

## Použitá literatura

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## Zdroje v češtině

### Spotify – podcast

- Uvolněte se – psychologie.cz; Jan Smetánka
- Vrtání – psychologie.cz; Jan Majer
- V sobě – psychologie.cz; vztahy; Petr Bouška
- Psychologieprokaždého.cz
- Hmmm... – slovenský podcast psychologické poradny IPčko.sk
- Psycholožky v županu
- Máma a táta na síti – Ester Geislerová a Matouš Ruml o různých tématech i psychologických
- Psychologický podcast – vězeňská psycholožka Eva; www.citoprostor.cz/galaxie-hnevu
- Podcast psychologie – Jana Koutníková
- Psychozápisník – zápisky ze života studentky psychologie
- Hovory o duši – podcast Života za zdí, Jeroným Janíček
- Moje terapie – ČRo Wave
- Terapie letí – Lukáš Man a Natalie Pastorková
- Diagnóza F – ČRo Wave
- Terap.odcast – Terap.io, Lada Brůnová
- Psychologie výkonu v praxi – Petráš

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