

Recommended Reading and Toys, and Where to Go to Chat with Others

There are many excellent available books for children with disabilities and their parents. The following lists cite reading materials that we think are good, along with some toy manufacturers that make toys that appeal to children with disabilities.

One resource that we want to recommend strongly for parents of children with disabilities is the monthly magazine *Exceptional Parent*. This magazine provides up-to-date information on resources for parents and children, and has annual issues dedicated to educational concerns, the most recent legal changes pertaining to children with special needs, and other subjects of interest. A subscription to the magazine entitles you to receive the Annual Resource Guide. Request a complimentary copy and subscription information from:

Exceptional Parent

EP Global Communications

551 Main Street

Johnstown, PA 15901

1-877-372-7368

www.eparent.com

epar@kable.com

Books for Parents

Winifred Anderson, Stephen Chitwood, and Diedre Hayden, *Negotiating the Special Education Maze: A Guide for Parents and Teachers*, second edition

Mark L. Batshaw, M.D., *Children with Disabilities*, fifth edition.

Eugene E. Bleck, M.D., and Donald A. Nagel, M.D., eds., *Physically Handicapped Children: A Medical Atlas for Children*

Charles R. Callanan, *Since Owen: A Parent-to-Parent Guide for Care of the Disabled Child*

Lynn Clark, Ph.D., *SOS! Help for Parents*

V. Mark Durand, Ph.D., *Sleep Better! A Guide to Improving Sleep for Children with Special Needs*

Richard M. Eckstein, *Handicapped Funding Directory: A Guide to Sources of Funding in the United States for Programs and Services for the Disabled*, seventh edition

Lydia Fegan, Anne Rauch, and Wendy McCarthy, *Sexuality and People with Intellectual Disability*

Dr. Richard Ferber, *Solve Your Child's Sleep Problems*

Nancie Finnie, *Handling the Young Cerebral Palsied Child at Home*

Jacqueline Freedman and Susan Gersten, *Traveling Like Everyone Else: A Practical Guide for Disabled Travelers*

John M. Freeman, M.D., Eileen P. G. Vining, M.D., and Diana J. Pillas, *Seizures and Epilepsy in Childhood: A Guide for Parents*, third edition

James J. Gallagher and Peter W. Vietze, *Families of Handicapped Persons*

Robert Gaylord-Ross, ed., *Integration Strategies for Students with Handicaps*

Elaine Geralis, ed., *Children with Cerebral Palsy: A Parent's Guide*

Helen Harrison and Ann Kositsky, R.N., *The Premature Baby Book: A Parent's Guide to Coping and Caring in the First Years*

Neil J. Hochstadt and Diane M. Yost, eds., *The Medically Complex Child: The Transition to Home Care*

Stanley D. Klein, Ph.D., and John D. Kemp, eds., *Reflections from a Different Journey. What Adults with Disabilities Want All Parents to Know*

Harold S. Kushner, *When Bad Things Happen to Good People*

Ginny LaVine, *Computer Access/Computer Learning: A Resource Manual in Adaptive Technology*

Jane Leonard, Margaret Myers, and Sherri Cadenhead, *Keys to Parenting a Child with Cerebral Palsy*

Barbra Lindberg, *Understanding Rett Syndrome*

- Debra J. Lobato, *Brothers, Sisters, Special Needs*
- Mary Male, *Special Magic: Computers, Classroom Strategies, and Exceptional Students*
- Charles T. Mangrum II and Stephen S. Strichart, eds., *Peterson's Guide to Colleges with Programs for Learning Disabled Students*
- William C. Mann and Joseph P. Lane, *Assistive Technology for Persons with Disabilities: The Role of Occupational Therapy*
- Carolyn Martin, *I Can't Walk, so I'll Learn to Dance*
- Steven Mendelsohn, *Reducing the Cost of Disability: A Guide to Financial and Tax Planning for Disabled People and Their Families*
- Robert Moss, M.D., *Why Johnny Can't Concentrate: Coping with Attention Deficit Problems*
- Christopher Nolan, *Under the Eye of the Clock*
- Arthur Prensky and Helen Palkes, *Care of the Neurologically Handicapped Child*
- Wendy Roth and Michael Tompane, *Easy Access to National Parks*
- Karen Schwier and Dave Hinsburger, *Sexuality—Your Sons and Daughters with Intellectual Disabilities*
- Victoria Shea and Betty Gordon, *Growing UP: A Social and Sexual Education Picture Book for Young People with Mental Retardation*
- Larry Silver, M.D., *The Misunderstood Child: A Guide for Parents of Learning Disabled Children*
- Charles T. Straughn II and Marvelle S. Colby, *Lovejoy's College Guide for Learning Disabled Students*
- Andrew P. Thomas, Martin C. O. Bax, and Diane P. L. Smyth, *The Health and Social Needs of Young Adults with Physical Disability*
- Charlotte E. Thompson, M.D., *Raising a Handicapped Child: A Helpful Guide for Parents of the Physically Disabled*
- Christine Wright, O.T.R., and Mari Nomura, O.T.R., *From Toys to Computers*
- Brookes Publishing Company publishes many books on a variety of disabilities, including cerebral palsy, Down syndrome, mental retardation, autism, etc. PO Box 10624, Baltimore, MD 21285-0624. www.brookespublishing.com
- DisABILITIESBOOKS.com "sells top quality books, and videotapes, and provides information about products, services and resources." It also features a used equipment exchange bulletin.

Books for Children

- Michelle Emmert, *I'm the Big Sister Now*
- Joan Fassler, *Howie Helps Himself*
- Mel Levine, *Keeping Ahead in School*

Ages 4–8

- Mary Elizabeth Anderson, *Taking Cerebral Palsy to School*
- Jamee Heelan, *Rolling Along: The Story of Taylor and His Wheelchair*
- Paul Pimm, *Living with Cerebral Palsy*
- Ron Taylor, *All by Myself*

Ages 9–12

- Thomas Berman, *Going Places: Children Living with Cerebral Palsy*
- Marilyn Gould, *Golden Daffodils*
- Shelley Nixon, *From Where I Sit: Making My Way with Cerebral Palsy*

Doris Sanford, *Yes, I Can! Challenging Cerebral Palsy I'm Joshua and Yes I Can* can no longer be ordered from Vantage Print. It's out of print, but copies are available by contacting the author directly.

Joan L. Whinston
406 Viking Lane
Cherry Hill, NJ 08003
1-856-428-8311
Jonay01@AOL.com

Toys

There are companies that specialize in toys for disabled children. The individual interests of the reader will vary, but a few of the larger sites are listed here. You can surf the net for days and probably not see all the sites available.

By far, the most informative list of toys and products that is available for the child with disabilities is this toy catalogue for children with special needs from Wisconsin First Step: www.nas.com/downsyn/toy.html

Other useful sites include: www.Disabilityworld.com; www.enablingdevices.com; www.independentliving.com; www.kidability.com; www.Gbkids.com; www.iphope.com/; www.nraf-rehabnet.org/

Adaptive Clothing
Special Clothes, Inc.
www.special-clothes.com

Adaptive Toys for Special Needs Disabled Children:
www.scienceshareware.com/toys.htm

Family Village
www.familyvillage.wisc.edu/at/adaptive-clothing.html

Where to Go to Chat with Others

- Brain-injured child

<http://health.groups.yahoo.com/group/BrainInjuredChild/KidPower>

<http://groups.yahoo.com/group/KidPower/>

- Cerebral Palsy Club

<http://groups.yahoo.com/group/cerebralpalsyclub/>

Parents of any children are welcome to chat here

- Cerebral Palsy Network Chat Pad

www.geocities.com/Heartland/Plains/8950/enter.html

- Cerebral Palsy Webring Chat

www.geocities.com/HotSprings/Spa/1778/cpringchat.html

- CPPARENT—For parents who have a child with Cerebral Palsy.

<http://maelstrom.stjohns.edu/archives/cpparent.html>

- Massachusetts General Hospital Department of Neurology Cerebral Palsy Web Board

<http://neuro-www.mgh.harvard.edu/forum/>

[CerebralPalsyMenu.html](http://www.mgh.harvard.edu/forum/CerebralPalsyMenu.html)