Contents

	Foreword by John E. Upledger, DO,OMM ix
	Preface xi Acknowledgments xiii
	Introduction xv
	SERIES 1 Contact 1
CHAPTER 1	What is CS Therapy? 3
CHAPTER 2	Why Do Babies Need CS Therapy? 6
CHAPTER 3	Our Survival Strategies Concerning Birth and Their Influence on Our Life 11
	SERIES 2 Little Man 16
CHAPTER 4	About a Love Cocktail and the Creation of a Hormonal Womb 32
CHAPTER 5	Guideline for the Treatment of Mother and Child after Birth 35
CHAPTER 6	The Different Techniques 37
CHAPTER 7	Damage Control Is Sometimes Necessary 55
CHAPTER 8	Being Born and Dying One and the Same? 62
CHAPTER 9	Gravity: The Stolen Secret! 64
	SERIES 3 Reliving Birth to Repair Damages 66
	SERIES 4 Breech Birth 70
CHAPTER 10	Your First Impressions and Your World 73
CHAPTER 11	What is the Ideal Preparation
	for a Soon-to-be Mother? 77
CHAPTER 12	
CHAPTER 13	or Make a Pregnancy Difficult? 80
CHAPTER 14	
	SERIES 5 A Beautiful Visitor 85
CHAPTER 15	Things That You Can and Want to Control 93
	SERIES 6 Mommy, Is It OK that I Also Love Somebody Else? 95
	Bibliography 97
	About the Authors 99