

Table of contents

1. Introduction and rationale	
<i>Bruce Dick, Jane Ferguson, & David A. Ross</i>	1
1.1 Background	1
1.2 Young people, HIV/AIDS and the global goals	2
1.3 Priorities for action	4
1.4 Objectives and limitations	5
1.5 Process and methodology	7
1.6 Scope and limitations of the data	9
1.7 Challenges in interpreting the findings and follow up	10
2. Young people: the centre of the HIV epidemic	
<i>Roeland Monasch & Mary Mahy</i>	15
2.1 Introduction	16
2.2 Data and methods	17
2.3 Types of epidemics	17
2.4 Progress towards UNGASS commitments	24
2.5 Limitations of the data	34
2.6 Conclusions	35
3. Overview of effective and promising interventions to prevent HIV infection	
<i>Judith D. Auerbach, Richard J. Hayes, & Sonia M. Kandathil</i>	43
3.1 Introduction	43
3.2 Interventions to change behaviour	44
3.3 Biomedical interventions: evaluating technologies	51
3.4 Social interventions	58
3.5 Behavioural and social issues in developing and implementing interventions	61
3.6 Conclusion	63
4. The weight of evidence: a method for assessing the strength of evidence on the effectiveness of HIV prevention interventions among young people	
<i>David A. Ross, Danny Wight, Gary Dowsett, Anne Buvé, & Angela I.N. Obasi</i>	79
4.1 Introduction	80
4.2 Types of interventions and evidence on effectiveness	81
4.3 Thresholds for strength of evidence needed for widespread implementation	84
4.4 What information do policy-makers need?	88
4.5 Assessing the quality of an intervention	91
4.6 Types of evidence and their relative weight	92
4.7 Conclusion	98

5. The effectiveness of sex education and HIV education interventions in schools in developing countries	103
<i>Douglas Kirby, Angela Obasi, & B.A. Laris</i>	
5.1 Introduction and background	104
5.2 Methods	111
5.3 Findings	117
5.4 Discussion and recommendations	142
6. Review of the evidence for interventions to increase young people's use of health services in developing countries	
<i>Bruce Dick, Jane Ferguson, Venkatraman Chandra-Mouli, Loretta Brabin, Subidita Chatterjee, & David A. Ross</i>	151
6.1 Introduction	152
6.2 Methods	153
6.3 Findings	158
6.4 Discussion	191
6.5 Conclusions	199
7. The effectiveness of mass media in changing HIV/AIDS-related behaviour among young people in developing countries	
<i>Jane T. Bertrand & Rebecca Anhang</i>	205
7.1 Introduction	206
7.2 Methods	207
7.3 Findings	226
7.4 Discussion	236
8. The effectiveness of community interventions targeting HIV and AIDS prevention at young people in developing countries	
<i>Eleanor Maticka-Tyndale & Chris Brouillard-Coyle</i>	243
8.1 Introduction	244
8.2 Methods	244
8.3 Findings	247
8.4 Go, ready, steady, do not go	276
8.5 Conclusions	281
9. Achieving the global goals on HIV among young people most at risk in developing countries: young sex workers, injecting drug users and men who have sex with men	
<i>Oliver Hoffmann, Tania Boler, & Bruce Dick</i>	287
9.1 Introduction	288
9.2 Methods	289
9.3 Findings	293
9.4 Discussion	306

10. Conclusions and recommendations	317
<i>Jane Ferguson, Bruce Dick, & David A. Ross</i>	
10.1 Introduction	317
10.2 The road to "Steady, Ready, Go"	319
10.3 Results	322
10.4 Discussion	328
10.5 Recommendations	335
Glossary	343
Acknowledgements	347