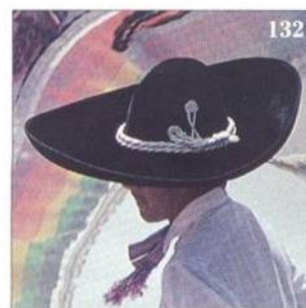
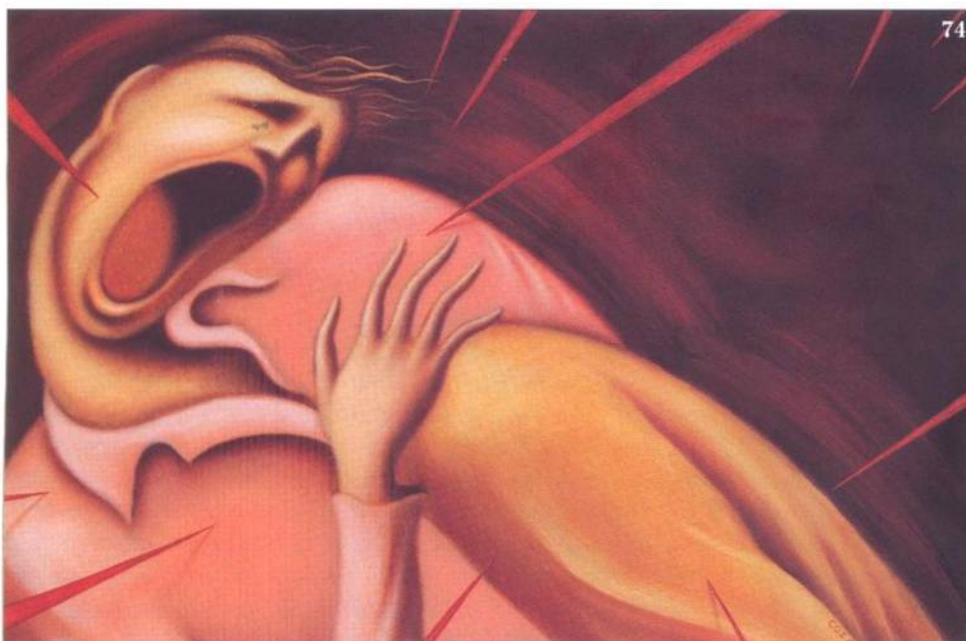


# CONTENTS



## FEATURES

- 6 Children of Chernobyl: Their Pictures Tell the Story
- 18 Chernobyl: Ten Years After the Catastrophe
- 42 Hold the Mayo! American Attitudes About Food
- 50 Pass the Pâté: Examining the French Diet
- 64 An American (Chef) in Paris
- 74 Unlocking Pain's Secrets
- 84 •Migraine: Relief at Last
- 92 •Big Pain in Small Persons
- 96 Treating Pain: Nurses at the Forefront
- 104 Lights, Camera, Suction! Medicine on TV
- 117 •As the Hospital Turns

- 118 Culture, Class, and Health
- 132 Spotlight: Latino Health
- 142 Mental Health: Cultural Contexts
- 150 A Journal of the Plague Year
- 160 Plague!
- 192 Saying Farewell to a Friend
- 202 Progress Report: Breast Cancer's Genetic Origins
- 217 •Making the Most of Mammography
- 218 •Optimism on the Breast Cancer Front
- 222 Coping with Breast Cancer: A Message for Men
- 232 Reflections on Four Decades in Pediatrics
- 246 World Health Data

## WORLD OF MEDICINE

### Introduction

- 258 The Changing World of Medicine and Health
- 260 NewsCap
  - Americans: Feeling Pretty Healthy
- 262 NewsCap
  - America's Deadliest Epidemic

### Aging

- 263 Rejuvenation Through Exercise

### AIDS

- 268 AIDS Update
- 272 NewsCap
  - MTV Makes Health Hip
- 273 Report from France

### Cardiovascular Health

- 278 Cardiovascular Health Update
- 283 NewsCaps
  - To Your Health?
  - New Culprit in Cardiovascular Disease
  - Fishy Findings

### Communications

- 284 Medical Informatics
- 286 NewsCaps
  - Cyberspace Addicts
  - Predicting Sneezes

## Diet and Nutrition

- 289 Vegetables: Rating the Healthiest
- 291 NewsCap
  - No Percentage in 30%?
- 294 Coffee: Filtering Out the Facts
- 299 A Future for Irradiated Food?
- 302 NewsCap
  - Informed Cookie Consumers

## Disabilities

- 304 It's a Dog's Job
- 310 Injury-Prevention Messages: View from the Other Side
- 312 NewsCap
  - Miss America

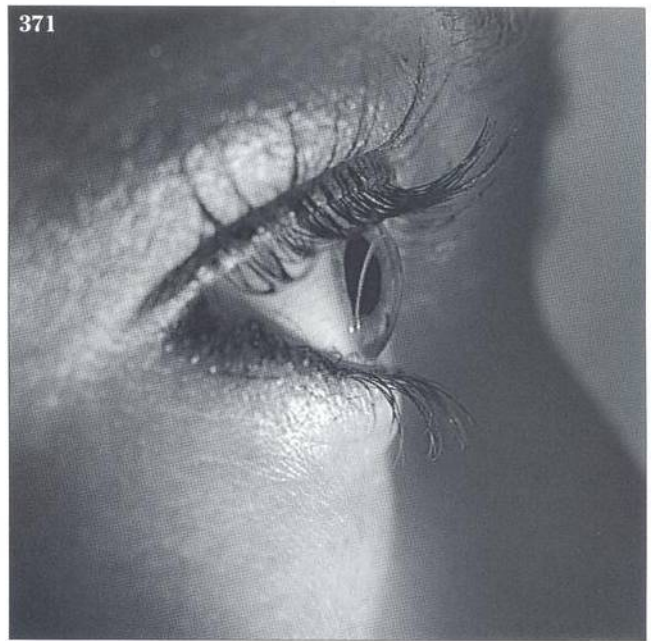
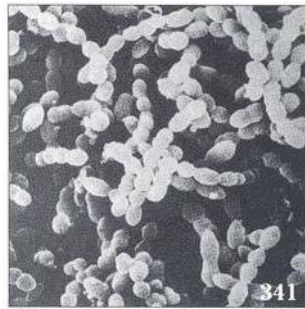
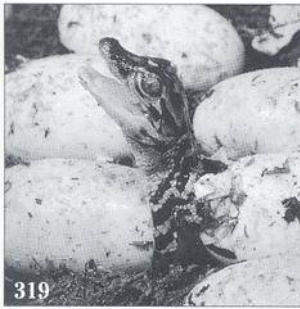
## Eating Disorders

- 313 Eating Disorders Update
- 318 NewsCap
  - Metabolism: Myths Debunked

## Environmental Health

- 319 Hormones, Hormones Everywhere
- 321 NewsCap
  - Chicago Heat
- 323 Service and Sickness: Persian Gulf Puzzle
- 325 NewsCap
  - Dirty Air
- 328 NewsCap
  - Not a Drop to Drink





### Epidemiology

- 329** Medical Sleuths in Kathmandu  
**332** NewsCap  
 •A Deadly Relative of Measles Down Under

### Genetics

- 333** NewsCaps  
 •Of (Fat) Mice and Men  
 •Still More Alzheimer's Genes  
**334** NewsCaps  
 •Giant Steps: Genetics and Dwarfism  
 •A Gene Linked to Bed-Wetting

### Health Policy

- 335** U.S. Health Reform: Dead but Not Buried  
**337** NewsCap  
 •Doctors in the House—and Senate

### Infectious Disease

- 341** Strep: Growing Deadlier?  
**342** NewsCap  
 •TB Aloft

### Medical Ethics

- 345** Aid-in-Dying: Society's Dilemma  
**348** Managed Care: Raising New Issues

### Medical History

- 352** Commemorating the Country Doctor

- 356** NewsCap  
 •A Tribute to the Father of Vaccines

### Medical Literature

- 357** Bedside Reading: An Opus from Oxford  
**358** NewsCap  
 •Contemplating AIDS

### Men's Health

- 360** Focus on Prostate Cancer  
**363** NewsCap  
 •Their Bodies, Their Ignorance

### Mental Health and Illness

- 366** Hypnosis: Treatment in a Trance  
**369** NewsCap  
 •Mental Illness: A Global Problem

### Ocular Health

- 371** Contemporary Contacts  
**374** NewsCap  
 •Shortsighted

### Oral Health

- 375** Technology for Teeth  
**379** Oral Health 2000: An American Initiative

### Orthopedics

- 382** New Outlook on Back Pain  
**384** NewsCap  
 •A Close Look at Pain in the Neck

### Pediatrics

- 387** Fundamentals of Feeding Infants  
**390** NewsCap  
 •Baby Diets: The Fat Question  
**391** Children's Care Comes Home  
**395** NewsCap  
 •Kids' Wisdom on Diet and Exercise  
**397** Immunization Update

### Pharmaceuticals

- 398** What's in a Name?  
**400** NewsCap  
 •Regulating Drugs in Europe  
**404** Targeted Cancer Treatment  
**405** NewsCap  
 •Sickle-Cell Breakthrough  
**409** New Drugs Approved by the Food and Drug Administration, January 1994–July 1995

### Smoking

- 413** NewsCaps  
 •Secondhand Smoke: Impact on Infants  
 •Tobacco Industry on Trial: Who Knew What When?

### Women's Health

- 414** Women's Health Update

### 417 NewsCaps

- Experts Convene on Ovarian Cancer
  - Mediterranean Diet: Four Stars?
  - More than a Fashion Statement
- 420** Birth and the Blues

### World Health

- 426** Thinking Globally  
**431** NewsCap  
 •Good-bye Guinea Worm  
**432** Gaza Strip: Health Care Challenges  
**436** NewsCap  
 •Polio Conqueror Dies  
**437** Aid for Rwandans: Report from Goma  
**443** NewsCap  
 •James Grant: Every Child's Best Friend  
**444** Contributors to the World of Medicine

### 446 GLOSSARY

### FROM THE PAGES OF THE 1995 ENCYCLOPEDIA BRITANNICA

- 456** Diagnosis and Therapeutics

### 481 Index