

Contents

Acknowledgements	vii
List of tables, figures and boxes	ix
List of abbreviations	xv
Executive summary	xix
Chapter 1 Introduction	1
1.1 The social determinants of health	1
1.2 Methodology and structure	5
1.3 Definitions of the main indicators used in the report	7
Chapter 2 Summary measures of health	9
2.1 Life expectancy and infant deaths	10
2.2 Self-reported health	18
2.3 Premature deaths and disability	20
Chapter 3 Chronic diseases	27
3.1 Trends in heart disease and stroke (cardiovascular diseases)	29
3.2 Trends in cancer	31
3.3 Trends in diabetes	38
3.4 Trends in respiratory diseases	40
3.5 Trends in chronic liver disease and cirrhosis	43
Chapter 4 Mental health	45
4.1 Trends in mental health problems	45

Chapter 5	Communicable diseases	51
5.1	Trends in sexually transmitted infections	52
5.2	Trends in tuberculosis	57
5.3	Trends in pneumonia and influenza	59
Chapter 6	Injuries and accidents	63
6.1	Trends in road traffic accidents	66
6.2	Trends in domestic accidents	71
Chapter 7	Preventable risk factors	75
7.1	Tobacco smoking trends	76
7.2	Alcohol consumption trends	81
7.3	Diet, overweight and obesity trends	85
7.4	Illicit drug consumption trends	91
Chapter 8	Socioeconomic inequalities in health and health care	99
8.1	Trends in socioeconomic inequalities in health	100
8.2	Inequalities in access to health care services	123
Chapter 9	Conclusions	135
	References	137