



Contents

Introduction 5

What is SRE? 6

Why do we need SRE in Key Stage 2? 7

Barriers to effective SRE 8

What is statutory in SRE?..... 9

A guide to good practice in SRE 10

Training activities 14

SRE Policy..... 21

The Changes of Puberty 26

Teachers' Notes 26

Photocopiables 34

Sex and reproduction..... 49

Teachers' Notes 49

Photocopiables 54

Other related topics 63

Teachers' Notes 63

Photocopiables 66

Appendices..... 74

An example pre-programme letter 75

An SRE leaflet for parents/carers 76

A parents/carers' consultation letter 78

A pupils' consultation form..... 80