

## Použitá Literatura

- Atkinson, J., W. *Motivational determinants of risk-taking behavior*. *Psychological Review*, 64, 1957, s. 359–372.
- Atkinson, J., W., Litwin, G., H. *Achievement motive and test anxiety conceived as motive to approach success and motive to avoid failure*. *The Journal of Abnormal and Social Psychology*, 60(1), 1960, s. 52–63.
- Balthasar, C., Wiese, T. *Warum Kugelschreiber tödlicher sind als Blitze: Verblüffende Statistiken über die Gefahren und Risiken unseres Lebens*. Riva, 2014.
- Bandler, R., Grinder, J. *ReFraming: Neuro-Linguistic Programming and the transformation of meaning*. People Press, 1982.
- Beaulieu, D. *Impact-Techniken für die Psychotherapie*. Carl Auer, 2005.
- Beck, A., T., Rush, A., J., Shaw, B., F., Emery, G. *Cognitive therapy of depression*. Guilford press, 1979.
- Berne, E. *Transactional analysis in psychotherapy: A systematic individual and social psychiatry*. Grove Press, 1961.
- Bohus, M., Wolf-Arehult, M. *Interaktives Skillstraining für Borderline-Patienten. Das Therapeutenmanual*. (2. aktualizované a rozšířené vydání). Klett-Cotta, 2013.
- Bradbury, T., N., Fincham, F., D. *Attributions in marriage: review and critique*. *Psychological Bulletin*, 107, 1990s. 3–33.
- Bucay, J. *Budu ti vyprávět*. Bratislava: Noxi, 2005.
- Carney, D., R., Cuddy, A., J., C., Yap, A., J. *Power posing: Brief nonverbal displays affect neuroendocrine levels and risk tolerance*. *Psychological Science*, 21, 2010 s. 1363–1368.
- de Shazer, S., Molnar, A. *Four useful interventions in brief family therapy*. *Journal of Marital and Family Therapy*, 10, 1984 s. 297–304.
- de Shazer, S. *Clues: Investigating solutions in Brief Therapy*. Norton & Co., 1988.
- Doran, G., T. *There's a S.M.A.R.T. way to write management's goals and objectives*. *Management Review*, 70(11), 1981, s. 35–36.
- D'Zurilla, T., J., Goldfried, M., R. *Problem solving and behavior modification*. *Journal of Abnormal Psychology*, 78 (1), 1971, s. 107–126.
- Ellis, A. *Rational psychotherapy and individual psychology*. *Journal of Individual Psychology*, 13, 1957, s. 38–44.
- Festinger, L. *A theory of social comparison processes*. *Human Relations*, 7, 1954, s. 117–140.

Gendlin, E., T. *Focusing: tělesné prožívání jako terapeutický zdroj*. Praha: Portál, 2003.

Godden, D., R., Baddeley, A., D. *Context-dependent memory in two natural environments: On land and underwater*. *British Journal of Psychology*, 66(3), 1975, s. 325–331.

Grave, K. *Neuropsychoterapie: nové přístupy k terapii na základě poznatků neurovědy*. Praha: Portál, 2007.

Grotlüschen, A., Buddeberg, K. (ed.). *LEO2018. Leben mit geringer Literalität*. wbv, 2020.

Hayes, S., Strosahl, K., Wilson, K. *Acceptance and Commitment Therapy: An experiential approach to behavior change*. Guilford Press, 1999.

Hebb, D. O. *The organization of behavior. A neuropsychological theory*. Wiley, 1949.

Huth, A., G., de Heer, W., A., Griffiths, T., L., Theunissen, F., E., Gallant, J., L. *Natural speech reveals the semantic maps that tile human cerebral cortex*. *Nature*, 532 (7600), 2016, s. 453–458.

Jacobson, E. *Progressive Relaxation*. University of Chicago Press, 1929.

Jamieson, J., P., Nock, M., K., Mendes, W., B. *Mind over matter: Reappraising arousal improves cardiovascular and cognitive responses to stress*. *Journal of Experimental Psychology: General*, 141 (3), 2012, s. 417–422.

Kabat-zinn, J. *Život samá pohroma: jak čelit stresu, nemoci a bolesti pomocí moudrosti těla a mysli*. Jan Melvil Publishing, 2016.

Kaluza, G. *Stressbewältigung. Trainingsmanual zur psychologischen Gesundheitsförderung*. (3. vydání). Springer, 2015.

Keller, A., Litzelman, K., Wisk, L., E., Maddox, T., Cheng, E., R., Creswell, P., D., Witt, W., P. *Does the perception that stress affects health matter? The association with health and mortality*. *Health Psychology*, 31 (5), 2012, s. 677–684.

Kentzler, C., Richter, J. *Stressmanagement. Das Kienbaum Trainingsprogramm*. Haufe-Lexware, 2010.

Kessler, R., C., Berglund, P., Demler, O., Jin, R., Merikangas, K., R. & Walters, E., E. *Lifetime prevalence and age-of-onset distributions of DSM-IV disorders in the National Comorbidity Survey Replication*. *JAMA Psychiatry*, 62, 2005, s. 593–602.

Kiesler, D., J. *The 1982 interpersonal circle: a taxonomy for complementarity in human interactions*. *Psychological Review*, 90, 1983 s. 185–214.

Kolitzus, H. *Das Anti-Burnout Erfolgsprogramm*. dtv, 2003.

Lazarus, R., S., Folkman, S. *Stress, appraisal, and coping*. Springer, 1984.

LeDoux, J., E. *The emotional brain: The mysterious underpinnings of emotional life*. Simon & Schuster, 1996.



- Strack, F., Martin, L., L., Stepper, S. *Inhibiting and facilitating conditions of the human smile: A nonobtrusive test of the facial feedback hypothesis*. *Journal of Personality and Social Psychology*, 54 (5), 1988, s. 768–777.
- Sunstein, C. *Probability neglect: emotions, worst cases, and law*. *Yale Law Journal*, 112, 2002, s. 61–107.
- Susskind, D., J. *The Idealized Self-Image (ISI): A new technique in confidence training*. *Behavior Therapy*, 1 (4), 1970, s. 538–541.
- Unsalan, Q., Bayatli, A., Jenniskens, P. *Earliest evidence of a death and injury by a meteorite*. *Meteoritics and Planetary Science*, 55(4), 2020, s. 886–894.
- Watzlawick, P. *Úvod do neštěstí*. Hradec Králové: Konfrontace, 1994.
- Weiner, B. *An attributional theory of motivation and emotion*. Springer, 1986.
- Wells, A. *Metacognitive therapy for anxiety and depression*. Guilford Press, 2009.
- Yerkes, R., M., Dodson, J., D. *The relation of strength of stimulus to rapidity of habit-formation*. *Journal of Comparative Neurology and Psychology*, 18 (5), 1908, s. 459–482.
- Young, J., E., Klosko, J., S., Weishaar, M., E. *Schematherapie. Ein praxisorientiertes Handbuch* (2. vydání). Junfermann, 2008.
- Young, J., E., Klosko, J., S. *Sein Leben neu erfinden: Wie Sie Lebensfallen meistern. Den Teufelskreis selbstschädigenden Verhaltens durchbrechen... Und sich wieder glücklich fühlen* (4. vydání). Junfermann, 2006.

