Contents

L	ist of Figures	vii
Li	ist of Tables	i
A	cknowledgements	
Se	ries Editor Preface	xi
Pr	reface	
1	Introduction: A Consuming Issue	X
2	Sustainable Consumption: A Mainstream Agenda	27
3	Sustainable Consumption and the New Economics	45
4	Grassroots Innovations for Sustainable Consumption	63
5	Sustainable Food: Growing Carrots and Community	83
6	Sustainable Housing: Building a Greener Future	112
7	Sustainable Currencies: Green Money from the Grassroots	140
8	Conclusions: Seedbeds for Sustainable Consumption	168
Ref	Ferences	190
index		209