Contents

1.	Introduction	1
2.	Important concepts and definitions 2.1 The workplace 2.2 Health promotion 2.3 Health protection 2.4 Alcohol and drug abuse 2.5 Alcohol and drug dependence 2.6 Alcohol- and drug-related problems 2.7 Alcohol- and drug-related initiatives in the workplace 2.8 National programmes 2.9 International programmes	1 1 2 3 3 3 3 3 4 4
3.	Alcohol and drug problems in the workplace 3.1 Nature and extent of the problems 3.2 Contributing factors	5 5 5
4.	Health promotion initiatives relevant to alcohol- and drug-related problems in the workplace 4.1 Historical and cross-cultural review 4.2 Nature of health promotion initiatives 4.3 Development and implementation 4.4 The regulatory context 4.5 Drug screening and testing	6 6 10 11 14 15
5.	Evaluation	17
6.	Multicultural situations 6.1 Multinational operations 6.2 Migrant and seasonal workers	18 18 18
7.	Problems of developing countries	19
8.	Gaps in knowledge and experience	20
9.	Conclusions and recommendations	22
Α	cknowledgements	24
R	deferences	25
_	nnex Ottawa Charter for Health Promotion	30