

Table of Contents

Table of Contents	5
Introduction	13
List of abbreviations	15
1 The influence of human diseases on regional development	17
1.1 WHO (World Health Organization).....	17
1.1.1 The history and the structure of the organisation.....	17
1.1.2 Main tasks of the WHO	18
1.1.3 International Classification of Diseases	19
1.1.4 International Health Regulations	19
1.2 OIE (Office International des Epizooties)	20
1.2.1 The history and the name of the organisation	20
1.2.2 Principles of promotion of the OIE activity.....	20
1.2.3 "One health" concept.....	21
1.2.4 Information dissemination methods	21
1.3 FAO (Food and Agriculture Organization)	23
1.3.1 The history and the name of the organisation	23
1.3.2 The main activity of the FAO.....	23
1.4 EFSA (European Food Safety Authority) and other organisations	24
1.4.1 The history and structure.....	24
1.4.2 The activity of the EFSA.....	25
1.5 RASFF (Rapid Alert System for Food and Feed).....	25
1.5.1 The establishment of the RASFF	25
1.5.2 National Focal Point (Czech Agriculture and Food Inspection Authority).....	26
1.5.3 Alert.....	26
1.5.4 Border rejection	27

1.5.5	Information.....	27
1.5.6	News	27
1.6	CDC (Centers for Disease Control and Prevention)	27
1.7	ECDC (European Centre of Disease Prevention and Control).....	28
1.7.1	The history	28
1.7.2	The main activity of the ECDC	28
1.7.3	The Early Warning and Response System	29
1.8	Codex Alimentarius	29
1.8.1	The history	29
1.8.2	The main activity and structure.....	29
1.9	NIPH (National Institute of Public Health)	30
1.9.1	The history and organisational structure	30
1.9.2	EPIDAT (epidemiology data).....	30
1.10	SVA (State Veterinary Administration)	31
1.10.1	The mission of the SVA.....	31
1.10.2	Organisational structure.....	32
1.11	IHIS (Institute of Health Information and Statistics of the Czech Republic).....	32
1.11.1	The mission of the IHIS	32
1.11.2	Organizational structure and main mission	33
2	Risk factors for the development of disease	35
2.1	Factors important for the development of disease	35
2.2	The spread of disease causative agents through living organisms or vehicles	40
2.2.1	Vector animal (vector).....	41
2.2.2	Reservoir animal (reservoir)	42
2.2.3	Spillover animal	42
2.2.4	Natural focality	43
2.2.5	Points of entry for disease causative agents.....	43

2.2.6	Factors of external environment influencing the causal agents spread..	43
2.3	Housing	44
2.3.1	Housing in economically developed countries	44
2.3.2	Housing in developing countries.....	45
2.4	Providing population with safe (drinking) water.....	47
2.4.1	Well water	47
2.4.2	Rainwater	48
2.4.3	Surface water	50
2.4.4	Spring water transferred from mountains to fountains;	50
2.4.5	Spring water in desert areas.....	52
2.4.6	Tap water	53
2.5	Removing excreta and waste.....	55
2.5.1	Treatment of excreta and waste in the period of early civilizations development.....	57
2.5.2	The emergence of agriculture, treating sewage, spreading zoonoses	58
2.5.3	The area of Moravia and Bohemia: personal and community hygiene ..	63
2.5.4	Early Christianity, Judaism and Islam: relationship to cleanliness.....	65
2.5.5	Middle Ages in European successor states	66
2.5.6	Civilization in America before the arrival of Columbus	69
2.5.7	Modern era and the relationship to personal and community hygiene .	71
2.6	Insufficient health education.....	72
3	Disease categories according to various criteria	75
3.1	Infectious diseases.....	75
3.1.1	Anthroponosis	75
3.1.2	Zoonosis (formerly also often referred to as anthroponosis).....	75
3.1.3	Sapronosis	76
3.2	Non-infectious diseases.....	77

3.3	Ways of transmitting disease causative agents	77
3.3.1	Circulation of disease causative agents in the ecosystem	77
3.3.2	Alimentary diseases (food-borne diseases)	78
3.3.3	Nosocomial infection.....	78
3.4	Classification of diseases progression in population and basic terms.....	80
3.4.1	Classification according to the progression of the diseases in population.....	80
3.4.2	Basic terms.....	81
4	Plague, the most serious human disease	83
4.1	The disease causative agent and disease progression	83
4.1.1	Infection and the development of the disease in reservoir animals	83
4.1.2	Transmission of the disease to humans	84
4.1.3	Development of the disease in humans and its forms.....	84
4.2	The occurrence of plague in the present.....	86
4.2.1	WHO data	86
4.2.2	There is a wide variety of risks of infection.....	86
4.3	Prevention.....	87
4.3.1	Prevention of alimentary infection	88
4.3.2	Prevention of the overpopulation of reservoir animals, "plague patrols".....	88
4.3.3	Vaccination	89
4.4	The history	90
4.4.1	The first plague pandemic "Plague of Justinian" (541-750).....	90
4.4.2	Second plague pandemic "black death" (1347-1725).....	91
4.4.3	Third plague epidemic (1855–1948).....	95
5	Other significant bacterial diseases of humans limiting the development	96
5.1	Syphilis.....	96
5.1.1	Other names of the disease.....	96
5.1.2	The causative agent.....	96

5.1.3	Infection and development of the disease	97
5.1.4	Treatment and prevention.....	98
5.1.5	The history.....	98
5.1.6	Current occurrence	100
5.2	Cholera.....	100
5.2.1	The disease causative agent and its transmission	100
5.2.2	Infection and the development of the disease.....	101
5.2.3	Therapy and prevention.....	101
5.2.4	The history and the present.....	102
5.3	Typhus.....	103
5.3.1	Typhus (spotted fever).....	104
5.3.2	Typhoid fever	105
5.3.3	Paratyphoid fever and non-typhus salmonella infections.....	107
5.3.4	Dysentery	108
5.4	Leprosy, tuberculosis in people and animals	108
5.4.1	Leprosy	109
5.4.2	Human tuberculosis	112
5.4.3	Tuberculosis of cattle (bovine tuberculosis).....	115
5.4.4	Avian tuberculosis	119
5.4.5	Tuberculosis (mycobacteriosis) in fish and infection of humans.....	121
6	Serious viral epidemics in developing countries	124
6.1	Viral diseases in humans (anthroponoses).....	125
6.1.1	Smallpox.....	125
6.1.2	Pandemic <i>HIV/AIDS</i>	128
6.1.3	Poliomyelitis	131
6.2	Viral diseases in humans (zoonoses)	135
6.2.1	Yellow fever.....	135

6.2.2	Marburg fever and Ebola.....	139
6.2.3	SARS	141
6.2.4	Rabies.....	142
6.2.5	Influenza	147
6.3	Serious viral epidemics.....	153
6.3.1	Cattle plague (rinderpest).....	153
6.3.2	Foot and mouth disease (FMD)	155
6.3.3	African swine plague	156
6.3.4	Classical swine fever	158
6.3.5	Avian influenza (avian flu, bird flu or fowl pest)	159
6.4	Mycoplasma diseases in humans and animals	160
6.4.1	Mycoplasma diseases in humans	161
6.4.2	Lung Plague or <i>Contagious Bovine Pleuropneumonia</i> (CBPP)	162
7	Serious zoonoses of bacterial origin	164
7.1	Glanders (maleus)	164
7.2	Malta fever (Malta brucellosis or undulant fever).....	165
7.3	Brucellosis of cattle	167
7.4	Q fever.....	169
8	Mycoses as sapronoses, zoonoses and anthroponoses	171
8.1	Sources and routes of transmission.....	171
8.1.1	Geophilous mycoses	171
8.1.2	Zoophilous mycoses	171
8.1.3	Anthropophilous mycoses	172
8.1.4	Mycotoxicooses	172
8.2	Clinical manifestations of infection (mycoses)	173
8.3	Treatment and prevention.....	174
9	Globally significant parasitic infections of humans	176

9.1	Single-cell parasites (protozoa)	176
9.1.1	Malaria	176
9.1.2	Sleeping sickness and Chagas disease	178
9.1.3	Leishmania	181
9.1.4	Cryptosporidia.....	182
9.2	Parasitic worms (helminths).....	184
9.2.1	Filariasis.....	185
9.2.2	Schistosomiasis	187
9.2.3	Tapeworms.....	188
9.2.4	Trichinellosis (<i>Trichinella spiralis</i> , 1833)	192
9.2.5	Roundworms and other geohelminths	194
9.3	Parasitic arthropods	198
9.3.1	Scabies, ticks and soft ticks	198
9.3.2	Fleas, lice, bedbugs and harvest mites	199
10	Travel medicine or how to protect our health	200
10.1	Education, awareness and prevention of sexually transmitted diseases	200
10.2	Vaccination (yellow fever etc.)	201
10.3	Preventive administration of medicine (antimalarial drugs etc.)	201
10.4	Disinfectants (for drinking water etc.).....	201
10.5	Antisera against snake bites etc.	201
10.6	Risks of alimentary infection	203
10.7	Local traditional undercooked food	206
10.8	Risk of aerogenic infection	206
10.9	Newly emerging infections of animals impacting regional development.....	207
10.10	Don't panic.....	208
11	Conclusion	209
12	References	211