

Suggested Readings

Chapter 1

Exercise Physiology

American College of Sports Medicine. ACSM's guidelines for exercise testing and prescription. 8th ed. Thompson WR, Gordon NF, Pescatello LS. Philadelphia: Lippincott Williams & Wilkins; 2008. 400 p.

American College of Sports Medicine. ACSM's resource manual for guidelines for exercise testing and prescription. 6th ed. Ehrman JK, ed. Philadelphia: Lippincott Williams & Wilkins; 2009. 896 p.

American College of Sports Medicine. ACSM's resources for clinical exercise physiology: Musculoskeletal, neuromuscular, neoplastic, immunologic, and hematologic conditions. Myers JN, Herbert WG, Humphrey R. Philadelphia: Lippincott Williams & Wilkins; 2002. 276 p.

Swain DP, Leutholtz BC. Exercise prescription: A case study approach to the ACSM guidelines. 2nd ed. Champaign, IL: Human Kinetics; 2007. 208 p.

Exercise in Chronic Disease and Disability

Frontera WR, Slovik DM, Dawson DM, eds. Exercise in rehabilitation medicine. 2nd ed. Champaign, IL: Human Kinetics; 2006. 464 p.

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Skinner JS. Exercise testing and exercise prescription for special cases: Theoretical basis and clinical application. 3rd ed. Philadelphia: Lea & Febiger; 2005. 418 p.

Medicine

Fauci AS, Braunwald E, Kasper DL, Hauser SL, Longo DL, Jameson JL, Loscalzo J, eds. Harrison's principles of internal medicine. 17th ed. New York: McGraw-Hill; 2008. 2754 p.

Pharmacology

Kastrup E. Drug facts and comparisons. St. Louis: Facts and comparisons; 2008. 3120 p.

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