

# Contents

## Encyclopedia

A to Z entries .....	7
----------------------	---

## Appendix I

Charts of Related Symptoms .....	941
----------------------------------	-----

## Appendix II

Pictorial Index of Symptoms .....	948
-----------------------------------	-----

## Appendix III

Age-by-age Charts .....	964
-------------------------	-----

## Appendix IV

Health Maintenance: Nutrition and Exercise .....	1019
--	------

## Appendix V

Growing Older .....	1042
---------------------	------

## Index

.....	1051
-------	------