

**CONTENTS****CONTENTS****1 OVERVIEW**

1.1	Preface	8
1.2	Acknowledgements	8
1.3	Role of Mechanics of Materials, Solid Mechanics and Strength of Materials in Design	8

**2 LOADING**

2.1	Force	20
	Example 2.1	20
2.2	Gravitation	22
2.3	Loading	23
	Example 2.2	25
	Example 2.3	27

**3 TENSION AND COMPRESSION**

3.1	Introduction	29
3.2	Direct or Normal Stress ( $\sigma$ )	30
3.3	Direct or Normal Strain ( $\varepsilon$ )	30
3.4	Sign Convention for Direct Stress and Strain	31
3.5	Saint-Venant's Principle	31
3.6	Elastic materials - Hooke's Law for Direct Stress and Strain	33
3.7	Modulus of Elasticity - Young's Modulus ( $E$ ) for Direct Stress and Strain	35
3.8	Tensile Test	37
3.9	Ductile Materials	40
3.10	Brittle Materials	41
3.11	Hyper-Elastic Materials (Elastomers) and Cellular Materials	41
3.12	Normal Forces (N.F.) ( $N$ )	42
3.13	Reactions	43
	Example 3.1	43
3.14	Stress, Strain and Elongation in Pure Tension or Compression	44
3.15	Temperature Stresses, Strains and Elongations	46
3.16	Gravity Load in Axial Direction	48
	Example 3.2	48
3.17	Poisson's Ratio ( $\mu$ )	50
3.18	Application of Poisson's Ratio to a Two-Dimensional Stress System	52
3.19	Volume Change	53
3.20	Strain Energy	53

3.21	Allowable Working Stress ( $\sigma_{ALLOWABLE}$ ) - Factor of Safety	55
3.22	Stress Concentrations	57
3.23	Stress-Concentration Factors ( $\alpha_\sigma$ ) in Pure Tension or Compression	58
	Example 3.3	59
	Example 3.4	60
	Example 3.5	62
3.24	Trusses	63
3.25	Ideal Plane Trusses	65
	Example 3.6	66
3.26	Castigliano's Theorem in Pure Tension or Compression	68
	Example 3.7	69
3.27	Theory of 1 <sup>st</sup> and 2 <sup>nd</sup> Order for Small Deformations	70
3.28	Examples	72
	Example 3.8	72
	Example 3.9	75
	Example 3.10	78
	Example 3.11	80
	Example 3.12	82
	Example 3.13	85
	Example 3.14	87
	Example 3.15	90
	Example 3.16	91
	Example 3.17	94
	Example 3.18	96
	Example 3.19	98
4	<b>SHEAR</b>	100
4.1	Introduction	100
4.2	Shear Stress ( $\tau$ )	100
4.3	Shear Strain ( $\gamma$ )	101
4.4	Modulus of Rigidity - Shear Modulus ( $G$ ) - Hooke's Law	101
4.5	Allowable Working Stress ( $\tau_{ALLOWABLE}$ ) - Factor of Safety	102
4.6	Examples	103
	Example 4.1	103
5	<b>SHEARING FORCE, BENDING MOMENT DIAGRAMS</b>	105
5.1	Introduction and Summary	105
5.2	Beams	106
5.3	Supports	109
5.4	Reactions	111
	Example 5.1	111

Example 5.2	112
Example 5.3	112
Example 5.4	113
5.5 Shearing Force (S.F., $T$ ) and Bending Moment (B.M., $M_o$ )	113
5.6 (S.F.) Sign Convention	115
5.7 (B.M.) Sign Convention	115
5.8 (S.F.) and (B.M.) Diagrams	116
5.9 (S.F.) and (B.M.) Diagrams for Cantilever Beams	116
Example 5.5	116
Example 5.6	117
5.10 (S.F.) and (B.M.) Diagrams for Simple Supported Beams	119
Example 5.7	119
Example 5.8	121
Example 5.9	122
5.11 Relationship between (S.F.), (B.M.) and Intensities $q$ and $m$	123
5.12 Gerber-Girder (Continuous Beam Divided by Pin-Joints)	126
5.13 Examples	127
Example 5.10	127
Example 5.11	132
Example 5.12	132
Example 5.13	133
Example 5.14	134
Example 5.15	135
Example 5.16	135
Example 5.17	137
Example 5.18	139
Example 5.19	139
Example 5.20	140
<b>6 SIMPLE BENDING OF STRAIGHT BEAMS</b>	<b>141</b>
6.1 Introduction and Summary	141
6.2 Bending	151
6.3 Centroid and First Moment of Plane Area	151
Example 6.1	153
6.4 Simple Bending (Euler-Bernoulli) Theory	154
6.5 Neutral Axis (N.A.)	157
6.6 Maximal Stress, Section Modulus ( $W_o$ ) and Allowable Working Stress	159
6.7 Second Moments ( $J_z$ ) and Product Moments ( $J_{yz}$ ) of Areas	160
Example 6.2	161
Example 6.3	162
Example 6.4	163

Example 6.5	163
6.8 Parallel Axis Theorem	164
Example 6.6	165
6.9 Principal Second Moments of Areas	167
Example 6.7	170
6.10 Strain Energy in Simple Bending	173
6.11 Stress-Concentrations in Bending	174
6.12 Stress-Concentration Factors ( $\alpha_o$ ) in Bending	174
Example 6.8	176
6.13 Examples	178
Example 6.9	172
Example 6.10	179
<b>7 SLOPE AND DEFLECTION OF STRAIGHT BEAMS</b>	<b>181</b>
7.1 Introduction and Summary	181
7.2 Deflection ( $v$ ), Slope ( $\phi$ ) and Allowable Working Deflection ( $v_{ALLOWABLE}$ )	183
7.3 Relationship between Slope, Deflection and Curvature of Beams	183
7.4 Differential Equations for Deflection of Beams	185
7.5 Direct integration Method	187
Example 7.1	189
Example 7.2	191
Example 7.3	194
Example 7.4	195
7.6 Direct Integration Method Applied for Statically Indeterminate Beams	199
Example 7.5	200
7.7 Principle of Superposition	203
Example 7.6	204
7.8 Maxwell's Theorems of Reciprocal Displacements	205
Example 7.7	208
7.9 Energy methods	209
7.10 Castigiano's Theorems	210
7.11 Castigiano's First Theorem for Deflection of Beams	210
Example 7.8	214
7.12 Castigiano's Second Theorem for Slope of Beams	215
Example 7.9	215
7.13 Use of Fictitious Force and Fictitious Moment in the Castigiano's Theorems	216
Example 7.10	217
7.14 Castigiano's Theorems Applied for Statically Indeterminate Beams	219
Example 7.11	219
Example 7.12	221
7.15 Examples	223
Example 7.13	223

Example 7.14	224
Example 7.15	225
Example 7.16	226
<b>8 TORSION OF CIRCULAR SHAFTS</b>	<b>229</b>
8.1 Introduction and Summary	229
8.2 Torsion Test	231
8.3 Simple Torsion Theory	235
8.4 Twisting angle ( $\phi$ )	235
8.5 Shear stresses ( $\tau$ )	237
8.6 Polar Second Moment of Area ( $J_k$ )	238
8.7 Shear Stress and Shear Strain in Circular Shafts	239
8.8 Polar Section Modulus ( $W_k$ )	240
8.9 Relative Angle of Twist and Torsional Rigidity	241
8.10 Strain Energy in Torsion	241
8.11 Allowable Working Stress ( $\tau_{ALLOWABLE}$ ), Allowable Working Angle of Twist ( $\phi_{ALLOWABLE}$ ) and Factor of Safety	242
8.12 Torsion of Hollow Shafts	242
Example 8.1	243
8.13 Composite Shafts - Series Connection	244
Example 8.2	244
8.14 Composite Shafts - Parallel Connection	245
Example 8.3	245
8.15 Castigliano's Theorem for Angle of Twist in Torsion	246
Example 8.4	246
<b>9 APPENDIX</b>	<b>249</b>
9.1 Solution of the Supported Beam via FEM Software ANSYS	249
9.2 Printout of the Programme (for ANSYS Software)	250
9.3 Calculation of Maximal Bending Stress (Probabilistic Assessment) via AntHill Software	251
9.4 Printout of the Programme (for AntHill Software)	254
9.5 English Czech Dictionary (Basic Words Used in this Book)	256
<b>REFERENCES</b>	<b>260</b>