

PŘEHLED POUŽITÉ LITERATURY

- Aboy, Adriana, 2002, Indra Devi's legacy, *Hinduism Today* 24.
- Aiyar, K. N., trans. 1914, *Thirty minor Upanishads, including the Yoga Upanishads*, Madras, India: Vasanta.
- Aldous, Susi Hately, 2004, *Anatomy and asana: Preventing yoga injuries*, Calgary: Functional Synergy.
- Alstad, Diana, 1979, Exploring relationships: Interpersonal yoga, *Yoga Journal* (March 1979).
- Alter, Michael J., 1996, *Science of flexibility 2nd ed.*, Champaign, IL: Human Kinetics.
- Ashtanga Yoga, 2006, Video, http://www.youtube.com/watch?v=imoUzQi_6Tw.
- Avalon, Arthur, 1974, *The serpent power: Being the Sat-Cakra-Nirupana and Paduka-Pan-caka*. New York: Dover.
- Avari, Burjor, 2007, *India: The ancient past*, Abingdon, UK: Routledge.
- Ayyanga, T. R. S., 1952, *The Yoga Upanishads*, Adyar, India: Adyar Library.
- Bailey, James, 2003, Balancing act. *Yoga Journal* 176 (September/october 2003), <http://www.yogajournal.com/wisdom/927>.
- _____, 2006, *Living ayurveda reader*, Santa Monica, CA: self-published.
- Balaskas, Janet, 1994, *Preparing for birth with yoga*, Boston: Element.
- Bandy, William D., and Jean M. Irion, 1994, The effect of time on static stretch on the flexibility of the hamstring muscle, *Physical Therapy* 74(9): 845-50.
- Baptiste, Baron, 2003, *Journey into power: How to sculpt your ideal body, free your true self, and transform your life with yoga*, New York: Fireside.
- Benagh, Barbara, 2003, *Inversions and menstruation*, *Yoga Journal*, http://yogajournal.com/practice/546_1.cfm.
- Bhajan, Yogi, Kundalini Research Institute, <http://www.kriteachings.org/teachertraining.htm>.
- Birch, Beryl Bender, 1995, *Power yoga: The total strength and flexibility workout*, New York: Fireside.
- _____, 2000, *Beyond Power yoga: 8 levels of practice for body and soul*, New York: Fireside.
- Bouanchaud, Bernard, 1999, *The essence of yoga: Reflections on the Yoga Sutras of Patanjali*, New York: Sterling.
- Briggs, Tony, 2001, The gift of assisting, *Yoga Journal*, http://www.yogajournal.com/for_teachers/1024.
- Calais-Germain, Blandine, 1991, *Anatomy of movement*, Seattle: Eastland.
- _____, 2003, *The female pelvis: Anatomy and exercises*, Seattle: Eastland.
- _____, 2005, *Anatomy of breathing*, Seattle: Eastland.
- Campbell, Joseph, 1949, *The hero with a thousand faces*, New York: Pantheon.
- Chaudhuri, Haridas, 1965, *Integral yoga*, London: Allen & Unwin.
- Chinmayananda, Swami, 1987, *Glory of Ganesha*, Bombay: Central Chinmaya Mission Trust.
- Chödrön, Pema, 2007, *Always maintain a joyful mind, and other Lojong teachings on awakening Compassion and Fearlessness*, Boston: Shambhala.

- Choudhury, Bikram, 2000, *Bikram's beginning yoga class*, New York: Penguin Putnam.
- Clennell, Bobby, 2007, *The woman's yoga book: Asana and pranayama for all phases of the menstrual cycle*, Berkeley, CA: Rodmell.
- Cole, Roger, 2005, *With a twist*, *Yoga Journal* (November 2005).
- _____, *Protect the knees in lotus and related postures*, *Yoga Journal*, http://www.yoga-journal.com/for_teachers/978.
- Cope, Stephen, 1999, *Yoga and the quest for the true self*, New York: Bantam.
- _____, 2006, *The wisdom of yoga: A seeker's guide to extraordinary living*, New York: BantamBell.
- Courtright, Paul B., 1985, *Ganesa: Lord of obstacles, lord of beginnings*, New York: Oxford University Press.
- Davidson, Ronald M., 2003, *Indian esoteric Buddhism: A social history of the tantric movement*, New York: Columbia University Press.
- _____, 2005, *Tibetan renaissance: Tantric Buddhism in the rebirth of Tibetan culture*, New York: Columbia University Press.
- Desikachar, T. K. V., 1995, *The heart of yoga: Developing a personal practice*, rochester, VT: inner Traditions.
- _____, 1998, *Health, healing, and beyond: Yoga and the living tradition of Krishnamacharya*, New York: Aperture.
- Devereux, Godfrey, 1998, *Dynamic yoga: The ultimate workout that chills your mind as it charges your body*, New York: Thorsons.
- Dharma, Krishna, 1999, *Mahabharata: The greatest spiritual epic of all time*, Badger, CA: Torchlight.
- Easwaran, Eknath, Trans, 1987, *The Upanishads*, Tomales, CA: Nilgiri.
- Eliade, Mircea, 1958, *Yoga: Immortality and freedom*, New York: Pantheon.
- Espinoza, Fernando, 2005, *An analysis of the historical development of ideas about motion and its implications for teaching*, *Physical Education*40(2).
- Farhi, Donna, 1996, *The breathing book: Good health and vitality through essential breath work*, New York: Henry Holt.
- _____, 1999, *Asana column: Supta Padangusthasana*, *Yoga Journal*(May/june 1999).
- _____, 2006, *Teaching yoga: Exploring the teacher-student relationship*, Berkeley, CA: Rodmell.
- Ferretti, Andrea, 2006, *Feel happier*, *Yoga Journal*, <http://www.yogajournal.com/lifestyle/2562>.
- _____, 2008, *Yoga metropolis*, *Yoga Journal*, <http://www.yogajournal.com/lifestyle/2686>.
- Feuerstein, Georg, 1998, *Tantra: The path of ecstasy*, Boston: Shambhala.
- _____, 2001, *The yoga tradition: Its history, literature, philosophy and practice*, Prescott, AZ: Hohm.
- Finger, Alan, 2005, *Chakra yoga: Balancing energy for physical, spiritual, and mental well-being*, Boston: Shambhala.
- Fischer-Schreiber, Ingrid, Stephan Schuhmacher, and gert Woerner, 1994, *The encyclopedia of Eastern philosophy and religion*, Boston: Shambhala.
- Flood, Gavin D., 1996, *An introduction to Hinduism*, Cambridge: Cambridge University Press.
- Flynn, Kimberly, 2003, *FaQ*, <http://www.ashtangayogashala.com>.
- Folan, Liliás, 1976, *Liliás yoga and you*, New York: Bantam.
- Frawley, David, 1999, *Yoga and ayurveda: Self-healing and self-realization*, Twin lakes, WI: Lotus.

- Freedman, Françoise Barbira, 2004, *Yoga for pregnancy, birth and beyond*, New York: Dorling Kindersley.
- French, Roger Kenneth, 2003, *Medicine before science: The rational and learned doctor from the Middle Ages to the Enlightenment*, Cambridge: Cambridge University Press.
- Friend, John, 2006, *Anusara yoga teacher training manual 9th ed.*, The Woodlands, TX: Anusara.
- Gambhirananda, Swami, 1989, *Taittiriya Upanishad*, Calcutta: Advaita Ashram.
- Gannon, Sharon, and David Life, 2002, *Jivamukti yoga: Practices for liberating body and soul*, New York: Ballantine.
- Gardner, Howard, 1993, *Frames of mind: The theory of multiple intelligences*, New York: Basic.
- Gaskin, Ina May, 2003, *Ina May's guide to childbirth*, New York: Bantam.
- Getty, Alice, 1936, *Ganesa: A monograph on the elephant-faced god*, Repr., Oxford: Clarendon, 1992.
- Ghosh, Aurobindo Akroyd, 1914, *The synthesis of yoga*, Pondicherry, India: SABDA.
- Grilley, Paul, 2002, *Yin yoga: Outline of a quiet practice*, Ashland, OR: White Cloud.
- Gudmestad, Julie, 2003, *Let's twist again*, *Yoga Journal*(january/February 2003).
- Hackett, Paul G., forthcoming, *The life and works of Theos Bernard*, http://c250.columbia.edu/c250_celebrates/remarkable_columbians/theos_bernard_scholar.html.
- Hanh, Thich Nhat, 1975, *The miracle of mindfulness: A manual on meditation*, Boston: Beacon.
- Hardy, I., R. Lye, and A. Heathcote, 1983, *Active versus passive warm up regimes and flexibility*, *Research Papers in Physical Education*1(5): 23–30.
- Hirschi, Gertrud, 2000, *Mudras: Yoga in your hands*, Boston: Weiser.
- Hittleman, Richard, 1982, *Richard Hittleman's yoga: 28 day exercise plan*, New York: Bantam.
- Hoff, Benjamin, 1982, *The Tao of Pooh*, New York: Dutton.
- Holleman, Dona, and Orit Sen-Ggupta, 1999, *Dancing the body light: The future of yoga*, Amsterdam: Pandion.
- Huxley, Aldous, 1962, *Island*, New York: Harper and Row.
- Iyengar, B. K. S., 1966, *Light on yoga*, New York: Schocken.
- _____, 1985, *Light on pranayama: The yogic art of breathing*, New York: Crossroad.
- _____, 1988, *The tree of yoga*, Boston: Shambhala.
- _____, 1993, *Light on the Yoga Sutras of Patanjali*, Columbia, Mo: South Asia.
- _____, 2001, *Yoga: The path to holistic health*, London: Dorling Kindersley.
- _____, 2005, *Light on life: The yoga journey to wholeness, inner peace, and ultimate freedom*, New York: Rodale.
- Iyengar, Geeta S., 1995, *Yoga: A gem for women*, Spokane: Timeless.
- Johari, Harish, 1987, *Chakras: Energy centers of transformation*, Rochester, VT: Destiny.
- Jois, Sri K. Pattabhi, 2002, *Yoga mala*, New York: North Point.
- Jung, Carl, 1953, *Yoga and the West, The collected works of Carl Jung Vol. 1.*, ed. Sir Herbert Read,
- Michael Fordham, and Gerard Adler, New York and Princeton, NJ: Bollingen.
- Kapur, Kamla K, 2007, *Ganesha goes to lunch: Classics from mystic India*, San Rafael, CA: Mandala.
- Keedwell, Pau, 2008, *How sadness survived: The evolutionary basis of depression*, Oxford: Radcliffe.

- Keele, Kenneth D., 1952, *Leonardo da Vinci on movement of the heart and blood*, London: Lippencott.
- Kempton, Sally, 2002, *The heart of meditation: Pathways to a deeper experience*, South Fallsburg, NY: SYDA Foundation.
- Kest, Bryan, 2007, Bryan Kest's power yoga, <http://www.poweryoga.com> (accessed 2007).
- Khalsa, Gurmukh Kaur, 2000, *The 8 human talent*, New York: Harpercollins.
- Kornfield, Jack, 1993, *A path with heart: A guide through the perils and promises of spiritual life*, New York: Bantam.
- Kramer, Joel, 1977, A new look at yoga: playing the edge of mind and body, *Yoga Journal* (January 1977).
- _____, 1980, Yoga as self-transformation, *Yoga Journal* (May/June 1980).
- Kramer, Joel, and Diana Alstad, 1993, *The guru papers: Masks of authoritarian power*, Berkeley, CA: North Atlantic.
- _____, 2009, *The passionate mind revisited: Expanding personal and social awareness*, Berkeley, CA: North Atlantic.
- Kriyananda, Swami (J. Donald Walters), 1967, *Ananda Yoga for Higher Awareness*, Nevada City, NV: Crystal Clarity.
- Kriyananda, Swami, 2008, What is yoga?, <http://www.expandinglight.org/yoga/what-is.htm>.
- Lad, Vasant, 1984, *Ayurveda: The science of self-healing*, Twin lakes, WI: Lotus.
- Lasater, Judith, 1995, *Relax and renew: Restful yoga for stressful times*, Berkeley, CA: Rodmell.
- Levine, Stephen, 1979, *A gradual awakening*, Garden City, NJ: Anchor.
- Little, Tias, 2001, From the ground up, *Yoga Journal* (November 2001).
- Lutyens, Mary, 1975, *Krishnamurti: The years of awakening*, Repr., Boston: Shambhala, 1997.
- MacShane, Frank, 1964, Walden and yoga, *New England Quarterly* 37:322-42.
- Maehle, Gregor, 2006, *Ashtanga yoga: Practice and philosophy*, Novato, CA: New World Library.
- Mallinson, James, trans. 2004, *The Gheranda Samhita*, Woodstock, NY: Yoga Vidya.com.
- Manchester, Frederick, 2002, *The Upanishads: Breath of the eternal*, New York: Signet Classics.
- McCall, Timothy, 2007, *Yoga as medicine: The yogic prescription for health and healing*, New York: Bantam Dell.
- Medina, John J., 1996, *The clock of ages*, Cambridge: Cambridge University Press.
- Menon, Ramesh, 2003, *The Ramayana*, New Delhi: HarperCollins.
- Michaels, Axel, 2004, *Hinduism: Past and present*, Princeton, NJ: Princeton University Press.
- Miller, Barbara Stoler, 1986, Why did Henry David Thoreau take the Bhagavad-Gita to Walden Pond? *Parabola* 12.1 (Spring 1986): 58-63.
- Miller, Elise Browning, 2003, *Yoga for scoliosis*, Menlo Park, CA: self-published.
- Mittelmarm, Raul Artal, Robert A. Wiswell, and Barbara I. Drinkwater, eds. 1991, *Exercise in pregnancy*, 2nd ed. Baltimore: Williams & Wilkins.
- Mohan, A. G., 1993, *Yoga for body, breath, and mind: A guide to personal reintegration*, Portland, OR: Rrudra.
- Mohan, A. G., and Indra Mohan, 2004, *Yoga therapy: A guide to the therapeutic use of yoga and ayurveda for health and fitness*, Boston: Shambhala.
- Moore, Keith L., and Arthur F. Dalley, 1999, *Clinically oriented anatomy*, 4th ed. Baltimore: Lippincott Williams & Wilkins.

- Moore, Thomas, 1994, *Care of the soul: A guide for cultivating depth and sacredness in everyday life*, New York: HarperCollins.
- Morrison, Judith, 1995, *The book of ayurveda*, London: Gaia.
- Morse, William R., 1934, *Chinese medicine*, New York: Hoeber.
- Muktananda, Swami, 1997, *Nothing exists that is not Siva: Commentaries on the Siva Sutra, Vijnanabhairava, Gurugita, and other sacred texts*, South Fallsburg, NY: Siddha Yoga publications.
- Muktibodhananda, Swami, trans. 1993, *Hatha Yoga Pradipika: Light on yoga*, Munger, India: Bihar School of Yoga.
- Myers, Esther, 2002, *Hands-on assisting: A guide for yoga teachers*, Toronto: explorations in Yoga.
- Myers, Thomas, 1998, Poise: Psoas-piriformis balance. *Massage Magazine* (March/April 1998): 72–83.
- _____, *Body cubed: A therapist's anatomy reader*, Self-published.
- Narayanananda, Swami, 1979, *The primal power in man, or the Kundalini Shakti*, 6th rev. ed. Gylling, Denmark: Narayanananda Universal Yoga Trust.
- Neese, Randolph M., and George C. Williams, 1994, *Why we get sick: The new science of Darwinian medicine*, New York: Vintage.
- Netter, Frank H., 1997, *Atlas of human anatomy*, 2nd ed. East Hanover, NJ: Novartis.
- Newton, Isaac, 1999, *The principia: Mathematical principles of natural philosophy*, Trans. I. Bernard Cohen and Anne Whitman, Berkeley, CA: University of California Press.
- Nikhilananda, Swami, trans. 2008, *Chandogya Upanishad*, http://www.bharatadesam.com/spiritual/upanishads/chandogya_upanishad.php.
- Odier, Daniel, 2004, *Yoga Spandakarika: The sacred texts at the origins of tantra*, Rochester, VT: Inner Traditions.
- Ornish, Dean, 1998, *Love and survival: 8 pathways to intimacy and health*, New York: HarperCollins.
- Pattanaik, Devdutt, 2003, *Indian mythology: Tales, symbols, and rituals from the heart of the subcontinent*, rochester, VT: Inner Traditions.
- Payne, Larry, 2000, *The business of teaching yoga*, Los Angeles: Samata.
- Pizer, Ann, Interviewer, 2007, *Yoga guide*, <http://www.about.com> (accessed May 18, 2007).
- Postacchini, F., and M. Massobrio, 1983, Idiopathic coccygodynia: analysis of fifty-one operative cases and a radiographic study of the normal coccyx, *Journal of Bone and Joint Surgery* 65(8): 1116–24.
- Powell, Barbara, 1996, *Windows into the infinite: A guide to the Hindu scriptures*, Fremont, CA: Jain Publishing.
- Powers, Sarah, 2008, *Insight yoga*, Boston: Shambhala.
- Prabhavananda, Swami, and Christopher Isherwood, trans. 1944, *Bhagavad-Gita*, Los Angeles: The Vedanta Society.
- Ramaswami, Srivatsa, 2000, *Yoga for the three stages of life: Developing your practice as an art form, a physical therapy, and a guiding philosophy*, Rochester, VT: Inner Traditions.
- _____, 2005, *The complete book of vinyasa yoga*, New York: Marlowe.
- Rea, Shiva, 1997, *Hatha yoga as a practice of embodiment*, Masters thesis, Univ. of California, Los Angeles, Dance Department.
- _____, 2002, *You are here*, *Yoga Journal*, <http://www.yogajournal.com/wisdom/460>.
- _____, 2005, *Embodying the flow teacher training manual*, Unpublished.

- _____, 2007, *Namaskaram*, In *Iyengar: The yoga master*, ed. Kofi Busia, Boston: Shambhala.
- Remen, Rachel Naomi, 1993, On defining spirit, *Noetic Sciences Review* 27 (Autumn 1993).
- Rosen, Richard, 2002, *The yoga of breath: A step-by-step guide to pranayama*, Boston: Shambhala.
- _____, 2003, Here comes the sun, *Yoga Journal* 176 (September/October 2003).
- _____, 2006, *Pranayama beyond the fundamentals: An in-depth guide to yogic breathing*, Boston: Shambhala.
- Ross, Steve, 2003, *Happy yoga: 7 reasons why there's nothing to worry about*, New York: HarperCollins.
- Satchidananda, Swami, 1970, *Integral Hatha yoga*, Austin, TX: Holt, Rinehart and Winston.
- _____, trans. 1978, *The Yoga Sutras of Patanjali*, Buckingham, VA: Integral Yoga.
- Satprem, 1968, *Sri Aurobindo, or the adventure of consciousness*, Pondicherry: Sri Aurobindo Ashram Press.
- Satyadhama, Swami, 2003, *Yoga Chudamani Upanishad: Crown jewel of yoga*, New Delhi: Yoga Publications Trust.
- Scaravelli, Vanda, 1991, *Awakening the spine: The stress-free new yoga that works with the body to restore health, vitality and energy*, New York: HarperCollins.
- Schatz, Mary Pullig, 2002, A woman's balance: Inversions and menstruation, http://www.iyengar.ch/deutsch/text_menstruation.htm.
- Schiffmann, Erich, 1996, *Yoga: The spirit and practice of moving into stillness*, New York: Pocket.
- _____, 2007, A Tribute, In *Iyengar: The yoga master*, ed. Kofi Busia, Boston: Shambhala.
- Shabana, Ahmed a, 1999, *Dynamics of multibody systems*, 3rd ed. Cambridge: Cambridge University Press.
- Shamdasani, Sonu, ed. 1996, *The psychology of Kundalini yoga: Notes of the seminar given in 1932 by C. G. Jung*, Princeton: Princeton University Press.
- Shannahoff-Khalsa, David S., 2004, An introduction to Kundalini yoga meditation techniques that are specific for the treatment of psychiatric disorders, *Journal of Alternative and Complementary Medicine* 10(1): 90–1.
- Shrier, Ian, and Kav Gossal, 2000, The myths and truths of stretching: Individualized recommendations for healthy muscles, *Physician and Sportsmedicine* 28(8).
- Singer, Charles A., 1957, *A short history of anatomy and physiology from the Greeks to Harvey*, New York: Dover.
- Sivananda Yoga Center, 1983, *The Sivananada companion to yoga*, Repr., New York: Fireside, 2000.
- Sjoman, N. E., 1996, *The yoga tradition of the Mysore palace*, New Delhi: Abhinav.
- Sovatsky, Stuart, 1998, *Words from the soul: Time, East/West spirituality, and psychotherapeutic narrative*, New York: State University of New York Press.
- Sparrowe, Linda, 2003, *Yoga*, New York: Universe.
- Stein, W. B., 1965, Thoreau's first book, a spoor of yoga: The Orient in a week, *Emerson Society Quarterly* 41:3–25.
- Stenhouse, Janita, 2001, *Sun yoga: The book of Surya Namaskar*, St.-Christophe, France: Innerspace.
- Stephens, Anastasia, 2005, *Health: The Bikram backlash*, London: The Independent, January 25.

- Stephens, J. et al., 2006, Lengthening the hamstring muscles without stretching using "awareness through movement", *Physical Therapy* 86(12): 1641–50.
- Strom, Max, 1995, Stiff white male, *Yoga Journal* (June 1995).
- Stryker, Rod, 2005, *Meditations for life*, Los Angeles: Para Yoga.
- Svoboda, Robert, 1988, *Prakriti: Your ayurvedic constitution*, Bellingham, WA: Sadhana.
- Svoboda, Robert, and Arnie Lade, 1995, *Tao and dharma: Chinese medicine and ayurveda*, Twin lakes, WI: Lotus.
- Swatmarama, Swami, 2004, *Hatha Yoga Pradipika*, Woodstock, NY: YogaVidya.com.
- Swenson, David, 1999, *Ashtanga yoga: The practice manual*, Austin, TX: Ashtanga Yoga Productions.
- Taylor, F. Sherwood, 1949, *A short history of science and scientific thought*, New York: Norton.
- Thompson, Marcia, and David Harsha, 1984, Our rhythms still follow the African sun, *Psychology Today* 12 (january 1984): 50–4.
- Tigunait, Pandit Rajmani, 1999, *Tantra unveiled: Seducing the forces of matter and spirit*, Honesdale, PA: Himalayan Institute Press.
- Tirtha, Swami Sada Shiva, 2006, *The ayurvedic encyclopedia*, Coconut creek, FL: Educa.
- Todd, Mabel, 1937, *The thinking bod*, Repr., New York: Dance Horizons, 1972.
- Tolle, Eckhart, 1999, *The power of now: A guide to spiritual enlightenment*, Novato: New World Library.
- Troels, B., 1973, Achilles heel rupture, *Acta Orthopaedica Scandinavica*.152(suppl.): 1–126.
- Van Vrekhem, Georges, 1999, *Beyond man: The life and work of Sri Aurobindo and the mother*, New Delhi: HarperCollins.
- Vasu, Rai B. Chandra, trans. 2004, *The Siva Samhita*, New Delhi: Munshiram Manoharial.
- Vaughan, Kathleen, 1951, *Exercises before childbirth*, London: Faber.
- Vishnudevananda, Swami, 1960, *The complete illustrated book of yoga*, New York: Julian.
- Watts, Alan, 1980, *Om: Creative meditations*, Berkeley, CA: Crystal Arts.
- Weintraub, Amy, 2004, *Yoga for depression: A compassionate guide to relieve suffering through yoga*, New York: Broadway.
- White, David Gordon, 1996, *The alchemical body: Siddha traditions in medieval India*, Chicago: University of Chicago Press.
- _____, ed. 2000, *Tantra in practice*, Princeton, NJ: Princeton University Press.
- _____, 2003, *Kiss of the yogini: "Tantric sex" in its South Asian contexts*, Chicago: University of Chicago Press.
- _____, 2009, *Sinister yogis*, Chicago: University of Chicago Press.
- White, ganga, 2007, *Yoga beyond belief: Insights to awaken and deepen your practice*, Berkeley, CA: North Atlantic.
- Williams, Raymond, 1985, *Keywords: A vocabulary of culture and society*, New York: Oxford University Press.
- Witzel, Michael, ed. 1997, *Inside the texts, beyond the texts: New approaches to the study of the Vedas*. Cambridge, MA: Harvard University Press.
- Woolery, allison, et al. 2004, A yoga intervention for young adults with elevated symptoms of depression, *Alternative Therapies in Health and Medicine* 10(2): 60–3.
- Yeats, W. B., and S. p. Swami, 1937, *That is perfect*, In *The ten principal Upanishads*, New York: Macmillan.
- Yesudian, Selvarajan, and Elisabeth Haich, 1958, *Sport and yoga*, Paris: Albin Michel.

Yogananda, Paramahansa, 1946, *Autobiography of a yogi*, Los Angeles: Self-realization Fellowship.

Zimmer, Heinrich, 1972, *Myths and symbols in Indian art and civilization*, New York: Bollingen Foundation.