

Table of Contents

| | |
|--|------------|
| Preface | x |
| Executive summary | 2 |
| Aims and target audience | 9 |
| | |
| 1. Introduction | 15 |
| | |
| 2. Planning and budgeting for mental health services: from situation analysis to implementation | 16 |
| Step A. Situation analysis | 18 |
| Step B. Needs assessment | 32 |
| Step C. Target-setting | 65 |
| Step D. Implementation | 76 |
| | |
| 3. Recommendations and conclusions | 90 |
| | |
| 4. Barriers and solutions | 91 |
| | |
| Annex 1. Additional notes for selected planning steps | 93 |
| Annex 2. Country example | 96 |
| | |
| Definitions | 101 |
| References | 103 |