

Odkazy

- Aron, E. N. 1998. *The Highly Sensitive Person: How to Thrive When the World Overwhelms You*. New York: Harmony Books. (česky: Elaine N. Aron: *Vysoce citliví lidé: Jak vzkvétat ve světě, který vás zahlcuje*, Fontána 2020)
- Aron, E. N. 2004. „Comfort Zone“ (newsletter). *The Highly Sensitive Person*, <http://www.hsperson.com/pages/edAug05.htm>.
- Brown, B. 2012. *Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead*. New York: Gotham.
- Chua, A. 2011. *Battle Hymn of the Tiger Mother*. London: Bloomsbury. (česky: Amy Chua: *Bojová píseň tygří matky*, Rybka Publishers 2016)
- Emmons, R. A. a McCullough M. E. 2003. „Counting Blessings Versus Burdens: An Experimental Investigation of Gratitude and Subjective Well-Being in Daily Life.“ *Journal of Personality and Social Psychology* 60, no. 3: 456–470.
- Hewitt, P. L., Flett, G. L. a Mikail S. F. 2017. *Perfectionism: A Relational Approach to Conceptualization, Assessment, and Treatment*. New York: Guilford Press.
- Lowes, J. a Tiggemann M. 2003. „Body Dissatisfaction, Dieting Awareness and the Impact of Parental Influence in Young Children.“ *The British Journal of Health Psychology* 8: 135–147.
- Neff, K. 2011. *Self-Compassion: The Proven Power of Being Kind to Yourself*. New York: HarperCollins. Sense Media.
- Pal, S. a Schryver K. 2015. *Children, Teens, Media, and Body Image*. San Francisco: Common Sense Media.
- Seligman, M. E. P, Steen, T. A., Park N. a Peterson C. 2005. „Positive Psychology Progress: Empirical Validation of Interventions.“ *American Psychologist* 60, no. 5: 410–421.