

Unit	Vocabulary	Grammar	Listening, speaking and vocabulary	Vocabulary and grammar	Reading	Writing
<b>1</b> The way we are p4	The art of beauty	Appearance and survival	First impressions	British fashion	The maths of beauty	An informal email
<b>Progress check p11</b>						
<b>2</b> Travellers' tales p12	The power of tourism	Memorable journeys	One journey, different travellers	America on the move	Unforgettable getaways	A story
<b>Progress check p19</b>						
<b>3</b> Feeling good p20	Happiness	Healthy bodies, healthy minds?	Be a good sport!	Fat America	Cyberchondria	A personal letter
<b>Progress check p27</b>						
<b>4</b> A right to fight p28	Disappearing worlds	Action!	Making our voices heard	Make a difference	Global thoughts Only room for one?	An opinion essay
<b>Progress check p35</b>						
<b>5</b> Rights and wrongs p36	Teenage gangs	Natural born liars	Sorry is the hardest word	Young people's rights	Prison! Me! No way!	A letter to a newspaper
<b>Progress check p43</b>						
<b>6</b> Paying the price p44	Word on the street	Fair trade	How to spend it?	Traditional festivals	False friends – marketing enemies	A formal letter of complaint
<b>Progress check p51</b>						
<b>7</b> The senses p52	Taste	Beyond human senses	Don't shout, I can see!	A walk in the woods	An amazing mind-reader?	A report on survey findings
<b>Progress check p59</b>						
<b>8</b> Decisions p60	Think differently	If they hadn't ...	Important decisions	Do the right thing	The name game	A covering letter
<b>Progress check p67</b>						
<b>9</b> Digital humans p68	A day in the life	Friendships now and then	Can't live without ...	iPeople	A hackers story: life without the internet	A for and against essay
<b>Progress check p75</b>						
<b>10</b> Creativity p76	Art is everywhere	Around the world in one dance	What's the point of art?	On stage	Street art	A review of an event
<b>Progress check p83</b>						
<b>Literature insight p84</b>						
<b>Exam insight p94</b>						
<b>Grammar reference and practice p104</b>						
<b>Pronunciation insight p124</b>						
<b>Wordlist p129</b>						