INVESTING IN OUR FUTURE

TABLE OF CONTENTS

Acknowledgements	4
Dedication	5
Foreword	6
Introduction	13
Child rights and HIV/AIDS	16
HIV/AIDS and children in Africa	18
HIV/AIDS and children: Zimbabwe	21
Rural life and HIV/AIDS: United Republic of Tanzania	25
"Everyone's child": Educating the community on the child's needs	
Educating teachers – HUMULIZA, United Republic of Tanzania	29
Educating peers – FOST, Zimbabwe	
Learning life skills through adventure –	
the Salvation Army's Masiye Camp and YOCIC	34
Involving youth in solutions - HUMULIZA and VSI	39
Helping parents to disclose their HIV status	43
Overcoming traditional taboos	
Telling the child	44
Reading Musa's Story	45
Helping parents talk to their children about death and dying	48
Fighting the conspiracy of silence	
Saying good-bye	
Making a Memory Book	50
Counselling in various situations	53
Family counselling through home-based care – Island Hospice	53
Counselling for groups of orphans - HUMULIZA	56
Networking for effective responses / ANNEA	
Lessons learned about psychosocial support	
Listen!	
Ensure the child's rights	63
Acknowledge children's changing roles	
Create an enabling environment	
Allow kids to be kids	64
Involve youth in solutions	65
Communicate with children about HIV/AIDS	65
Talk about death and dying	
Educate and counsel children individually, in families and in groups	
Final tips	
Further Reading	
Appendix A: The UN Convention on the Rights of the Child / Summary	72
Appendix B: Organizational resources and contacts	