

Contents

ONE	What Is This?	3
TWO	Asian Roots: The Origins of the Buddhist Tradition	23
THREE	Western Flower: The Growth of the New Buddhism	55
FOUR	At the Marrow: Practice and Belief	91
FIVE	Sex, Power, and Conflict	139
SIX	Why Buddhism?	185
SEVEN	The New Buddhism Takes Shape	217
	Appendix I	231
	Appendix II	237
	Notes	243
	Index	255

Index

- Abhisheka, 107
- Activism, 117–19, 227–28
- Age. *See* Demographics
- AIDS, 87, 166, 170–71
- Aitken, Robert, 68, 90, 118
- Amida Buddha, 52
- Amitabha Buddha, 37, 46–47
- Ananda, 31
- Anderson, Reb, 168
- Arhat, 32, 33. *See also* Monks
- Arnold, Sir Edwin, 56, 188
- Ashvaghosha, 165
- Asia. *See specific countries*
- Asoka Maurya, King of Magadha, 35
- Authority. *See* Power
- Avalokitesvara, 36. *See also* Dalai Lama
- Avatamsaka Sutra, 46
- Awakening the Buddha Within* (Surya Das), 189
- Bainbridge, William Sims
- on Buddhism's appeal, 206, 207
 - on cults, 198
 - on drug use, 202
 - on theism, 195
- Baker, Richard, 86, 167–68
- Baraz, Jane, 148
- BASE (Buddhist Alliance for Social Engagement), 118
- Batchelor, Stephen, 82, 127, 180
- Baumann, Martin, 19
- Bays, Jan Chozen, 148, 176, 178
- Beat Generation
- contrasted to Bohemians, 64–65
 - Watts and, 63–64
 - Zen and, 8, 60–63
- “Beat Zen, Square Zen, and Zen” (Watts), 63
- Beck, Joko, 126, 150
- Being Peace* (Nhat Hanh), 188–89
- Blavatsky, Helena Petrova, 56, 58, 81
- Bodhidharma, 47
- Bodhisattvas, 6, 14, 122
- in Mahayana Buddhism, 36
 - way of, 37
- Bohemians
- contrasted to Beats, 64–65
 - drugs and, 65–66

- Bon shamanism, 43
 Boucher, Sandy, 149
 Bowing, 71, 97-98
 Brahmanism, 25, 27
 Breathing, 90
 Brown, Edward Espe, 99
 Brown, Jerry, 167
 Bruce, Steve, 204
 Buddaghosa, 41
 Buddha, the. *See* Gautama, Siddartha
 (the Buddha)
 Buddhism, new
 characteristics of, 6-9, 13-18, 217-23
 circles of involvement in, 186-91
 common beliefs/practices of, 119-24
 demographics of, 18-21, 191-94,
 225-27
 future of, 223-30
 origins/growth of, 3-4, 55-60
 pitfalls of, 123-24
 sexuality and, 159-66
 women in, 139-40, 144-49, 182
 Buddhism, traditional
 appeal of, 54
 in Asia, 40-53
 books about, 146, 187-89
 contrasted to Western religious
 tradition, 185-86
 defined, 186-87
 in India, 32-40
 lay/monastic distinction in, 6, 28,
 54
 negative tendency of, 30, 32, 56, 57
 origins of, 23-28
 precepts of, 4, 5-6, 24, 28-32
 as religion, 4-5, 6, 23, 34, 126-28,
 194-95
 sexuality and, 156-59, 163-64
 women in, 140-43
 see also Vajrayana Buddhism; Vipassana
 Buddhism; Zen Buddhism
Buddhist America, 109, 114
Buddhist Directory, The, 93-94, 103, 109,
 114, 115
 Buddhist Lodge, 60
 Buddhist Peace Fellowship, 90, 118, 180-81
 Buddhist Society, 20, 60
 Burma, 41, 77, 109
 Businesses, at Zen centers, 99
 Butterfield, Stephen T., 77, 123

 Cabezon, Jose Ignacio, 163
 Cage, John, 59
 Capalan, Mariana, 181
 Carus, Paul, 58
 Celibacy
 of early monks, 28
 of laity, 34
 of s'ramanas, 25
 in West, 13, 136, 147, 159-60, 162
 in Zen, 157-58
 Ceylon. *See* Sri Lanka
 Chah, Achaan, 79
 Ch'an Buddhism
 in China, 47-50
 in Japan, 52-53
 in Vietnam, 51
 see also Zen Buddhism
 Change, as fundamental, 3, 5, 31, 121
 Chants
 of Amida Buddha's name, 52
 in Soka Gakkai, 9
 in Zen, 97
 Child care, 147-49
 China
 Buddhist sects in, 3, 46-50
 repression in, 219
 Tibet and, 8, 42, 43, 72
 Zen in, 69
 Chodron, Pema, 150
 Chogye Order, 69, 94
 Christianity
 Buddhism and, 192, 206-7, 228
 weakening of traditional, 203-4, 206,
 220
 Christmas Humphreys, Travers
 influence of, 60
 Suzuki and, 59
 Watts and, 63

- Clothing
 in Vipassana Buddhism, 110
 in Zen Buddhism, 96
- Communal housing, 117. *See also* Practice centers
- Complete Guide to Buddhist America, The* (Morreale), 93
- Concentrative meditation, 111-12
- Constituency-oriented groups, 115
- Conversions, 196-97, 221
- Conze, Edward, 33, 59
- Corpse, meditation on, 142, 155-56
- Crazy wisdom, 17, 76, 89
- Dalai Lama, 8
 Sodnam Gyatsho, 45
 Tenzin Gyatso, 122
 influence of, 187, 220
 Kalu Rinpoche and, 73
 science and, 228
 on sexuality, 159, 164-65
- Dathun, 107
- Dead, meditation on, 142, 155-56
- Demographics, of new Buddhism,
 18-21, 191-94, 225-27
- Dharani, 97
- Dharma, 27, 37
Dharma Bums, The (Kerouac), 62
 Dharma Sisters, 166
 Dharmachari Subhuti, 82, 144
 Dharmapala, Anagarika, 58, 60
 Diamond Shanga Zen center, 68
 Dixon, Trudy, 70
 Dogen Eihei, 52-53, 123, 143
 Dogen Zenji, 98, 157
 Dominican College, 92
 Dorsey, Issan, 165-66
 Drugs. *See* LSD
 Dudjom Rinpoche, 165
 Dumoulin, Heinrich, 48
 Dzogchen, 108-9
 Dzogchen Foundation, 152
- Education, of Western Buddhists,
 192-93, 205-6
- Egalitarianism, 218
 authority and, 17
 in nonsectarian Buddhism, 114
 in Vipassana movement, 78, 110-11
- Emptiness
 Ch'an sect legend and, 47
 meanings of, 37-38
 study of, 108
- "Engaged" Buddhism, 88-90, 117-18,
 227-28
- England. *See* Great Britain
- Enlightenment
 as central goal, 4, 6, 13, 21, 121, 218
 meditation and, 123
 sexuality and, 158-59
 of Siddhartha Gautama, 27, 28, 29
 Suzuki on, 71
- Epstein, Mark, 213
- Ethics
 practice center crises and, 179-80
 Siddhartha's teachings on, 29-30
 of traditional Buddhism, 34
 in Western Buddhism, 121-22,
 224-25
- Evangelism, 196
Experience of Insight, The (Goldstein), 113
- Family life, 145, 146-49
- Fields, Rick, 58, 170
- Fischer, Norman, 97, 126
- Four Noble Truths, 31
- France, 89
- Friedman, Lenore, 149
- Friends of the Western Buddhist Order
 (FWBO), 114, 115
 founding of, 82
 hierarchy in, 116
 sexuality and, 163, 171
 women in, 144
- Fromm, Erich, 59
FWBO Files, The, 171
- Gautama, Siddhartha (the Buddha)
 Arnold's poem about, 56, 188
 death of, 32

- Gautama, Siddhartha (cont'd.)
 divinity and, 4–5, 6
 early life of, 25–26
 Kennett's vision of, 69
 philosophical development of, 27–28
 sexuality and, 154–56
 son of, 147
 teachings of, 28–32, 218
 women monks and, 141, 218
- Gay Buddhist Club, 165
- Gay Buddhist Fellowship, 166
- Gays. *See* Homosexuality
- Gelukpas, 44–45
- Gender. *See* Women
- Genesee Valley Zen Center, 84
- Geshe, 134–35
- Giddens, Anthony, 211
- Ginsberg, Alan, 62, 88
 at Naropa Institute, 73
 Suzuki and, 59
 writings of, 63
- Glassman, Bernard Tetsugen,
 118–19
- Goenka, S. N., 78
- Goldstein, Joseph
 background of, 78
 quoted, 113, 121, 214
 U Pandita and, 80
- Governance, of groups, 131–32
- Great Britain
 Buddhism in, 19–20, 60, 103, 109,
 114, 115
 Sangharakshita in, 81–82
 Zen in, 93–94
- Green Gulch Farm. *See* San Francisco
 Zen Center
- Greystone Bakery, 118
- Greystone Family Inn, 118–19
- Gross, Rita, 143, 149
- Group retreats, 113
- Guru, 105, 130
- Hakuin, 53
- Haradi Roshi, 67
- Hartford Street Zen Center, 166
- Hayes, Richard, 189
- Hierarchy
 in FWBO, 116
 gender and, 145
- Hijiri, 52
- Hinayana, 36
- Hinduism, 38, 40, 220, 222–23
- Hippies, 65–66
- Hofmann, Albert, 66
- Homosexuality
 new Buddhism and, 162–63,
 164–66
 traditional Buddhism and, 163–64
- Honzon, 52
- Horney, Karen, 59
- Howl* (Ginsberg), 63
- Hua-yen sect, 46
- Hui-neng, 48
- Human Development Training Program,
 73
- Hyman, Michael, 163
- Ikkyu, 157
- Immigration. *See* Migration
- India
 evolution of Buddhism in, 3, 32–40
 patriarchal society in, 141
 Tibetan refugees and, 72, 74, 105
 at time of the Buddha, 24–25
 Trungpa in, 74
- Inquiring Mind*, 146
- Insight Meditation Center (IMC), 78,
 80
 ethics codes of, 179–80
- Interdependent causality, 31
- Interdependent co-origination, 121
- Ireland, 20, 103
- Jainism, 30
- Japan
 Buddhism in, 7, 16, 47, 50–53, 94
 Korea and, 51
 monks in, 136
 Soka Gakkai in, 9
- Jazz musicians, 62, 65

- Johnson, Willard, 47
- Judaism, 192, 206, 228
weakening of tradition of, 203-4, 206
- Jukai, 98
- Kabat-Zinn, Jon, 229
- Kagyupa, 44
- Kahawai: A Journal of Women and Zen*, 146
- Kalu Rinpoche
sexuality and, 159
teaching of, 73, 75, 108, 133
- Kamakura Buddhism, 52
- Kapleau, Philip, 68, 84, 86, 188
- Karma, 31
Buddhist contrasted to Brahman, 29-30
new Buddhism and, 122
see also Merit
- Karma Kagyu, 44
- Karmapa, 44, 76
- Kennett, Peggy (Jiyu), 68-69
- Kensho, 67, 69, 123
at Rochester Zen Center, 151
- Kerouac, Jack, 59, 62
- Kesa, 96
- King, Martin Luther Jr., 89
- Kjohhede, Bodhin, 180
- Koan, 14
- Koan Mu, 58, 101-2
- Koan practice, 50, 53, 67, 101-2, 120
- Korea, 50, 51, 69, 94, 157
- Kornfield, Jack, 180
background of, 78, 79-80
influence of, 17, 80-81, 125, 127
on psychedelic drugs, 201
on self-identity, 212
survey by, 174
on teacher-students relationships, 128
on who is Buddhist, 186-87
- Kosmin, Barry, 19
- Krishnamurti, 64, 84
- Kwan Um School of Zen, 87, 169-70
- Kwan-yin, 36
- Kyosaku, 95
- Lachman, Seymour, 19
- Laity
in new Buddhism, 13-14
support for monks of, 42
in traditional Buddhism, 6, 28, 34
- Lama Govinda, 82
- Lesbians. *See* Homosexuality
- Light of Asia, The* (Arnold), 56, 188
- Lin Chi, 49, 95, 142
- Lingwood, Dennis, 81-82
- Lofland, John, 197
- Lotsawa, Marpa, 44
- Lotus position, 100
- Lotus Sutra, 9, 46, 52
- LSD. *See* Psychedelic drugs
- Maezumi Roshi
conduct of, 168-69, 176, 178
training of, 67
- Maha Bodhi Society, 60
- Mahayana Buddhism
instruction in, 108
origins of, 35-36
precepts of, 6, 36-38
sexuality and, 156, 158
women in, 142
- Mahayana sutras, 36, 37-38
- Maitreya, 36, 190
- Maitreya Society, 50
- Mandala, 40
- Manjusri, 36
- Mantras, 40
- Mara, 27
- Martial arts, 200-201
- Matsu, 48-49
- McLeod, Ken, 108, 126
- Meditation
benefits of, 122-23
centers for, 19-20
in Ch'an Buddhism, 47, 48
concentrative, 111-12
on corpse, 142, 155-56
as "high," 66-67, 202
Nhat Hanh on, 90
physical work as, 98
posture for, 100-101
as psychotherapy, 21, 212-13

- Meditation (cont'd.)
- retreats for, 14–15, 67, 102–3, 107–8, 120
 - at San Francisco Zen Center, 91–92
 - Siddhartha's teachings on, 30–31
 - sitting, 100
 - at Spirit Rock Meditation Center, 92
 - as step toward Buddhism, 199–200
 - Suzuki and, 71
 - in Theravadin Buddhism, 42
 - Trungpa and, 75–76
 - in Vajrayana Buddhism, 106–9, 119–20
 - walking, 99–100, 112–13
 - Watts and, 64
 - in Zen, 53, 120
- Men, women's practice compared to, 149–54
- Menopause, 42
- Mentorgarten, 59
- Merit
- in Theravadin Buddhism, 41–42
 - transfer of, 34
 - see also Karma
- Merton, Thomas, 58
- Methodology, of author, 9–11
- Metta, 111
- Migration, 67, 203–4
- Milarepa, 43–44
- Mindfulness, 90
- Miracle of Mindfulness, The* (Nhat Hanh), 188
- Mitras, 116
- Modernization, Buddhism's spread and, 204–5
- Monasteries
- in China, 48, 49
 - development of, 28, 33
 - in Great Britain, 70
 - in India, 36
 - in Tibet, 44–45
 - in U.S., 68
- Money, power and, 224
- Monks
- in Japan, 136
 - in new Buddhism, 7, 13–14
 - qualification as, 135–37
 - support for, 41–42
 - in Tibet, 45–46
 - in traditional Buddhism, 6, 28, 33–34
 - women as, 141–42
 - in Zen Buddhism, 8
- Morreale, Don, 20, 93
- Motivation, to practice Buddhism, 199–202
- Mukpo, Osel, 171
- Mysticism, 4, 221
- Myth of Freedom, The* (Trungpa), 214
- Naropa Institute, 73, 74, 78
- Needleman, Jacob, 70
- Neo-Confucianism, 50, 51
- Neumann, Erich, 209
- New Age movement, 221–22
- New Religions, The* (Needleman), 70
- Ngondro, 107
- Nhat Hanh, Thich
- engaged Buddhism and, 117–18
 - influence of, 69, 87, 94–95, 122
 - on interbeing, 121
 - precepts of, 89–90
 - retreats of, 147
 - sangha's importance and, 190
 - on sexuality, 162
 - Vietnam and, 88–89
 - walking meditation and, 99–100
 - writings of, 188–89
- Nibbana, 110
- Nichiren, 51, 52
- Nichiren Shoshu sect, 9
- Nirvana, 31–32
- early Western interpretation of, 56
- Nonsectarian Buddhism, 114–17
- social action and, 117–19
 - teacher-student relationships in, 129
- Nuns, 34
- Nyingma, 43
- Nyingma Institute, 73
- Nyingma Meditation Center, 72
- Occultism, 56–57
- Ochs, Carol, 148

- O'Dea, Thomas F., 197
- Olcott, Colonel Henry Steel, 56–57, 58
- Opportunity, to practice Buddhism,
202–7
- Packer, Kyle, 84
- Packer, Toni, 83–85, 115, 126
practice style of, 150
on religious tradition, 128
retreats of, 92
teacher's ego and, 133
- Padmasambhava, 43
- Pandaka, 164
- Pandita, U, 80
- Paramitas, 37, 107
- Parenthood. *See* Family life
- Peace Corps, 78, 79
- Personal awakening. *See* Enlightenment
- Platform Sutra, 48
- Plum Village, 89
- Political affiliations, of Western
Buddhists, 193, 228
- Postmodern society
Buddhism in, 207–15
characteristics of, 21–22
- Posture, 100–101
- Power
practice centers and, 176–81
sex and, 172–76
sharing of, 224–25
women's exclusion from, 145
- Practice centers
crises at, 85–88, 178–81
power and, 176–81
see also specific centers
- Prajnaparamita sutras, 37–38
- Priests. *See* Monks
- Prison dharma projects, 227
- Psychedelic drugs, 65–66
as entry into Buddhism, 200–201
gender differences and, 152–53
Kornfield and, 79
meditation and, 201–2
- Psychedelic Experience, The*, 66
- Psychotherapy, 228–29
- Pure Land Buddhism
in China, 46, 50
in Japan, 51, 52
in Korea, 51
in Vietnam, 51
- Pygmies, 75
- Race, in Western Buddhism, 192
- Ranji Ambedkar, Bhimrao, 82
- Rational secularism, 204–5
- Rawlison, Andrew, 224
- Rebirth, 122
- Reincarnation
of lama, 45, 132
in Tibetan Buddhism, 44, 45
Trungpa line and, 74
- Religion
Buddhism as, 4–5, 6, 23, 34, 126–28,
194–95
sociology of, 194–99
Western Buddhists background in,
192
- Retreats
families and, 147–49
of groups, 113
for meditation, 14–15, 67, 102–3,
107–8, 120
in new Buddhism, 16
of Toni Packer, 92
at Spirit Rock Center, 166
street, 119
of Surya Das, 92
- Rhodes, Barbara, 147–48
- “Right livelihood” business, 115–17
- Rinzai, 49
- Rinzai sect, 50, 60, 94
samurai and, 53
walking meditation and, 99
- Rituals, 97, 127
- Robinson, Richard, 47
- Rochester Zen Center, 68, 94
gender differences at, 151, 152, 192
Toni Packer and, 83, 84, 86
- Rosaldo, Michelle, 209–10
- Rutter, Peter, 174, 180

- Sahn, Sueng, 69, 94, 136, 215
- Sa Nim, Soen, 69, 169–70, 172, 177
- Sakayamuni. *See* Siddhartha Gautama (the Buddha)
- Sakyas, 44
- Salzberg, Sharon, 78, 80, 112, 150
- Samadhi, 123
- Samantabhadra, 36
- Samayas, 105
- Samurai, 53
- San Francisco Zen Center, 96
 - activism of, 118
 - crisis at, 86–87, 167–68
 - ethics codes of, 179–80
 - families and, 149
 - meditation at, 91–92
 - sexuality and, 165
- Sandoz Corporation, 65
- Sangha, 28
 - the Buddha and, 32
 - demographics of, 191–94
 - in new Buddhism, 190, 200
 - as reason to practice Buddhism, 197–99
- Sangha Trust, 82
- Sangharakshita, Urgyen, 81–82, 115–17, 144
- Satori, 58. *See also* Kensho
- Scripture of Golden Eternity, The* (Ginsberg), 63
- Secrecy, in Vajrayana Buddhism, 104–5
- Self-clinging, freedom from, 213–14
- Self-identity/self-consciousness
 - birth of, 208–11
 - Buddhism and, 203–15, 230
 - ego and, 123
 - in post-modern society, 21–22, 211–13
- Senaue, Alan, 180
- Senzaki, Nyogen, 59–60
- Sesshin, 67, 102–3
- Sex in the Forbidden Zone* (Rutter), 180
- Sex, Power, and Buddha Nature
 - symposium, 180
- Sexuality
 - the Buddha and, 154–56
 - new Buddhism and, 159–62
 - power and, 17
 - practice center crises and, 86–88, 166–71
 - teacher-student relationships and, 130
 - traditional Buddhism and, 156–59
- Shaku, Soyen, 7, 58
- Shakubuku (proselytizing), 9
- Shamatha meditation, 75–76
- Shambhala Meditation Center, 149
- Shambhala Publications, 189
- Shambhala training, 74, 76
- Shasta Abbey monastery, 68
- Shaw, Miranda, 143, 158, 175
- Shikantaza, 53, 101, 125
- Shobogenzo* (Dogen Zenji), 157
- Shrines, 35
- Siddha, 39
- Sitting groups, 114–15
- Sitting meditation, 100
- Snelling, John, 60
- Snyder, Gary, 59, 62, 167
- Social activism, 117–19, 227–28
- Sodnam Gyatsho, 45
- Sogen Hori, C. Victor, 136–37
- Sogyal Rinpoche, 181
- Sojiji Temple, 68
- Soka Gakkai, 9, 196, 227
- Sokoji temple, 70
- Soto Zen sect, 94
 - founding of, 50, 53
 - spread of, to U.S., 67
 - walking meditation and, 99
 - women in, 143
- Sound, as primary sense, 40
- Spirit Rock Meditation Center
 - 1993 conference at, 88, 180
 - ethics codes of, 179–80
 - families and, 149
 - founding of, 78, 80
 - meditation at, 92
 - retreats of, 166
 - teachers at, 110–11, 127, 133

- Spiritual authority, 129–30
- Spiritual materialism, 75, 124
- Sponberg, Alan, 141
- Springwater Center, 83, 84
- S'ramanas, 25, 27
- Sri Lanka, 41, 57, 60, 77, 109
- Stark, Rodney
 - on Buddhism's appeal, 206, 207
 - on conversion, 197
 - on cults, 198
 - on drug use, 202
 - on theism, 195
- Street retreats, 119
- Students. *See* Teachers
- Suffering
 - caused by desire, 154
 - escaping from, 121
- Sufism, 220, 222–23
- Summer-Brown, Judith, 146, 173
- Sung dynasty (China), 49–50
- Survey of Buddhism, A* (Sangharakshita), 82
- Surya Das, 175
 - conference with Dalai Lama, 180
 - retreats of, 92
 - students of, 152
 - on teaching of dzogchen, 109
 - writing of, 189
- Sutra, 34
 - Avatamsaka, 46
 - Lotus, 9, 46, 52
 - Mahayanan, 36, 37–38
 - Platform, 48
 - Prajnaparamita, 37
- Suzuki, Daisetz Teitaro, 58, 71
 - influence of, 7, 59, 62
 - Watts contrasted to, 63–64
- Suzuki Roshi, 17, 67, 69–72, 167
 - on bowing, 98
 - descriptions of, 70
 - meditation and, 71
 - on spiritual materialism, 124
 - writing of, 189
- Sweet Potatoes (community), 89
- Tang dynasty (China), 47–49
 - influence of, 52
- Tantric Buddhism. *See* Vajrayana Buddhism
- Taoism, 220, 222–23
- Tara, 39
- Tart, Charles, 201
- Tarthang Tulku, 72–73, 75
- Tathagata. *See* Siddhartha Gautama (the Buddha)
- Teachers
 - ego and, 132–33
 - governance and, 131–32
 - misconduct and, 132, 166–71, 172–76
 - in new Buddhism, 17–18
 - as nonsectarian group leaders, 115
 - power and, 17, 182, 225
 - qualifications for, 132–37
 - student's relationships to, 17–18, 128–31
 - in Vajrayana Buddhism, 105
 - in Vipassana Buddhism, 110–11
- Tenzin, Osel, 87, 170–71, 172–73
- Tenzin Gyatso (Dalai Lama), 122
 - influence of, 187, 220
 - Kalu Rinpoche and, 73
 - science and, 228
 - on sexuality, 159, 164–65
- Terma, 76
- Thailand, 79
- Theosophical Society, 56, 56–57, 60
- Theravadin Buddhism. *See* Vipassana Buddhism
- Thien sect, 51
- Three Pillars of Zen, The* (Kapleau), 188
- Thurman, Robert A. F., 159
 - on Buddhism and science, 205
 - on self-identity, 215
 - on visualization, 106, 125
 - on Western teachers, 181
- Tibet, 3, 39, 42–46, 219
 - Buddhist sects in, 43–45
 - China and, 8, 42, 43, 72
 - spread of Buddhism from, 72–77
 - see also* Vajrayana Buddhism

- Tibetan Book of the Dead*, 66
- T'ien Tai sect, 46
- Tonglen, 112
- Tricycle: The Buddhist Review*, 163, 187
- Trungpa, Chogyam, 73–74
 - conduct of, 74–75, 161, 170
 - crazy wisdom of, 17, 76, 89
 - death/cremation of, 77
 - meditation and, 75–76, 106–7
 - on self-identity, 214
 - son of, 87
 - on teacher-students relationships, 130
 - West and, 73–76
- Tshogyal, Khadro Yeshe, 43
- Tsongkhapa, 44–45
- Tulkus, 134–35
- Turner, Peter, 189
- Tweed, Thomas, 6, 57, 186, 188
- Twilight speech, 39
- Tworkov, Helen, 187
- United Kingdom. *See* Great Britain
- United States
 - Buddhists in, 19
 - growth of new Buddhism in, 55–90
 - Nhat Hanh and, 88–89, 90
- Universities, in India, 36, 38, 39
- Vairocana, 37
- Vajrayana Buddhism, 8
 - beliefs/practices of, 103–9, 121, 124–25
 - meditation in, 119–20
 - origins of, 38–39
 - precepts of, 39–40
 - psychedelic drugs and, 201
 - retreats and, 120
 - secrecy in, 72
 - sexuality and, 158–59, 160, 170–71
 - teacher-student relationships in, 130
 - women in, 143
- Vancouver, Canada, 73
- Vietnam
 - China's influence on, 50–51
 - Nhat Hanh and, 88–89
- repression in, 219
- Zen in, 69
- Vipassana Buddhism, 16, 41–42, 77–78
 - beliefs/practices of, 8–9, 109–13, 121, 122, 125–26
 - Kornfield and, 78, 79–81
 - meditation in, 120
 - psychedelic drugs and, 201
 - retreats and, 120
 - teacher-student relationships in, 129
 - women in, 42, 142
- Visualization, 40, 106–8, 120
 - dangers of, 124
- Wach, Joachim, 210
- Walking meditation, 99–100, 112–13
- Watts, Alan, 59, 63–64
- Way of Zen, The* (Watts), 64
- Weber, Max, 5
- Weitzman, Mel, 168
- West
 - criticism of Buddhism in, 123–24
 - religious tradition in, 220
 - see also* Buddhism, new
- Western Buddhist Order, 116
- Western Buddhist Teachers Network, 180
- White Lotus Society, 50
- Whitney, Kobai Scott, 166
- Wilber, Ken, 209
- Windhorse Trading, 117
- Wisdom
 - Siddhartha's teachings on, 31–32
 - Trungpa's "crazy," 17, 76, 89
- Women
 - early monastic order of, 28
 - men's practice compared to, 149–54
 - in new Buddhism, 15–16, 139–40, 144–49, 182, 218
 - in traditional Buddhism, 15, 34, 140–43
 - in Vipassana Buddhism, 42, 142
 - in Zen Buddhism, 53
- Women, Men, and Angels* (Subhuti), 144
- Woodstock, N.Y., 73

- World Congress of Religions (1893), 7,
57–58, 60
- Wu, Emperor of Liang, 47
- Yi dynasty, 51
- Zazen, 53, 71, 100
- Zen Buddhism, 7–8, 47, 52–53, 58
“Beat” generation and, 60–64
beliefs/practices of, 93–103, 104, 125
in Japan, 59
meditation in, 120
psychedelic drugs and, 201
retreats and, 120
sexuality and, 156–58
teacher-student relationships in,
129–30
women and, 53, 142
see also Rinzai Zen sect; Soto Zen sect
- Zen Center of Los Angeles, 87, 168–69
- Zen Mind, Beginner’s Mind* (Suzuki), 189
- Zendo, 59
- Zeoli, Alyce, 171