119-124.
- Klajner, F., Hartman, L. M., Sobell, M. B.: Treatment of substance abuse by relaxation training: a review of its rationale, efficacy and mechanisms. *Addictive Behaviors*, 9, 1984, s. 41-55.
- Kocourková, J., Lebl, J., Koutek: *Mentální anorexie a mentální bulimie v dětství a dospívání*. Galén, Praha, 1999, s. 156.
- Krch, D., Beumot, P. J. V., Van Deth, R. a kol.: *Poruchy příjmu potravy*. Grada, Praha, 1999, s. 240.
- Kumpfer, K. L.: Selective Prevention Interventions: The Strengthening Families Program. In: R. s. Ashery, E. B. Robertson, K. L. Kumpfer (eds.): *Drug Abuse Prevention through Family Interventions: NIDA Research Monograph*, 177, Rockville, MD: National Institute on Drug Abuse, 1998 (s. 160-207).
- Kutner, G., Zahourek, R. P.: Relaxation and imagery groups for alcoholics. *Advances*, 6, 1989, 3, s. 57-64.
- Leigh, J., Bowen, S., Marlatt, G. A.: Spirituality, mindfulness and substance abuse. *Addict Behav.*, 30, 2005, s. 1335-1341.
- Lesch, O. M., Benda, N., Gutierrez, K., Walter, H.: Craving in alcohol dependence: Pharmaceutical interventions. In: L. L. Judd, B. Saletu, V. Filip (eds.): *Basic and Clinical Science of Mental and Addictive Disorders*. Karger, Basel 1997, s. 136-147.
- Liepman, M. R., Nierenberg, T. D., Begin, A. M.: Evaluation of a program designed to help family and significant others to motivate resistant alcoholics into recovery. *Am. J. Drug Alcohol Abuse*, 15, 1989, s. 209-221.
- Linton, S. J., Melin, J.: Applied relaxation in the management of chronic pain. *Behavioural Psychotherapy*, 11, 1983, s. 337-350.
- Litt, M. D., Cooney, N. L., Kadden, R. M., Gaupp, L.: Reactivity to alcohol cues and induced moods in alcoholics. *Addictive Behaviors*, 1990, 15, 2, s. 137-146.
- Littleton, J.: Acamprosate in alcohol dependence: how does it work? *Addiction*, 90, 1995, 9, s. 1179-1188.
- Ludwing, A. M.: *Understanding the alcoholic's mind: The nature of craving and how to control it*. Oxford University Press, New York, 1988, s. 188.

- Maas, L. C., Lukas, S. E., Kaufman, M. J., Weiss, R. D., Daniels, S. L., Rogers, V. W., Kukes, T. J., Renshaw, P. F.: Functional magnetic resonance imaging of human brain activation during cue-induced cocaine craving. *Am. J. Psychiatry*, 155, 1998, 1, s. 124-126.
- Maharajh, H. D., Bhugra, D.: Brief family therapy with alcohol-dependent men in Trinidad and Tobago. *Acta Psychiatrica Scandinavica*, 87, 1993, č. 6, s. 422-426.
- Mann, L. S., Wise, T. N., Trinidad, A., Kohanski, R.: Alexithymia, affect recognition, and five factors of personality in substance abusers. *Perceptual and Motor Skills*, 1995, 81, s. 31-40.
- Mannelli, P., Janiri, L., Tempesta, E., Jones, R.T.: Prediction in drug abuse: Cocaine interactions with alcohol and buprenorphine. *British Journal of Psychiatry*, 163, 1993, suppl. 21, s. 39-45.
- Marlatt, G. A.: Taxonomy of high-risk situations for alcohol relapse: evolution and development of a cognitive-behavioral model. *Addiction*, 91, 1996 (Supplement), s. 37-49.
- Marlatt, G. A., Gordon, J. R. (eds.): *Relapse prevention*. Guilford Press, New York, 1985.
- Matanelli, O.: *Specifita prevence syndromu burn-out při práci se závislými*. Nepublikovaný rukopis, 1999.
- McCrary, B. S., Stout, E., Noel, N., Abrams, S., Nelson, H. F.: Effectiveness of three types of spouse-involved behavioral alcoholism treatment. *Br. J. Addict.*, 86, 1991, č. 11, s. 1415-1424.
- Mezinárodní klasifikace nemocí. 10. revize. Duševní poruchy a poruchy chování. Popisy klinických příznaků a diagnostická vodítka. (Překl. z angl. orig.) Praha, Psychiatrické centrum 1992. s. 282 - „Zprávy“ č. 102.
- Miller, W. R., Benefield, R. G., Tonigan, J. S.: Enhancing motivation for change in problem drinking: a controlled comparison of two therapist styles. *Consult. Clin. Psychol.*, 6, 1993, č. 3, s. 455-461.
- Miller, W. R., Zweben, A., DiClemente, C., Rychtarik, R. G.: *Motivational enhancement therapy manual*. U. S. Department of Health and Human Services, ADAMHA, NIAAA, Washington, 1992, s. 121.
- Mjoseh, J.: Overzealous shopping. *American Psychological Association Monitor*, 12, 1977 (www.apar.org/monitor/dec97).
- Moak, D. H., Anton, R. F., Latham, P. K.: Further validation of the Obsessive-Compulsive Drinking Scale (ODS). *The American Journal of Addictions*, 7, 1998, 1, s. 14-23.
- Modell, J. G., Glaser, F. B., Cyr, L., Mountz, J. M.: Obsessive and compulsive characteristics of craving for alcohol in alcohol abuse and dependence. *Alcohol Clin. Exp. Res.*, 16, 1992, 2, s. 272-274.
- Modell, J. G., Mountz, J. M.: Focal cerebral blood flow change during craving for alcohol measured by SPECT. *J. Neuropsychiatry Clin. Neurosci.*, 7, 1995, 1, s. 15-22.
- Monti, P. M., Rohsenow, D. J., Michalec, E., Martin, R. E., Abrams, D. B.: Brief coping skills treatment for cocaine abuse: substance use outcomes at three months. *Addiction*, 92, 1997, 12, s. 1717-1728.
- Monti, P. M., Rohsenow, D. J., Rubonis, A. V., Niaura, R. S., Sirota, A. D., Colby, S. M., Abrams, D. B.: Alcohol cue reactivity: effects of detoxification and extended exposure. *Journal of Studies of Alcohol*, 54, 1993, 2, s. 235-245.
- Nešpor, K.: Psaný kontrakt v léčbě závislosti na alkoholu. *Protialk. obzor*, 22, 1987, 3, s. 161-165.

- Nešpor, K.: Profesionální stres u zdravotnických pracovníků. *Lékařské listy* (příloha Zdravotnických novin), 44, 1995, č. 23, s. 14-15.
- Nešpor, K.: *Uvolnění a s přehledem. Relaxace a meditace pro moderního člověka*. Grada, Praha, 1998, s. 96.
- Nešpor, K.: *Závislost na práci*. Grada, 1998, s. 144. Dostupné na www.plbohnice.cz/nespor
- Nešpor K.: *Už jsem prohrál dost*. Sportpropag, Praha 2006, s. 130. Dostupné na www.plbohnice.cz/nespor
- Nešpor, K.: Problémy působené alkoholem a praktický lékař. *Medicína pro praxi*, 3, 2005, s. 113-116.
- Nešpor, K.: *Metodika prevence ve školním prostředí*. Dostupné na www.plbohnice.cz/nespor
- Nešpor K.: *Zůstat strýzlivý*. Host, Brno 2006, s. 238. Dostupné na www.plbohnice.cz/nespor
- Nešpor, K.: *Počítače a zdraví*. Ben, 1999, s. 96.
- Nešpor, K.: *Problémy s návykovými látkami v ordinaci praktického lékaře*. Galén, Praha, 1999, s. III.
- Nešpor, K.: Deník terapie – jednoduchá léčebná pomůcka. *Alkoholismus a drogové závislosti* (Bratislava), 34, 1999, 5, s. 305-308.
- Nešpor, K.: Návykové nemoci. In: Seifertová, D., Praško, J., Höschl, C.: *Postupy v léčbě psychických poruch*. Academia Medica Pragensis, Praha 2004, s. 19-45.
- Nešpor, K.: Organizace Anonymní alkoholici představuje efektivní pomoc závislým. *Praktické lékařství* 2002, 12(6), s. 25-31. Dostupné na adrese: www.plbohnice.cz/nespor.
- Nešpor, K., Csémy, L.: Spiritualita v medicíně. *Čas. lék. čes.* 145, 2006, s. 743-745.
- Nešpor, K., Csémy, L.: „Průchozí“ drogy. Co by měli vědět rodiče a další dospělí, kteří se starají o děti a dospívající. Státní zdravotní ústav v nakladatelství Fortuna, Praha 2002, s. 28. Dostupné na www.plbohnice.cz/nespor
- Nešpor K.: Craving (bažení) u návykových nemocí – jeho význam a léčba. *Psychiatrie pro praxi*, 8, 2007, s. 32-34. Dostupné na www.plbohnice.cz/nespor
- Nešpor, K., Csémy, L.: *Léčba a prevence závislosti. Příručka pro praxi*. Psychiatrické centrum Praha, 1996, s. 203.
- Nešpor, K., Csémy, L.: *Bažení (craving). Společný rys mnoha závislostí a jeho zvládnutí*. FIT IN – rodiče proti drogám a Sportpropag, 1999, s. 76. Dostupné na www.plbohnice.cz/nespor
- Nešpor, K., Csémy, L.: *Alkohol, drogy a vaše děti. Jak problémům předcházet, jak je rozpoznávat, jak je zvládnout*. 5. revidované vydání. Sportpropag, Praha 2003, s. 104. Dostupné na www.plbohnice.cz/nespor
- Nešpor, K., Csémy, L.: Spiritualita v medicíně. *Čas. lék. čes.*, 145, 2006, s. 743-745.
- Nešpor, K., Fanfulová, E.: *Podmiňování ve fantazii (covert conditioning) u pacientů závislých na alkoholu nebo drogách*. Celost. konf. AT, Jaroměřice n. Rokytou, 4.-6. 5. 1982.
- Nešpor, K., Csémy, L., Pernicová, H.: *Problémy s návykovými látkami ve školním prostředí. Časná a krátká intervence*. Sportpropag, Praha, 1998, s. 104.
- Nešpor, K., Csémy, L., Pernicová, H.: *Zásady efektivní primární prevence*. Sportpropag pro MŠMT, Praha 1999, s. 39.
- Nešpor, K., Müllerová, M.: *Jak přestat brát (drogy)*. 4. rozšířené vydání. Vydal Sportpropag pro Ministerstvo zdravotnictví ČR, Praha 2004, s. 144. Dostupné na www.plbohnice.cz/nespor
- Nešpor, K., Pernicová, H., Csémy, L.: *Jak zůstat fit a předejít závislostem*. Portál, Praha 1999, s. 120.

- Nešpor, K., Csémy, L., Provazníková, H.: *Dotazník pro dospívající identifikující rizikové oblasti (volně podle R. E. Tartera)*. Vydal Státní zdravotní ústav v nakladatelství Fortuna, 1998, s. 48. Dostupné na www.plbohnice.cz/nespor
- O'Malley, S. S., Jaffe, A. J., Rode, S., Rounsaville, B. J.: Experience of a „slip“ among alcoholics treated with naltrexone or placebo. *Am. J. Psychiatry*, 153, 1996, 2, s. 281-283.
- Orford, J.: *Excessive appetites: a psychological view of addiction*. John Wiley and Sons, Chichester (USA), 1985, s. 367.
- Öst, L. G.: A maintenance program for behavioral treatment of anxiety disorders. *Behav. Res. & Ther.*, 27, 1989, 2, s. 123-130.
- Öst, L. G.: Applied relaxation vs progressive relaxation in the treatment of panic disorder. *Behav. Res. & Ther.*, 26, 1988, 1, s. 13-22.
- Pardini, D. A., Planteb, T. G., Shermanc, A., Jamie, E., Stumpd, J. E.: Religious faith and spirituality in substance abuse recovery. Determining the mental health benefits. *Psychology of Addictive Behaviors*, 17, 2003, s. 159-162.
- Payne, T. J., Rychtarik, R. G., Rappaport, N. B., Smith, P. O., Etscheidt, M., Brown, T. A., Johnson, C. A.: Reactivity to alcohol-relevant beverage and imaginal cues in alcoholics. *Addictive Behaviors*, 17, 1992, 3, s. 209-217.
- Peele, S., Brodsky, A.: *The truth about addiction and recovery*. Simon & Schuster, New York, 1991, s. 431.
- Perry, Ch. L., Grant, M., Ernberg, G. a kol.: WHO collaborative study on alcohol education and young people: outcomes of a four-country pilot study. Perry, Ch. L., Grant, M., Ernberg, G. a kol.: WHO collaborative study on alcohol education and young people: outcomes of a four-country pilot study. *The International Journal of the Addictions*, 24, 1989, 12, s. 1145-1171.
- Platt, J. J.: *Heroin Addiction*. Vol. 1, Krieger, Malabar (Florida), 1988, s. 447.
- Poage, E. D., Ketzenberger, K. E., Olson, J.: Spirituality, contentment, and stress in recovering alcoholics. *Addict Behav.*, 29, 2004, s. 1857-1862.
- Powers, R. J., Kutash, I. L.: Stress and alcohol. *Int. J. Addict.*, 20, 1985, 3, s. 461-482.
- Prendergast, K. A.: Examination of the relationship between sensation seeking/novelty seeking and alcohol/drug use. *Dissertation Abstracts International*, 54, 1993, s. 2768.
- Project MATCH secondary a priori hypotheses. *Addiction*, 92, 1997, s. 1671-1698.
- Project MATCH Research Group: Matching alcoholism treatments to client heterogeneity: Project MATCH posttreatment drinking outcomes. *J. Stud. Alcohol*, 58, 1997, č. 1, s. 7-29.
- Puchalski, C. M.: The role of spirituality in health care. *Proc (Bayl Univ Med Cent)*, 14, 2001, s. 352-357. [www.pubmedcentral.gov/articlerender.fcgi? tool=pubmed&pubmedid=16369646](http://www.pubmedcentral.gov/articlerender.fcgi?tool=pubmed&pubmedid=16369646)
- Ramesh, S., Kumaraiah, V.: Behavioural interventions in alcoholism: A social skills training perspective. *NIMHANS Journal*, 15, 1997, 1, s. 67-73.
- Rew, L., Wong, I. J.: A systematic review of associations among religiosity/spirituality and adolescent health attitudes and behaviors. *Journal of Adolescent Health*, 38, 2006, s. 433-442.
- Ritter, M.: *Internet junkies may have hidden problems, study says*. Nando.net, 1998 (www.nando.net).
- Rimmele, C. T., Howard, M. O., Hilfrink, M. L.: Aversion therapies. In: Hester, R. K., Miller, W. R. (eds.): *Handbook of Alcoholism Treatment Approaches: Effective Alternatives*. Allyn and Bacon, Needham Heights, MA, 1995, s. 307 (s. 134-147).

- Rimmele, C. T., Howard, M. O., Hilfrink, M. L.: Aversion therapies. In: Hester, R. K., Miller W. R. (eds.): *Handbook of Alcoholism Treatment Approaches: Effective Alternatives*. Needham Heights, MA, Allyn and Bacon, 1995, s. 307 p (s. 134-147).
- Robinson, B. E.: *Chained to the Desk*. New York University Press, New York, 1998, s. 255.
- Robinson, B. E., Phillips, B.: Measuring workaholism: content validity of the work addiction test. *Psychol. Rep.*, 77, 1995, 1, s. 657-658.
- Roelofs, S. M., Dikkenberg, G. M.: Hyperventilation and anxiety: alcohol withdrawal symptoms decreasing with prolonged abstinence. *Alcohol*, 4, 1987, s. 215-220.
- Rohsenow, D. J., Monti, P. M.: Does urge to drink predict relapse after treatment? *Alcohol Research and Health*, 23, 1999, 3, s. 225-232.
- Rotgers, F.: *Léčba drogových závislostí*. Grada, Praha, 1999, s. 262.
- Roy, M., Smelson, D. A., Roy, A.: Abnormal electroretinogram in cocaine-dependent patients. Relationship to craving. *Br. J. Psychiatry*, 168, 1996, 4, s. 507-511.
- Rubonis, A. V., Colby, S. M., Monti, P. M., Rohsenow, D. J., Gulliver, S. Z., Sirota, A. D.: Alcohol cue reactivity and mood induction in male and female alcoholics. *Journal of Studies of Alcohol*, 55, 1994, 4, s. 487-494.
- Sander, A. M., Witol, A. D., Kreutzer, J. S.: Alcohol use after traumatic brain injury: Concordance of patients' and relatives' reports. *Archives of Physical Medicine and Rehabilitation*, 78, 1997, 2, s. 138-142.
- Sayette, M. A., Monti, P. M., Rohsenow, D. J., Gulliver, S. B., Colby, S. M., Sirota, A. D., Niaura, R., Abrams, D. B.: Effects of cue exposure on reaction time in male alcoholics. *Journal of Studies on Alcohol*, 55, 1994, 5, s. 629-633.
- Schmidt, S. E.: Parental influence in families of adolescent drug users. *Dissertation Abstracts International*, 55, 1995, 12, s. 3791A-3792A.
- Schmidt, S. E., Liddle, H. A., Dakof, G. A.: Changes in parenting practices and adolescent drug abuse during multidimensional family therapy. *Journal of Family Psychology*, 10, 1996, č. 1, s. 12-27.
- Schmitz, J. M., Oswald, L. M., Jacks, S. D., Rustin, T., Rhoades, H. M., Grabowski, J.: Relapse prevention treatment for cocaine dependence: group vs. individual format. *Addict. Behav.*, 22, 1997, 3, s. 405-418.
- Sisson, R. W., Azrin, N. H.: Family-member involvement to initiate and promote treatment of problem drinkers. *J. Behav. Ther. Exp. Psychiatry*, 17, 1986, 1, s. 15-21.
- Silverman, K., Wong, C. J., Umbricht-Schneider, A., Montoya, I. D., Schuster, C. R., Preston, K. L.: Broad beneficial effects of cocaine abstinence reinforcement among methadone patients. *Journal of Consulting and Clinical Psychology*, 66, 1998, 5, s. 811-824.
- Skála, J.: *Závislost na alkoholu a jiných drogách*. Avicenum, Praha 1987, s. 206.
- Smith, M., Ra, K.: Use of acupuncture in the treatment and prevention of drug and alcohol abuse. *Alcoholism*, 23, 1987, 1-2, s. 25-31.
- Solomon, L. R.: The opponent-process theory of acquired motivation: the cost of pleasure and the benefit of pain. *American Psychologist*, 1980, 35: 691-712.
- Sovinová, H., Sadílek, P., Csémy, L.: *Vývoj prevalence kuřáctví v dospělé populaci ČR*. Výzkumná zpráva. Státní zdravotní ústav, Praha 2006. http://www.szu.cz/dokumenty_soubory/ZPR2A.pdf
- Spanagel, R., Zieglgansberger, W.: Anti-craving compounds for ethanol: new pharmacological tools to study addictive processes. *Trends Pharmacol. Sci*, 18, 1997, 2, s. 54-59.

- Steinglass, P.: Family therapy, alcohol. In: Galanter, M., Kleber, H. D. (eds.): *Textbook of substance abuse*. The American Psychiatric Press, Washington a London, 1994, s. 315-329.
- Stocker, S.: Cocaine activates different brain regions for rush versus craving. *NIDA Notes*, 13, 1999, č. 5, s. 7 a 10.
- Swift, R. M., Stout, R. L.: The relationship between craving, anxiety, and other symptoms in opioid withdrawal. *J. Subst. Abuse*, 4, 1992, 1, s. 19-26.
- Thirteen principles of effective drug addiction treatment. *NIDA Notes*, 14, 1999, 5, s. 15.
- Tivis, L. J., Parsons, O. A., Nixon, S. J.: Anger in an inpatient treatment sample of chronic alcoholics. *Alcoholism: Clinical and Experimental Research*, 22, 1998, s. 902-907.
- Tobler, N. S.: Meta-analysis of 143 adolescent drug prevention programs: quantitative outcome results of program participants compared to a control of comparison group.) *Journal of Drug Issues*, 16, 1986, 4, s. 537-567.
- Tobler, N. S.: Interactive program are successful: a new meta-analysis findings.) 3rd Annual Meeting of the Society for Prevention Research, Scottsdale (Arizona), 15.-17. 6. 1995, Abstrakta, s. 18.
- Tyson, P. D.: Physiological arousal, reactive aggression, and the induction of an incompatible relaxation response. *Aggression and Violent Behavior*, 3, 1998, 2, s. 143-158.
- Van den Brink, W. Editorial: Craving and relapse prevention. *European Addiction Research*, 3, 1997, 3, 107-109.
- Veronic, L.: Influence of subject gender, birth order and gender of alcoholic parent on family role identification for children of alcoholics. *Dissertation Abstracts International*, 58, 1998, č. 12, s. 6849-B.
- Volpicelli, J. R., Clay, K. L., Watson, N. T., Volpicelli, L. A.: Naltrexone and treatment of alcohol dependence. *Alcohol Health & Research World*, 18, 1994, 4, s. 273-278.
- Weinstein, A., Wilson, S., Bailey, J., Myles, J., Nutt, D.: Imagery of craving in opiate addicts undergoing detoxification. *Drug Alcohol Depend.*, 48, 1997, 1, s. 25-31.
- Weiss, R. D., Griffin, M. L., Hufford, C., Muenz, L. R., Najavits, L. M., Jansson, S. B., Kogan, J., Thompson, H. J.: Early prediction of initiation of abstinence from cocaine. Use of a craving questionnaire. *Am. J. Addict.*, 6, 1997, 3, s. 224-231.
- Whalen, T. (1953). Wives of alcoholics: Four types observed in a family service agency. *Quarterly Journal of Studies on Alcohol*, 14, s. 632-641.
- Wright, F. D., Beck, A. T., Newman, C. F., Liese, B. S.: Cognitive therapy of substance abuse: Theoretical rationale. In: Onken, L. S., Blaine, J. D., Boren, J. J. (eds.): *Behavioral Treatments for Drug Abuse and Dependence: NIDA Research Monograph No. 137*, National Institute on Drug Abuse, Rockville, MD, 1993, s. 123-146.
- Young, K. S.: *Caught in the net: How to recognize the signs of Internet addiction - and a winning strategy for recovery*. John Wiley & Sons, New York, 1998, s. 250.
- Zackon, F., McAuliffe, W. E., Ch'ien, J.: *Recovery training and self-help: Relapse prevention and aftercare for drug addicts*. NIDA, Washington, 1994, s. 250.
- Zicker, P.: Blood borne medications could intercept drugs before they reach the brain. *NIDA Notes*, 14, 1999, č. 2, s. 8-10.
- Ziotkowski, M., Gruss, T., Rybakowski, J. K.: Does alexithymia in male alcoholics constitute a negative factor for maintaining abstinence. *Psychotherapy and Psychosomatics*, 1995, 63, s. 169-173.
- Zweben, A., Pealman, S., Li, S.: Reducing attrition from conjoint therapy with alcoholic couples. *Drug and Alcohol Dependence*, 11, 1983, s. 321-331.