

C O N T E N T S

Preface	V
Acknowledgement	VII
Scientific writers	VIII
Introduction	XI
Take-home messages	XIII
Section I – Setting the scene	1
Chapter I – Defining adherence	3
Chapter II – The magnitude of the problem of poor adherence	7
Chapter III – How does poor adherence affect policy makers and health managers?	11
Section II – Improving adherence rates: guidance for countries	17
Chapter IV – Lessons learned	19
Chapter V – Towards the solution	27
Chapter VI – How can improved adherence be translated into health and economics benefits?	39
Section III – Disease-specific reviews	45
Chapter VII – Asthma	47
Chapter VIII – Cancer (palliative care)	59
Chapter IX – Depression	65
Chapter X – Diabetes	71
Chapter XI – Epilepsy	87
Chapter XII – HIV/AIDS	95
Chapter XIII – Hypertension	107
Chapter XIV – Tobacco smoking cessation	115
Chapter XV – Tuberculosis	123
Annexes	133
Annex I – Behavioural mechanisms explaining adherence	135
Annex II – Statements by stakeholders	151
Annex III – Table of reported factors by condition and dimension	162
Annex IV – Table of reported interventions by condition and dimension	166
Annex V – Global adherence interdisciplinary network (GAIN)	171
Where to find a copy of this book	177
Official designated depositories libraries for WHO publications	179
Reference libraries for WHO publications	183
WHO official sales agents world wide	195
Selected WHO publications of related interest	197
A ready-to-use pamphlet for partners willing to promote this book	199