

# CONTENTS

## UNIT 1

### Nursing and the Health Care Environment

---

- 1 Nursing Today, 1  
Anne Griffin Perry, RN, EdD, FAAN
- 2 The Health Care Delivery System, 14  
Patricia A. Stockert, RN, BSN, MS, PhD
- 3 Community-Based Nursing Practice, 31  
Anne Griffin Perry, RN, EdD, FAAN
- 4 Theoretical Foundations of Nursing Practice, 40  
Anne Griffin Perry, RN, EdD, FAAN
- 5 Evidence-Based Practice, 50  
Amy M. Hall, RN, BSN, MS, PhD, CNE

## UNIT 2

### Caring Throughout the Life Span

---

- 6 Health and Wellness, 65  
Patricia A. Stockert, RN, BSN, MS, PhD
- 7 Caring in Nursing Practice, 79  
Anne Griffin Perry, RN, EdD, FAAN
- 8 Caring for the Cancer Survivor, 90  
Kay E. Gaehle, PhD, RN
- 9 Culture and Ethnicity, 101  
Jerrilee LaMar, PhD, RN, CNE
- 10 Caring for Families, 116  
Anne Griffin Perry, RN, EdD, FAAN
- 11 Developmental Theories, 130  
Karen Balakas, PhD, RN, CNE
- 12 Conception Through Adolescence, 139  
Karen Balakas, PhD, RN, CNE
- 13 Young and Middle Adults, 157  
Patsy L. Ruchala, DNSc, RN
- 14 Older Adults, 171  
Karen Korem, RN-BC, MA

## UNIT 3

### Critical Thinking in Nursing Practice

---

- 15 Critical Thinking in Nursing Practice, 192  
Patricia A. Potter, RN, MSN, PhD, FAAN
- 16 Nursing Assessment, 206  
Patricia A. Potter, RN, MSN, PhD, FAAN
- 17 Nursing Diagnosis, 222  
Patricia A. Potter, RN, MSN, PhD, FAAN
- 18 Planning Nursing Care, 236  
Patricia A. Potter, RN, MSN, PhD, FAAN
- 19 Implementing Nursing Care, 253  
Patricia A. Potter, RN, MSN, PhD, FAAN
- 20 Evaluation, 265  
Patricia A. Potter, RN, MSN, PhD, FAAN
- 21 Managing Patient Care, 274  
Patricia A. Stockert, RN, BSN, MS, PhD

## Unit 4

### Professional Standards in Nursing Practice

---

- 22 Ethics and Values, 286  
Margaret Ecker, RN, MS
- 23 Legal Implications in Nursing Practice, 296  
Christine R. Durbin, PhD, JD, RN
- 24 Communication, 309  
Jeri Burger, PhD, RN
- 25 Patient Education, 328  
Amy M. Hall, RN, BSN, MS, PhD, CNE
- 26 Documentation and Informatics, 348  
Frank Lyerla, PhD, RN

## Unit 5

### Foundations for Nursing Practice

---

- 27** Patient Safety, 365  
Marinetta DeMoss, RN, MSN
- 28** Infection Prevention and Control, 398  
Ruth M. Curchoe, RN, MSN, CIC
- 29** Vital Signs, 441  
Susan Jane Fetzer, PhD, RN, MBA
- 30** Health Assessment and Physical Examination, 487  
Rhonda W. Comrie, PhD, RN, CNE, AE-C
- 31** Medication Administration, 565  
Amy M. Hall, RN, BSN, MS, PhD, CNE
- 32** Complementary and Alternative Therapies, 643  
Mary S. Koithan, PhD, RN, CNS-BS

## UNIT 6

### Psychosocial Basis for Nursing Practice

---

- 33** Self-Concept, 658  
Victoria N. Folse, PhD, APN, PMHCNS-BC, LCPC
- 34** Sexuality, 674  
Kathy Lever, MSN, WHNP-C
- 35** Spiritual Health, 691  
Amy M. Hall, RN, BSN, MS, PhD, CNE
- 36** The Experience of Loss, Death, and Grief, 708  
Valerie Yancey, PhD, RN
- 37** Stress and Coping, 731  
Marjorie Baier, PhD, RN

## UNIT 7

### Physiological Basis for Nursing Practice

---

- 38** Activity and Exercise, 746  
Rita Wunderlich, PhD, RN
- 39** Hygiene, 768  
Deborah Marshall, MSN
- 40** Oxygenation, 821  
Paulette M. Archer, RN, EdD
- 41** Fluid, Electrolyte, and Acid-Base Balance, 882  
Linda Felver, PhD, RN
- 42** Sleep, 939  
Patricia A. Stockert, RN, BSN, MS, PhD
- 43** Pain Management, 962  
Linda Cason, MSN, RN-BC, NE-BC, CNRN
- 44** Nutrition, 996  
Patricia A. Stockert, RN, BSN, MS, PhD
- 45** Urinary Elimination, 1042  
Terry L. Wood, PhD, RN, CNE
- 46** Bowel Elimination, 1087  
Lori Klingman, MSN, RN
- 47** Mobility and Immobility, 1127  
Ann B. Tritak, EdD, MA, BSN, RN
- 48** Skin Integrity and Wound Care, 1176  
Janice Colwell, RN, MS, CWOCN, FAAN
- 49** Sensory Alterations, 1233  
Jill Parsons, RN, MSN, PCCN
- 50** Care of Surgical Patients, 1254  
Carrie Sona, RN, MSN, CCRN, ACNS, CCNS

Glossary, 1296