

SEZNAM POUŽITÉ LITERATURY

1. Luckmann, J., Sorensen, K.C.: **MEDICAL-SURGICAL NURSING. A Psychophysiologic Approach**, Third Edition, W. B. Saunders Company, Philadelphia, London, Toronto, Sydney, Tokyo, Hong Kong, 1987 (počet str. 2126)
2. Black, J.M., Matassarin-Jacobs, E.: **Luckmann and Sorensen's MEDICAL-SURGICAL NURSING. A Psychophysiologic Approach**, Fourth Edition, W. B. Saunders Company, Philadelphia, London, Toronto, Montreal, Sydney, Tokyo, 1993 (počet str. 2269)
3. Pasquali, E.A., Arnold, H.M., DeBasio, N.: **MENTAL HEALTH NURSING. A Holistic Approach**, Third Edition, The C. V. Mosby Company, St. Louis, Baltimore, Toronto 1989 (počet str. 943)
4. Maes, S., Leventhal, H. and Johnston, M.: **International Review of HEALTH PSYCHOLOGY**. Volume 2, John Wiley and Sons, Chichester, New York, Brisbane, Toronto, Singapore 1993 *Handbook*. San Francisco, Josey-Bass 1979.
5. Thompson, E.D.: *Introduction to MATERNITY AND PEDI-
ATRIC NURSING*. Second Edition, W. B. Saunders Company, Philadelphia, London, Toronto, Montreal, Sydney, Tokyo, 1995 (počet str. 981)
6. Antai-Otong, D.: **PSYCHIATRIC NURSING. Biological and Behavioral Concepts**, W. B. Saunders Company, Philadelphia, London, Toronto, Montreal, Sydney, Tokyo 1995 (počet str. 794)
7. Křivohlavý, J.: **JAK ZVLÁDAT STRES**. Grada Avicenum, Praha 1994

8. Engel, G.L.: **A UNIFIED CONCEPT OF HEALTH AND DISEASE.** *Perspectives in Biology and Medicine* 3:459, Spring 1960
9. Engel, G.L., and Schmale, A. H.: **CONSERVATION WITHDRAWAL: a primary regulatory process for organismic homeostasis.** *CIBA Foundation Symposium* 8:57, 1972
10. Toffler, A.: **FUTURE SHOK.** New York: Random House, 1970
11. Strain, J. J., and Grossman, S.: **PSYCHOLOGICAL CARE OF THE MEDICALLY ILL: A Primer in Liaison Psychiatry.** New York: Appleton-Century-Crofts, 1975
12. Hinkle, L.E.: **NORMAL STRESS IN NORMAL EXPERIENCE.** In: Galdston, I.(ed): *Beyond the Germ Theory.* New York Health Education Council, 1954
13. Micklin, M., and Leon, C.: **LIFE CHANGE AND PSYCHIATRIC DISTURBANCE IN A SOUTH AMERICAN CITY: the effects of geographic and social mobility.** *Journal of Health and Social Behavior* 19:92, March 1978
14. Russet, H.I.: **BEHAVIOR PATTERNS, STRESS AND CORONARY HEART DISEASE.** *American Family Physician* 9:12, April 1974
15. Pines, A., and Maslach, C.: **CHARAKTERISTICS OF STAFF BURNOUT IN MENTAL HEALTH SETTINGS.** *Hospital and Community Psychiatry* 29:23, 1978
16. Lynch, J.J.: **THE BROKEN HEARTH: The Medical Consequences of Loneliness.** New York: Basic Books, 1977

17. House, J.S., and Wells, J.A.: **OCCUPATIONAL STRESS, SOCIAL SUPPORT AND HEALTH.** In: McLean, A.(ed.): Reducing Occupational Stress (NIOSH Publication No. 78-140). Washington, DC: U.S. Department of Health, Education, and Welfare, 1978
18. Simonton, L., and Simonton, C.: **GETTING WELL AGAIN.** Los Angeles: Tarcher/St.Martin's, 1978
19. Suinn, R.: **PSYCHOLOGY FOR OLYMPIC CHAMPS.** Psychology Today 10:28, July 1976
20. Garfield, C.A.: **PEAK PERFORMERS: The New Heroes of American Business.** New York: William Morrow and Co., 1986
21. Feldenkrais, M.: **BODYMIND EXERCISE.** In: Dychtwald, K.: Bodymind. New York: Random House, 1977
22. Syme, S.F., and Berkman, L.F.: **SOCIAL NETWORKS, HOST RESISTANCE AND MORTALITY: a nine year follow-up study of Alameda county residents.** American Journal of Epidemiology 109:186, February 1979
23. Kozierová, B., Erbová G. and Olivieriová R.: **OŠETROVA-TĚLSTVO, 1. a 2.** Osveta, Martin 1995
24. Doenges, E.M. and Moorhouse, F.M.: **KAPESNÍ PRŮVODCE ZDRAVOTNÍ SESTRY.** Grada Publishing 1996
25. Friedman, M., and Rosenman, R.H.: **TYPE A BEHAVIOR AND YOUR HEART.** Greenwich: Facett Publications, 1974
26. Dudley, D.I., and Welke, E.: **HOW TO SURVIVE BEING ALIVE.** NEW YORK: Doubleday and Co., 1977
27. Holmes, T.H., and Rahe, R.H.: **THE SOCIAL READJUSTMENT RATING SCALE.** Journal of Psychosomatic Research 11:213, 1967

28. Wyler, A.R., Masuda, M. and Holmes, T.H.: **THE SERIOUSNESS OF ILLNESS RATING SCALE : reproducibility.** Journal of Psychosomatic Research 14:59, 1970
29. Kobasa, S.C., et al.: **STRESSFUL LIFE EVENTS, PERSONALITY AND HEALTH: an inquiry into hardiness.** Journal of Personality and Social Psychology 37:1, January 1979
30. Frankenhaeuser, M.: **UNDERLOAD AND OVERLOAD IN WORKING LIFE: outline of a multidisciplinary approach.** Journal of Human Stress 2:3, September 1976
31. Green, T.H.: **GYNECOLOGY: ESSENTIALS OF CLINICAL PRACTICE**, 3rd ed. Boston: Little, Brown and Co., 1977

DOPORUČENÁ LITERATURA PRO ZVLÁDÁNÍ STRESU

1. Boenisch, E. a Haneyová, C.M.: **STRES**, přehledné testy a návody, Jak zvládat stres. Books, Brno, 1998
2. Antonovský, A.: **HEALTH, STRESS AND COPING**, Jossey-Bass, San Francisko, 1979
3. Antonovský, A.: **UNRAVELING THE MYSTERY OF HEALTH – How People Manage Stress and Stay Well**, San Francisko, 1987
4. Capponi, V. a Novák, T.: **JAK SE PROSADIT. ASERTIVNĚ DO ŽIVOTA.** Nakladatelství Svoboda, Praha, 1992
5. Capponi, V. a Novák, T.: **ASERTIVNĚ DO ŽIVOTA.** Grada, Praha, 1994

6. Capponi, V. a Novák, T.: **SÁM SOBĚ PSYCHOLOGEM.** Grada, Praha, 1992
 7. Gutmannová, J.: **CVIČEBNICE ASERTIVITY.** Talpress, Praha 1995
 8. Kirschner, J.: **POMOZ SI SÁM, STEJNĚ TI NIKDO JINÝ NEPOMŮŽE.** Umění šťastného života v devíti lekcích. Motto, Praha 1994
 9. Hay, L.H.: **MILUJ SVŮJ ŽIVOT.** Radost, Praha 1993
 10. Siegel, B.S.: **LÁSKA, MEDICÍNA A ZÁZRAKY.** Radost, Praha 1994
 11. Cousins, N.: **ANATOMIE NEMOCI OČIMA PACIENTA. Úvahy o uzdravení a regeneraci.** Pragma, Praha 1994
 12. Littauerová, F.: **OSOBNOSTI PLUS. Jak porozumět druhým porozuměním sobě samým.** Holding Medium, Praha 1997
 13. Peale, V. N.: **SÍLA POZITIVNÍHO MYŠLENÍ.** Knižní klub, Praha 1994
 14. Goleman, D.: **EMOČNÍ INTELIGENCE. Proč může být emoční inteligence důležitější než IQ.** Columbus, Praha 1995
- a další