

TABLE OF CONTENTS

Imprint	236
List of Maps	7

HISTORY AND CULTURE

History of the Greater Antilles	15
- by Janet Groene	
Culture of the Greater Antilles	37
- by Janet Groene	

TRAVELING IN THE GREATER ANTILLES

Bermuda	59
- by Laurie Werner	
Bahamas	76
- by Janet Groene	
Turks & Caicos	99
- by Deborah Williams	
Puerto Rico	113
- by Janet Groene	
Dominican Republic	137
- by Steve Cohen	
Haiti	148
- by Claire Walter	
Jamaica	161
- by Steve Cohen	
Cayman Islands	180
- by Deborah Williams	
Cuba	193
- by Sabine Tzschaschel	

FEATURES

- Sailing** 208
- by Ute Vladimir
- Cruises** 210
- by Ute Vladimir
- Diving, Hiking and Camping** 215
- by Claire Walter
- Caribbean Cuisine** 220
- by Ute Vladimir
- Gambling** 223
- by Steve Cohen
- Shopping** 225
- by Steve Cohen
- Reggae, Rastafari, Steel Bands** 227
- by Laurie Werner
- Poverty and Plenty** 231
- by Laurie Werner
- Hurricanes** 233
- by Laurie Werner
- Tourism** 234
- by Laurie Werner