

Literatura

Kapitola 1

Jak u dětí rozpoznat trauma

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Kapitola 2

Neurobiologie traumatu

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Kapitola 3

Posttraumatické emoce a základní principy hojení

Posttraumatické emoce

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Kapitola 4

Přirozené hojivé mechanismy 1: hra a smích

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Kapitola 5

Přirozené hojivé mechanismy 2: pláč a vztek

Spontánní pláč po traumatu

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Mylné výklady pokusů dítěte zbavit se následků traumatu pláčem a vztekem

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Kapitola 6

Další rady, jak dítěti pomoci, aby se zbavilo následků traumatu

Vývojové fáze

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Spouštěče traumatu a opětná traumatizace

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Rozdíly mezi konejšivými a hojivými technikami

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Kapitoly 7 a 8: Případové studie

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