

## Literatura

ACEVEDO, B. P., ARON, E. N., ARON, A., a kol. The highly sensitive brain: an fMRI study of sensory processing sensitivity and response to others' emotions. *Brain and Behavior*, 2014, sv. 4, č. 4, s. 580–594.

BENSON, L. *Ambiguous loss, number of foster care placements, child age and child sex as the predictors of the behaviour problems and posttraumatic stress symptoms of children in foster care (Doctoral Dissertation)*. 2006.

BETZ, G., THORNGREN, J. M. Ambiguous loss and the family grieving process. *The Family Journal*, 2006, roč. 14, č. 4, s. 359–365.

BOSS, P. *Loss, trauma, and resilience: Therapeutic work with ambiguous loss*. WW Norton & Company, 2006.

BOWIRRAT, A., OSCAR-BERMAN, M. Relationship between dopaminergic neurotransmission, alcoholism, and reward deficiency syndrome. *American Journal of Medical Genetics Part B: Neuropsychiatric Genetics*, 2005, sv. 132, č. 1, s. 29–37.

BROWN, B. *Daring greatly: How the courage to be vulnerable transforms the way we live, love, parent, and lead*. New York, NY: Penguin, 2015.

CARPENTER, S. That gut feeling. *American Psychological Association*, 2012, sv. 43, č. 8, s. 50.

COAN, J. A., SCHAEFER, H. S., DAVIDSON, R. J. Lending a hand: Social regulation of the neural response to threat. *Psychological Science*, 2006, sv. 17, č. 12, s. 1032–1039.

CUDDY, A. J., WILMUTH, C. A., CARNEY, D. R. *The benefit of power posing before a high-stakes social evaluation*. Harvard Business School working paper series, 2012, č. 13-027.

DINDO, L., VAN LIEW, J. R., ARCH, J. J. Acceptance and commitment therapy: a transdiagnostic behavioral intervention for mental health and medical conditions. *Neurotherapeutics*, 2017, sv. 14, č. 3, s. 546–553.

FORD, E. W. Stress, burnout, and moral injury: the state of the healthcare workforce. *Journal of Healthcare Management*, 2019, sv. 64, č. 3, s. 125–127.

FRIEDMANN, E., THOMAS, S. A., LIU, F., a kol. Sudden Cardiac Death in Heart Failure Trial (SCD-HeFT) Investigators. Relationship of depression, anxiety, and social isolation to chronic heart failure outpatient mortality. *American Heart Journal*, 2006, sv. 152, č. 5, č. 940–e1.

HANCOCK, L., BRYANT, R. A. Posttraumatic stress, stressor controllability, and avoidance. *Behaviour Research and Therapy*, 2020, sv. 128, 103591.

HAYES, S. C. *Get out of your mind and into your life: The new acceptance and commitment therapy*. Oakland, CA: New Harbinger Publications, 2005.

HAYES, S. C., STROSAHL, K. D., WILSON, K. G. *Acceptance and commitment therapy: The process and practice of mindful change*. New York, NY: Guilford Press, 2011.

HIGA, K. T., MORI, E., VIANA, F. F., a kol. Baroreflex control of heart rate by oxytocin in the solitaryvagal complex. *American Journal of Physiology-Regulatory, Integrative and Comparative Physiology*, 2002, sv. 282, č. 2, s. R537–R545.

CHUGANI, H. T., BEHEN, M. E., MUZIK, O., a kol. Local brain functional activity following early deprivation: a study of postinstitutionalized Romanian orphans. *Neuroimage*, 2001, sv. 14, č. 6, s. 1290–1301.

JINPA, T. *A fearless heart: How the courage to be compassionate can transform our lives*. Avery, 2016.

KEMP, A. H., QUINTANA, D. S., KUHNERT, R. L., a kol. Oxytocin increases heart rate variability in humans at rest: implications for social approach-related motivation and capacity for social engagement. *PloS One*, 2012, sv. 7, č. 8, e44014.

KLIMECKI, O. M., LEIBERG, S., RICARD, M., a kol. Differential pattern of functional brain plasticity after compassion and empathy training. *Social Cognitive and Affective Neuroscience*, 2014, sv. 9, č. 6, s. 873–879.

KLIMECKI, O., SINGER, T. Empathic distress fatigue rather than compassion fatigue? Integrating findings from empathy research in psychology and social neuroscience. In: OAKLEY, B., KNAFO, A., MADHAVAN, G., a kol. *Pathological Altruism* (s. 368–383). New York, NY: Oxford University Press, 2012.

LAMA, D. *The art of happiness: A handbook for living*. New York, NY: Penguin, 2009.

LITZ, B. T., STEIN, N., DELANEY, E., a kol. Moral injury and moral repair in war veterans: A preliminary model and intervention strategy. *Clinical Psychology Review*, 2009, sv. 29, č. 8, s. 695–706.

MCGONIGAL, K. *The upside of stress: Why stress is good for you, and how to get good at it*. New York, NY: Penguin, 2016.

MISERANDINO, C. *The spoon theory. But You Don't Look Sick*. Dostupné na adrese <https://balanceanddizziness.org/pdf/TheSpoonTheory.pdf>, 2003.

NEFF, K., GERMER, C. *The Mindful Self-Compassion Workbook: A Proven Way to Accept Yourself, Build Inner Strength, and Thrive.* Guilford Publications, 2018.

NEFF, K. D., McGEHEE, P. Self-compassion and psychological resilience among adolescents and young adults. *Self and Identity*, 2010, sv. 9, č. 3, s. 225–240.

NIEUWSMA, J., WALSER, R., FARNSWORTH, J., a kol. Possibilities within acceptance and commitment therapy for approaching moral injury. *Current Psychiatry Reviews*, 2015, sv. 11, č. 3, s. 193–206.

ORANG, T., AYOUGHI, S., MORAN, J. K., a kol. The efficacy of narrative exposure therapy in a sample of Iranian women exposed to ongoing intimate partner violence – a randomized controlled trial. *Clinical Psychology & Psychotherapy*, 2018, sv. 25, č. 6, s. 827–841.

ROSTILA, M., SAARELA, J., KAWACHI, I. Mortality From Myocardial Infarction After the Death of a Sibling: A Nationwide Follow-up Study From Sweden. *Journal of the American Heart Association*, 2013, sv. 2, č. 2, e000046.

SCARLET, J. Emotion Data. In LANGLEY, T. (Ed.). *Star Trek Psychology*. Sterling Press, 2016.

SCARLET, J. *Super-Women: Superhero Therapy for Women Battling Depression, Anxiety and Trauma*. London: UK: Hachette UK, 2020.

SCARLET, J. *Superhero Therapy for Anxiety and Trauma: A Professional Guide with ACT and CBT-Based Activities and Worksheets for All Ages*. London, UK: Jessica Kingsley Publishers, 2021.

SCHIMPFF, S. Loneliness is the New Smoking: How Payers and Providers Should Address It. *Managed Healthcare Executive*, 2019.

STROEBE, M. S. Beyond the broken heart: Mental and physical health consequences of losing a loved one. Universiteit Utrecht, 2009, s. 3–26.

THOMPSON, B. L., WALTZ, J. Mindfulness and experiential avoidance as predictors of posttraumatic stress disorder avoidance symptom severity. *Journal of Anxiety Disorders*, 2010, sv. 24, č. 4, s. 409–415.

VAN DER KOLK, B. A. *The body keeps the score: Brain, mind, and body in the healing of trauma*. New York, NY: Viking Press, 2014.

WALKER, P. *Complex PTSD: From surviving to thriving*. Azure Coyote, 2013.

WANG, J., MANN, F., LLOYD-EVANS, B., a kol. Associations between loneliness and perceived social support and outcomes of mental health problems: a systematic review. *BMC Psychiatry*, 2018, sv. 18, č. 1, s. 156.

WARE, B. *The top five regrets of the dying: A life transformed by the dearly departing*. Carlsbad, Calif: Hay House, 2012.

XU, J., ROBERTS, R. E. The power of positive emotions: It's a matter of life or death – Subjective well-being and longevity over 28 years in a general population. *Health Psychology*, 2010, sv. 29, č. 1, s. 9–19.

YALOM, I. *From Staring at the Sun: Overcoming the Terror of Death*. San Francisco, CA: Jossey-Bass, 2008.