

# VÝBĚR Z POUŽITÝCH ZDROJŮ

- LA LECHE LEAGUE INTERNATIONAL. *Sweet Sleep*. 2014. Random House. ISBN 0345518470.
- SEARS, William a Martha SEARS. *Kontaktní rodičovství*. 2018. Praha: Argo. ISBN 978-80-257-2449-1.
- SEARS, William. *Baby Book*. 2013. LITTLE BROWN BOOKS GROUP. ISBN 0316198269.
- SEARS, William. *Baby Sleep Book*. 2005. LITTLE BROWN BOOKS GROUP. ISBN 0316107719.
- SEARS, William a Alanis MORRISSETTE. *Modern Attachment Parenting: The Comprehensive Guide to Raising a Secure Child*. 2019. ROCKRIDGE PR. ISBN 0316107719.
- BAŠNÁKOVÁ, Jana, Eva VAVRÁKOVÁ a Jana ZEMANDL. *Psychológia pre milujúcich rodičov*. 2018. Orbis IN. ISBN 978-80-970377-7-2.
- WALKER, Matthew P. *Proč spíme: odhalte sílu spánku a snění*. 2021. Jan Melvil Publishing. ISBN 978-80-7555-122-1.
- DOUCLEFF, Michaeleen. *Hunt, Gather, Parent*. 2021. Harper Collins Publishers. ISBN 000840691X.
- NEUFELD, Gordon a Gabor MATÉ. *Držte si své děti: proč jsou rodiče důležitější než kamarádi*. 2019. PeopleComm. ISBN 978-80-87917-44-2.
- SIEGEL, Daniel J. a Tina Payne BRYSON. *Power of Showing Up*. 2020. Ballantine Books. ISBN 1524797715.
- MCKENNA, James J. *Safe Infant Sleep*. 2020. Platypus Media. ISBN 1930775768.
- MACNAMARA, Deborah. *Rest, Play, Grow*. 2016. Aona Management. ISBN 9780995051201.
- SOLMS, Mark a Oliver TURNBULL. *Mozek a vnitřní svět: úvod do neurovědy subjektivní zkušenosti*. 2014. Portál. ISBN 978-80-262-0592-0.
- ARON, Elaine. *Vysoce citlivé děti: jak pomoci svým dětem vzkvétat, když je svět zahlcuje*. 2021. Fontána. ISBN 9788076510760.
- HEFFERNAN, Lauren. *Baby-Led Sleep & Well-Being Specialist Independent Study Certification Course*. 2021 [online].
- BEBO, Mia. *Infant Sleep Educator Course*. 2021 [online].
- BONYATA, K. *Breastfeeding to Sleep and Other Comfort Nursing*. 2018 [online]. KellyMom.
- CASSELS, T. *Educating the Experts—Lesson One: Crying*. 2011 [online]. Evolutionary Parenting.
- CASSELS, T. *'It's Just a Little Cortisol': Why Rises in Cortisol Matter in Infant Development*. 2016 [online].

- CASSELS, T., S. OCKWELL-SMITH, W. MIDDLEMISS, et al. *Is Your Baby's Sleep a Problem? Or Is It Just Normal? Mother-Baby Sleep Experts Weigh in on Normal Infant Sleep*. 2013 [online].
- HOFFMAN, J. *Sleep Training, Night Waking & Parents*. 2016 [online].
- MCKENNA, James J., and Lee T. GETTLER. *There Is No Such Thing as Infant Sleep, There Is No Such Thing as Breastfeeding, There Is Only Breastsleeping*. 2016. Acta Pædiatrica 105(1): 17–21.
- PALMER, L. *The Baby Bond*. 2009. Naperville. ISBN 978-1402226571
- PEIRANO, P. D., et al. *Sleep Alterations and Iron Deficiency Anemia in Infancy*. 2010. Sleep Medicine 11(7): 637–642. <https://doi.org/10.1016/j.sleep.2010.03.014>.
- Possums for Parents with Babies. <https://possumsonline.com/>.
- Sleep Health Foundation. *Sleep Health Facts: Sleep Needs Across the Lifespan*. 2015 [online].
- BESEDOVSKY, L., LANGE, T., & BORN, J. *Sleep and immune function*. 2012. Pflugers Archiv: European journal of physiology, 463(1), 121–137. DOI:10.1007/s00424-011-1044-0
- ZISAPEL, N. *New perspectives on the role of melatonin in human sleep, circadian rhythms and their regulation*. 2018. British journal of pharmacology vol. 175, 16. DOI:10.1111/bph.14116
- DE WEERTH, C., R.H. ZIJL, and J.K. BUITELAAR. *Development of cortisol circadian rhythm in infancy*. 2003. Early Hum Dev. 73(1-2): p. 39-52.
- SCHOENDORF, K. C., KIELY, J. L. *Relationship of sudden infant death syndrome to maternal smoking during and after pregnancy*. 1992. Pediatrics 90, no. 6.
- WIESSINGER, Diane. *Sweet sleep: nighttime and naptime strategies for the breastfeeding family*. 2014. Ballantine Books. ISBN 9780345518477.
- BYARD, R. W., BEAL, S. M. *Gastric aspiration and sleeping position in infancy and early childhood*. 2000. Journal of Paediatrics and Child Health 36, no. 4.
- MITCHELL, E. A., SCRAGG, R., STEWART, A. W., et al. *Results from the first year of the New Zealand cot death study*. 1991. New Zealand Medical Journal 104, no. 906.
- SIREN, P. M., SIREN, M. J. *Critical diaphragm failure in sudden infant death syndrom*. 2011. Upsala Journal of Medical Sciences 116, no. 2.
- BERGMAN, N. J., JÜRISOO, L. A., *The „kangaroo-method“ for treating low birth weight babies in a developing country*. 1994. Tropical Doctor 24, no. 2.
- DUMAS, L., LEPAGE, M. BYSTROVA, K., et al. *Influence of skin-to-skin contact and rooming-in on early mother-infantinteraction: a randomized controlled trial*. 2013. Clinical Nursing Research 22, no. 3.

- MOON, R. Y., et al. *SIDS and other sleep-related infant deaths: expansion of recommendations for a safe infant sleeping environment*. 2011. Pediatrics 128, no. 5.
- U.S. Department of Health and Human Services. *The Surgeon General's Call to Action to Support Breastfeeding*. 2011. Washington, DC.
- HERON, M. *Deaths: leading causes for 2008*. 2012. National Vital Statistics Reports 60, no. 6.
- BLAIR, P. S., PLATT, M. W., SMITH, I. J., et al. *Sudden infant death syndrome and the time of death: factors associated with night-time and day-time deaths*. 2006. International Journal of Epidemiology 35, no. 6.
- National Center for Health Statistics. *Mortality Data from the National Vital Statistics System*. Dostupné z: [cdc.gov/nchs/nvss.htm](http://cdc.gov/nchs/nvss.htm)
- PHILLIPS, D. P., BREWER, K. M., WADENSWEILER, P. *Alcohol as a risk factor for sudden infant death syndrome (SIDS)*. 2011. Addiction 106, no. 3.
- HORNE, R. S., FERENS, D., WATTS, A. M., et al. *Effects of maternal tobacco smoking, sleeping position, and sleep state on arousal in healthy term infants*. 2002. Archives of Disease in Childhood Fetal and Neonatal Edition 87, no. 2.
- MALLOY, M. H.; HOFFMAN, H. J., *Prematurity, sudden infant death syndrome, and age of death*. 1995. Pediatrics 96, no. 3.
- PARMELEE, A. H. Jr., WENNER, W. H., SCHULTZ, H. R., *Infant sleep patterns: from birth to 16 weeks of age*. 1994. Journal of Pediatric 65.
- FORD, R. P. K., HASSALL, I. B., MITCHELL, E. A., et al. *Life events, social support and the risk of sudden infant death syndrome*. 1996. Journal of Child Psychology and Psychiatry 37.
- PONSOBY, A. L., DWYER, T., GIBBONS, L. E., et al. *Thermal environment and sudden infant death syndrome: case-control study*. 1992. BMJ 304, no 6822.
- JONVILE-BERA, A. P., AUTRET-LECA, E., BARBELLION, F., et al. *Sudden unexpected death in infants under 3 months of age and vaccination status - a case-control study*. 2001. British Journal of Clinical Pharmacology 51, no. 3.
- PARIS, C. A., REMLER, R., DALING, J. R. *Risk factors for sudden infant death syndrome: changes associated with sleep position recommendations*. 2001. Journal of Pediatrics 139, no. 6.
- FIFER, W. P., FINGERS, S. T., YOUNGMAN, M., et al. *Effects of alcohol and smoking during pregnancy on infant autonomic control*. 2009. Developmental Psychobiology 51, no. 3.
- RACHEL Y. Moon. *SIDS and Other Sleep-Related Infant Deaths: Evidence Base for 2016 Updated*

*Recommendations for a Safe Infant Sleeping Environment.* 2016. Pediatrics 138, no. 5. DOI: <https://doi.org/10.1542/peds.2016-2940>.

CHEN, A., FERESU, S. A., FERNANDEZ, C., et al. *Maternal obesity and the risk of infant death in the United States.* 2009. Epidemiology 20, no. 1.

WISBORG, K., KESMODEL, U., HENRIKSEN, T. B., et al. *A prospective study of smoking during pregnancy and SIDS.* 2000. Archives of Disease in Childhood 83, no. 3.

ASK Dr Sears. *Safe Crib-sleeping.* 2020 [online]

GOODLIN-JONES BL, BUMHAM MM, GAYLOR EE, ANDERS TF. *Night waking, sleep-wake organization, and self-soothing in the first year of life.* 2001. J Dev Behav Pediatr. 22(4):226-233. doi:10.1097/00004703-200108000-00003

THOMAS, A., CHESS, S. *Temperament and Development.* 1977. Brunner/Mazel. ISBN 0876301391