

# Contents

Contributors	xi
Preface	xv

## Part

1

### General

1

1. MANAGING CHRONIC ILLNESS <i>Alan M. Adelman</i>	3
2. CARE AT THE END OF LIFE <i>William Reichel</i>	17
3. HEALTH PROMOTION AND DISEASE PREVENTION <i>Mel P. Daly</i>	39
4. CAREGIVER ISSUES <i>Lisa Fredman</i>	53
5. POLYPHARMACY AND PRINCIPLES OF DRUG THERAPY <i>Robert J. Michocki</i>	69

## Part

2

### Genitourinary Problems

83

6. URINARY INCONTINENCE <i>Barry D. Weiss</i>	85
7. PROSTATE DISORDERS <i>Noel H. Ballentine</i>	117

## Part

## 3

## Aches and Pains

137

## 8. OSTEOPOROSIS

*Luanne Thorndyke*

139

## 9. JOINT PAINS

*Ursula McClymont / Niharika N. Suchak*

161

## Part

## 4

## Neuropsychiatric Problems

185

## 10. SLEEP DISORDERS

*Patrick P. Coll*

187

## 11. DEPRESSION AND OTHER MOOD DISORDERS

*Joseph J. Gallo / Junius Gonzales*

205

## 12. DEMENTIA

*Mel P. Daly*

237

## 13. HEARING AND VISUAL IMPAIRMENT

*Alan M. Adelman*

261

## 14. GAIT AND BALANCE DISORDERS

*Barbara Resnick / Michael Corcoran / Ann Marie Spellbring*

277



# Contributors

Part

5

## Other Common Problems

309

### 15. CONSTIPATION

311

*Barbara Resnick*

### 16. NUTRITIONAL STATUS AND INVOLUNTARY WEIGHT LOSS

337

*Mel P. Daly / Alan M. Adelman*

### 17. INFECTIONS

349

*James P. Richardson*

### 18. COMMON DERMATOLOGIC PROBLEMS

367

*Alan M. Adelman*

### 19. SKIN ULCERS

389

*Aubrey L. Knight*

### 20. DIZZINESS

411

*Alan M. Adelman*

Color plates fall between pages 368 and 369.

## INDEX

421