

Bibliography and online resources

Additional information on many skin diseases can be found at the Medscape, DermnetNZ and nhs.uk websites (access via <https://emedicine.medscape.com>, <https://www.dermnetnz.org> and <https://www.nhs.uk/Conditions/>). Specialty websites are mentioned under chapter headings. For detailed information on some diagnostic categories, consult the relevant chapters in major textbooks such as:

- Bolognia, J.L., Schaffer, J.V., Cerroni, L. (Eds.). 2018. *Dermatology*, 4th edn. Elsevier Saunders, Philadelphia, PA.
- Griffiths, C., Barker, J., Bleiker, T., Chalmers, R., Creamer, D. (Eds.). 2016. *Rook's Textbook of Dermatology*, 9th edn. Wiley-Blackwell, Oxford.

Microanatomy, derivatives, physiology and biochemistry of the skin

- Huggenberger, R., Detmar, M., 2011. The cutaneous vascular system in chronic skin inflammation. *J. Investig. Dermatol. Symp. Proc.* 15(1):24–32.
- Milstone, L.M., 2004. Epidermal desquamation. *J. Dermatol. Sci.* 36:131–140.
- Olszewski, W.L., 2003. The lymphatic system in body homeostasis: physiological conditions. *Lymphat. Res. Biol.* 1(1):11–21.
- Slominski, A., 2005. Neuroendocrine system of the skin. *Dermatology* 211(3):199–208.
- Wolfram, L.J., 2003. Human hair: a unique physicochemical composite. *J. Am. Acad. Dermatol.* 48(6 Suppl.):S106–S114.

Immunology and molecular genetics of the skin

- Lemke, J.R., Kernland-Lang, K., Hörtnagel, K., Itin, P., 2014. Monogenic human skin disorders. *Dermatology* 229(2):55–64.
- Ong, P.Y., Schmid-Grendelmeier, P., 2017. *Allergic Skin Diseases, Immunology and Allergy Clinics of North America*, 1st edn. Volume 37-1.

Terminology, taking a history, examining the skin and dermoscopy

- Allen, H.B., 2009. *Dermatology Terminology*. Springer, Heidelberg.
- Innes, J.A., Dover, A.R., Fairhurst, K. (Eds.). 2018. *Macleod's Clinical Examination*, 14th edn. Elsevier, Edinburgh.
- Lipoff, J., 2015. *Dermatology Simplified: Outlines and Mnemonics*. Springer, Heidelberg.
- Soyer, H.P., Argenziano, G., 2011. *Dermoscopy: The Essentials*, 2nd edn. WB Saunders, Philadelphia, PA.

Basics of medical therapy

- Lebwohl, M.G., Heymann, W.R., Berth-Jones, J., Coulson, I. (Eds.). 2017. *Treatment of Skin Disease*, 5th edn. Elsevier, London.
- Wakelin, S.H., Maibach, H.I., Archer, C.B., 2015. *Handbook of Systemic Drug Treatment in Dermatology*, 2nd edn. CRC Press, Boca Raton, FL.
- Williams, H., Bigby, M., Herxheimer, A., et al. (Eds.). 2014. *Evidence Based Dermatology*, 3rd edn. Wiley-Blackwell, Oxford.

Epidemiology and body image

- Bewley, A., Taylor, R.E., Reichenberg, J.S., Magid, M., 2014. *Practical Psychodermatology*. Wiley, Chichester.
- Parish, L.C., Amer, M., Millikan, L.E., et al. (Eds.). 1994. *Global Dermatology: Diagnosis and Management According to Geography, Climate and Culture*. Springer-Verlag, New York.
- Schofield, J., Grindlay, D., Williams, H.C., 2009. *Skin Conditions in the UK: A Health Care Needs Assessment*. University of Nottingham, UK.

Psoriasis

- Thomas, J., Kumar, P., Balaji, S.R. (Eds.). 2014. *Psoriasis: A Closer Look*. Jaypee Brothers, New Delhi.
- van de Kerkhof, P.C.M. (Ed.). 2003. *Textbook of Psoriasis*, 2nd edn. Blackwell, Malden.

Eczema

- For contact dermatitis consult the British Society for Cutaneous Allergy (access via <https://www.cutaneousallergy.org/>). Patient information sheets may be downloaded.
- Chew, A.-L., Maibach, H.I. (Eds.). 2006. *Irritant Dermatitis*. Springer, Berlin.
- Johansen, J.D., Lepoittevin, J.P., Thyssen, J.P. (Eds.). 2015. *Quick Guide to Contact Dermatitis*. Springer, Berlin.
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Lichenoid eruptions and papulosquamous eruptions

- Berger, T.G., 2015. Lichen planus. *JAMA Dermatol.* 151(3):356.

Bacterial, viral and fungal infections

- The Center for Disease Control (CDC) gives information on herpes zoster and other infections (access via <https://www.cdc.gov/>).
- Bolhassan, A. (Ed.). 2018. *HPV Infections: Diagnosis, Prevention and Treatment*. Bentham Science, Sharjar.
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- Studahl, M., Cinque, P., Bergstrom, T. (Eds.). 2018. *Herpes Simplex Viruses*. CRC Press, Boca Raton.

Tropical infections and infestations

- The WHO details control of leprosy and leishmaniasis (access via <https://www.who.int/>). Information on the deep mycoses can be found at the CDC and the Therapeutics in Dermatology websites (access via <https://www.cdc.gov> and <https://www.therapeutique-dermatologique.org/>). For scabies, lice and head lice, consult CDC and NICE (<https://www.cks.nice.org.uk>).
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HIV and immune deficiency syndrome

- Mitchell, L., Howe, B., Price, D.A., et al. (Eds.). 2019. *Oxford Handbook of Genitourinary Medicine, HIV, and Sexual Health*, 3rd edn. Oxford University Press, Oxford.

Sebaceous and sweat glands

- Benson, R.A., Palin, R., Holt, P.J., Loftus, I.M., 2013. Diagnosis and management of hyperhidrosis. *Br. Med. J.* 347:f6800.
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- Zouboulis, C.C., Katsambas, A.D., Kligman, A.M., 2014. *Pathogenesis and Treatment of Acne and Rosacea*. Springer, Berlin.

Hair and nails

- For hair and nail disorders, see NHS Choices (<https://www.nhs.uk/conditions/>),

the Mayo Clinic (<https://www.mayo-clinic.org/diseases-conditions/>), Medline Plus (access via <https://medlineplus.gov/>) and Hooked on Nails (access via <https://www.hooked-on-nails.com/naildisorders.html>).

Baran, R., de Berker, D., Holzberg, M., Thomas, L., 2012. *Baran and Dawber's Diseases of the Nails and Their Management*, 4th edn. Wiley-Blackwell, Oxford.

van Neste, D., Lachapelle, J.M., Antoine J.L. (Eds.). 2013. *Trends in Human Hair Growth and Alopecia Research*. Kluwer, Dordrecht.

Vascular and lymphatic diseases including leg ulcers

Information about vascular disorders, Raynaud's disease and lymphoedema can be found at NHS Choices (access via <https://www.nhs.uk/conditions/>), Medline Plus (access via <https://medlineplus.gov/>) and E-Learning for Healthcare (access via <https://www.e-lfh.org.uk/programmes/dermatology/>). The Cochrane Organization has produced an evidence-based algorithm for the treatment of leg ulcers (<https://www.woundsresearch.com/>).

Grey, J., Harding, K. (Eds.). 2016. *ABC of Wound Healing*. BMJ Books, London.

Mattassi, R., Loose, D.A., Vaghi, M. (Eds.). 2015. *Hemangiomas and Vascular Malformations: An Atlas of Diagnosis and Treatment*. Springer, Milano.

Mortimer, P.S., Rockson, S.G., 2014. New developments in clinical aspects of lymphatic disease. *J. Clin. Invest.* 124(3):915–921.

Pigmentation

The Vitiligo Society and the American Vitiligo Research Foundation have links to academic sources (access via <https://www.vitigosociety.org> and <https://www.avrf.org>). Information on melanoma is available from MedicineNet (access via <https://www.medicinenet.com/>).

National Institute of Skin Diseases, 2015. *Vitiligo: Symptoms, Causes, Diagnosis and Effective Treatments*. National Institutes of Health, Bethesda, MD (Kindle Edition).

Nordlund, J., Boissy, R., Hearing, V., et al. (Eds.). 2006. *The Pigmentary System*, 2nd edn. Blackwell, Oxford.

Urticaria, blistering disorders, connective tissue diseases and vasculitis

Godsee, K.V. (Ed.). 2019. *Urticaria*. Jaypee Medical Publishers, Delhi.

Jonkman, M.F. (Ed.). 2015. *Autoimmune Bullous Diseases*. Springer Cham, Heidelberg.

Roccatello, D., Emmi, L. (Eds.). 2016. *Connective Tissue Disease: A Comprehensive Guide*. Springer Cham, Heidelberg.

Drug eruptions and the skin in internal disease including malignancy

Bastuji-Garin S, Rzany B, Stern RS, et al. Clinical classification of cases of toxic epidermal necrolysis, Stevens-Johnson syndrome, and erythema multiforme. *Arch. Dermatol.* 1993 Jan;129(1):92–96.

Hall, J.C., Hall, B.J. (Eds.). 2015. *Cutaneous drug eruptions: diagnosis, histopathology and therapy*. Springer, London.

Genodermatoses

The National Center for Biotechnology Information (NCBI) gives information on genodermatoses (access via <https://www.ncbi.nlm.nih.gov/>). The Genetic Home Reference website (access via <https://ghr.nlm.nih.gov/condition/>) and the DEBRA website (access via <https://www.debra.org.uk>) detail types of EB and prenatal diagnosis. For neurocutaneous syndromes consult the NCBI (access via <https://www.ncbi.nlm.nih.gov/>), and for neurofibromatosis access the National Institute for Neurological Disorders and Stroke (<https://www.ninds.nih.gov/disorders/>).

Spritz, J.L., 2005. *Genodermatoses*, 2nd edn. Lippincott Williams & Wilkins, Philadelphia, PA.

Tadini, G., Brena, M., Gelmetti, C., Pezzani, L., 2015. *Atlas of Genodermatoses*, 2nd edn. CRC Press, Boca Raton, FL.

Naevi

Details on melanocytic naevi can be found through Medscape (access via <https://emedicine.medscape.com/>) and the Primary Care Dermatology Society (access via <https://www.pcids.org.uk/>).

Crowson, A.N., Magro, C.M., Mihm, M.C., 2014. *The Melanocytic Proliferations: A Comprehensive Textbook of Pigmented Lesions*, 2nd edn. Wiley, Hoboken, NJ.

Skin cancer including cutaneous lymphomas

Information on malignant melanoma can be found through Cancer Research UK (access via <https://www.cancerresearchuk.org/>) and the National Cancer Institute (access via <https://www.cancer.gov/types/skin/hp>). The European

Organisation for the Treatment of Cancer (EORTC) detailed classification of cutaneous T-cell lymphoma (access via <https://www.eortc.org>). Management of cutaneous lymphoma is discussed by emedicine (access via <https://emedicine.medscape.com>) and the Lymphoma Association (access via <https://lymphoma-action.org.uk/>).

Rigel, P.S., Robinson, J.K., Ross, M., et al., 2011. *Cancer of the Skin*, 2nd edn. WB Saunders, Philadelphia, PA.

Sepehr, A., Chan, M. 2020. *Melanocyte Proliferations: A Case-Based Approach to Melanoma Diagnosis*. Jaypee, London.

Phototherapy

Ninewells Hospital, Dundee, Scotland gives practical guidance on phototherapies (search under 'NHS Tayside documents', access via <https://www.nhstayside.scot.nhs.uk/index.htm>).

Zanolli, M.D., Feldman, S., 2016. *Phototherapy Treatment Protocols for Psoriasis and Other Skin Diseases*, 3rd edn. CRC, Boca Raton, FL.

Dermatologic surgery

For basic dermatological surgery and the use of lasers, consult Medscape (access via <https://emedicine.medscape.com>), for Mohs surgery access the American College of Mohs Surgery (access via <https://www.mohscollege.org>).

Goldman, M.P., Fitzpatrick, R.E., Ross, E.V., et al., 2013. *Lasers and Energy Devices for the Skin*. CRC Press, Boca Raton.

Nouri, K., 2012. *Mohs Micrographic Surgery*. Springer Science & Business Media, London.

Robinson, J.K., Hanke, C.W., Siegel, D.M., et al., 2014. *Surgery of the Skin: Procedural Dermatology*. Elsevier Health Sciences, Oxford.

Cosmetics and cosmetic procedures

The British Association of Aesthetic Plastic Surgeons gives details of non-surgical cosmetic procedures (access via <https://baaps.org.uk>).

Baran, R., Maibach, H.I. (Eds.). 2017. *Textbook of Cosmetic Dermatology*, 5th edn. CRC, Boca Raton, FL.

Paediatric dermatology

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Hoeger, P.H., Kinsler, V., Yan, A.C., et al. (Eds.). 2019. *Harper's Textbook of Pediatric Dermatology*, 4th edn. Wiley-Blackwell, Oxford.

Skin in old age

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- Walston, J.D. 2015. Common clinical sequelae of aging. In: Goldman, L., Schafer, A.I. (Eds.). *Goldman-Cecil Medicine*, 25th edn. Elsevier Saunders, Philadelphia (Ch. 25).

Skin in pregnancy

- Black, M.M., Ambros-Rudolph, C., Edwards, L., et al., 2008. *Obstetric and Gynaecologic Dermatology*. Elsevier Health Sciences, Oxford.

Genitourinary medicine and genital dermatoses

- The British Association of Sexual Health and HIV website (access via <https://>

www.bashh.org) give helpful information. The International Society for the Study of Vulval Diseases (search under 'For providers'/ resources: access via <https://issvd.org>).

- Bunker, C.B., 2004. *Male Genital Skin Disease*. WB Saunders, Philadelphia, PA.
- Edwards, L., Lynch P.J., 2017. *Genital Dermatology Atlas and Manual*, 3rd edn. Wolters Kluwer, Philadelphia, PA.

Racially pigmented skin

- The Brownskin website gives information on skin disease and ethnic skin type (access via <http://www.brownskin.net>).
- Alexis, A.F., Barbosa, V.H., 2014. *Skin of Color: A Practical Guide to Dermatologic Diagnosis and Treatment*. Springer, New York.

- Orfanos, C.E., Zouboulis C.C., Assaf, C. (Eds.). 2018. *Pigmented Ethnic Skin and Imported Dermatoses*. Springer, Berlin.

Occupation and the skin

Occupational skin problems are covered by the Health and Safety Executive (access via <http://www.hse.gov.uk/>), the Institute of Occupational Safety and Health (access via <https://www.iosh.com>.) and the Centers for Disease Control and Prevention (access via <https://www.cdc.gov>).

- John, S.M., Johansen, J.D., Rustemeyer, T., et al. (Eds.). 2019. *Kanerva's Occupational Dermatology*, 3rd edn. Springer, Berlin.

Self-help groups

Acne

- Acne Support Group*: access via <http://www.acnesupport.org.uk>

Allergy

- Allergy UK*: access via <https://www.allergyuk.org/>

Camouflage service

- British Red Cross*: access via <https://www.redcross.org.uk>

Connective tissue diseases

- Lupus UK*: access via <https://www.lupusuk.org.uk>
- Scleroderma and Raynaud's UK*: access via <https://www.sruk.co.uk>

Eczema

- National Eczema Society*: access via <https://eczema.org/>

Facial disfigurement

- Changing Faces*: access via <https://www.changingfaces.org.uk/>

Hair and nails

- Alopecia UK*: access via <https://www.alopecia.org.uk>

Herpes simplex

- Herpes Viruses Association*: access via <https://www.herpes.org.uk>

Leprosy

- Lepra*, an organization dedicated to eradicating leprosy throughout, provides information on their projects: access via <https://www.lepra.org.uk/>

Lymphoedema

- Lymphoedema Support Network*: access via <https://www.lymphoedema.org/>

Genetic disorders

- Genetic and Rare Disease Network*: access via <https://gardn.org.au/about/>
- DEBRA* (the Dystrophic Epidermolysis Bullosa Research Association): access via <https://www.debra.org.uk/>
- DEBRA of America*: access via <https://www.debra.org/>
- Ichthyosis Support Group*: access via <https://www.ichthyosis.org.uk/>
- Foundation for Ichthyosis and Related Skin Types*: access via <http://www.firstskinfoundation.org/>
- Neurofibromatosis - Nerve Tumours UK*: access via <https://nervetumours.org.uk>

- Tuberous Sclerosis Association*: access via <https://www.tuberous-sclerosis.org>

Pigmentation

- Vitiligo Society*: access via <https://www.vitiligosociety.org>
- National Vitiligo Foundation* in the United States: access via <https://rarediseases.org>
- Albinism: The Regional Dermatology Training Centre at Moshi*, funded by the International Foundation for Dermatology and others (<https://ilds.org/our-foundation/>), has had a programme to diagnose and treat patients with albinism.

Psoriasis

- National Psoriasis Foundation*: access via <https://www.papaa.org/>
- Psoriasis Association*: access via <https://www.psoriasis-association.org.uk/>

Rosacea

- Rosacea Support*: access via <https://rosacea-support.org/>

Skin cancer

- Macmillan Cancer Support*: access via <https://www.macmillan.org.uk>