## Contents

Acl	knowledgements	vii
Pre	Preface	
Introduction		ix
1	Herbal Medicine: Folk Remedies to Modern Science	1
2	Marijuana: Not a Cure, But a Way to Reduce Symptoms	11
3	Why All the Controversy? What Does the Research Actually Show?	19
4	Nausea and Cancer Chemotherapy	41
5	AIDS and HIV	57
6	Glaucoma	72
7	Multiple Sclerosis	84
8	Paraplegia and Quadriplegia	99
9	Epilepsy	112
10	Pain Management	122
11	Migraine Headaches	132
12	Arthritis	138