

Použité zdroje

Knihy

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- Clinical Application of Neuromuscular Techniques: The Upper Body* by Leon Chaitow and Judith Walker DeLany (Churchill Livingstone, 2008).
- Clinical Massage Therapy: A Structural Approach to Pain Management* by James Waslaski (Pearson, 2012).
- Headache in the Pelvis: A New Understanding and Treatment for Prostatitis and Chronic Pelvic Pain Syndromes* by David Wise, PhD, and Rodney Anderson, MD (National Center for Pelvic Pain, 2003).
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- Myofascial Pain and Dysfunction: The Trigger Point Manual, Vol. 1, Upper Body* (2nd edition) by David Simons, Janet G. Travell, and Lois S. Simons (Williams & Wilkins, 1999).
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- Trigger Point Therapy for Low Back Pain: A Self-Treatment Workbook* by Sharon Sauer and Mary Biancalana (New Harbinger Publications, 2010), www.myopain.com.