

CONTENTS

Introduction.....	1
1. Fruits.....	7
2. Palms.....	243
3. Tubers.....	258
4. Spices and Herbs.....	275
Glossary.....	315
Bibliography.....	319
Acknowledgments.....	323
Kickstarter Donors.....	325
Photo Credits.....	327
Index.....	329
About the Author.....	339