

## Doporučená četba

**K**oncepce, o nichž v této knize hovořím, zahrnují širokou škálu poznatků a zkušeností, včetně těch z dlouhých let četby, výzkumu a práce s klienty v soukromé praxi, ve školách i obchodních korporacích. Kdybych měla zdokumentovat původ každé zde vyslovené myšlenky a zmínit všechny zdroje, musela bych uvést stejné množství citací jako slov. Musela jsem se proto při psaní zachovat pružněji a použít populárnější styl, který by vyjádřil základní poselství knihy co nejefektivněji. Ve vlastním textu je jen pár citací obecnějšího charakteru, ale v doporučené četbě uvádím i některé vynikající knihy a vědecké články, jež jsem ve svém výzkumu využila.

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