

Contents

Case History – examination on admission	15
Basic Information	15
FH – Family History	15
SH – Social History	15
PA – Pharmacological Anamnesis	16
AA – Allergic Anamnesis	16
GA – Gynaecological Anamnesis	16
PH – Personal History	16
CD – Current Disease	17
Entrance examination – Case 1	18
Entrance examination – Case 2	19
Entrance examination – Case 3	21
Overview of main symptoms of important internal diseases	22
Symptoms of bronchopulmonary diseases	23
Cough	23
Breathlessness	23
Haemoptysis	24
Chest pain	25
Symptoms of diseases of the circulatory system	25
Pain	25
Chest pain	26
Palpitations	27
Breathlessness	27
Paroxysmal breathlessness	27
Cyanosis	28
Oedema	28
Syncope	28
Haemoptysis	29
Abdominal pain	30

Symptoms of the gastrointestinal diseases	30
Abdominal pain	30
Dyspepsia	32
Dysphagia	33
Pyrosis	33
Vomiting	33
Constipation and diarrhoea	34
Bleeding into GIT	34
Melena, enterorrhagia	34
Haematemesis	34
Symptoms of urinary tract diseases	35
Symptoms of diseases of extremities	36
Vessels of extremities	36
Arteries	36
Acute pain	36
Veins	37
Pain	37
Oedema	37
Lymphatic vessels	37
Joints	38
General examination	38
Mental state of the patient	38
Quantitative disorders	39
Qualitative disorders	39
Emotional instability	40
Development and growth, state of nutrition	40
Gigantism	40
Eunuchoid growth	41
Dwarfism	41
The state of nutrition	41
Obesity	42
Cachexia	43
Position, movements, speech and voice	43
Position	43
Passive position	44

Posture and walk	44
Abnormal movements	45
Speech	46
Voice	47
Skin examination	47
Colour	47
Pale	47
Red	48
Bluish	48
Yellow	49
Brown	49
Grey-brown	49
Albinism	49
Moisture	50
Temperature	50
Skin efflorescence	50
Trophic skin changes	53
Skin turgor	54
Oedemas	54
Hair	56
Nails	56
Body temperature examination	57
Examination of the head	58
Inspection	58
Movement	58
Palpation	59
Percussion	59
Hair cover	59
Face	60
Innervation of the cranial nerves	61
Eyes and surroundings	62
Eyebrows	62
Eyelids	62
Eye slits	63
Eyeballs	63

Conjunctivae	63
Sclerae	64
Pupils	64
Cornea	64
Nose	64
Lips	65
Oral cavity	65
Mucous membrane	66
Tongue	66
Gums	67
Teeth	67
Soft palate, arches, uvula	68
Tonsils	68
Ears	68
Examination of the neck	69
Inspection	69
Palpation	70
Auscultation	71
Examination of the thorax	72
Orientation on the thorax	72
Inspection	72
Breathing	73
Palpation	74
Percussion	74
Auscultation	75
Pectoral voice (bronchophony)	76
The most common physical findings	
in case by airway disorders	76
Acute bronchitis (a young man)	76
Emphysema	77
Pleural exudate	77
Pneumothorax	78
Atelectasis	78
Pneumonia (croupous)	78

Bronchopneumonia	79
Asthmatic attack	79
Examination of breasts	79
Inspection	79
Palpation	80
Examination of the heart	80
Inspection	80
Percussion	81
Palpation	81
Auscultation	82
Normal cardiac sounds	83
Systolic clicks	84
Murmurs	85
Accentuation of the sounds	86
Pericarditis	87
Cardiac defects	87
Aortic stenosis	87
Aortic regurgitation	88
Mitral stenosis	89
Mitral regurgitation	91
Tricuspid stenosis	92
Tricuspid regurgitation	92
Pulmonary stenosis	92
Pulmonary regurgitation	92
Mechanical valvular prostheses	93
The most frequent congenital cardiac defects (CCD)	93
1. Atrioseptal defect	93
2. Ventricular septal defect	93
3. Patent ductus arteriosus (Botallo's duct)	93
4. Coarctation of the aorta	94
5. Fallot's tetralogy	94
6. Ebstein's anomaly	94
Examination of the abdomen	95
Inspection	95
General inspection	96

Extra-abdominal inspection	97
Percussion	100
Palpation	101
Examination of organs	104
Liver	104
Gallbladder	105
Spleen	106
Kidneys and urinary duct	106
Stomach	107
Pancreas	107
Sigmoid colon	108
Caecum	108
Appendix	108
Small intestine	109
Auscultation	109
Ascites	110
Per rectum examination	111
Examination procedure	111
Examination of extremities	113
Digits	113
Nails	113
Skin	114
Oedemas	115
Musculature	117
Arteries	117
Joints	117