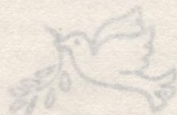


LET'S CO-OPERATE

BY MILDRED MASHEDER

Table of Contents

Acknowledgments and Dedication		p.2
Foreword		p.3
Introduction		p.3
Let's Co-operate		p.4
How to use this book: a few practical suggestions		p.6
Chapter I A Positive Self-Concept.	Positive Identity and Affirmation	p.8
	The Magic Circle	p.9
	Trust and Security	p.10
	Mutual Respect, Self-reliance and Responsibility	p.11
	Feelings	p.12
	Appreciation of our Bodies	p.13
Chapter II Creativity	Fantasy and Imagination	p.15
	Art	p.16
	Music and Poetry	p.17
	Love of Nature	p.18
	Spiritual Values	p.20
	Dance and Movement	p.22
Chapter III Communication	Awareness and Observation	p.24
	Non-Verbal Communication	p.25
	Creative Writing	p.26
	Story Telling	p.27
	Creative Listening	p.28
	Discussion and Decision Making	p.29
	Drama	p.30
	The Media	p.32
Chapter IV Co-operation	Co-operative Games	p.34
	Doing Things Together	p.41
	Life-affirming Toys	p.42
Chapter V Getting on with Others	Empathy: Getting on with Others.	p.44
	Understanding other Peoples	p.45
	Interdependence	p.46
	Anti-Racist Attitudes	p.47
	Positive Gender Roles	p.48
	Futures.	p.49
	Caring for the Planet	p.50
Chapter VI Peaceful Conflict-Solving	Fairness and Justice	p.53
	Dealing with fears of violence, war and death	p.54
	Empowerment	p.56
	Peaceful Conflict-Solving	p.57
Appendix Resources		



ILLUSTRATIONS BY PETRA HUGHES

