

Contents

Mentoring: beyond the manuals	7
Kateřina Cidlinská	
Adéla	16
The authority of the programme gave me the courage to address my mentor. I didn't feel like I was bothering her.	
Aneřka	24
I realised that expert knowledge and experience was not enough for a research career.	
Antonie	34
I couldn't find an expert to be my mentor, but peer mentoring worked perfectly.	
Elizabeth	42
Mentoring gave me new perspectives.	
Irma	48
Mentoring was the key activity in my career so far.	
Julie	56
I needed someone to consult my research and career.	
Karin	64
Mentoring will help me finish my PhD (hopefully), but I don't want to do research.	
Kateřina	72
My mentor taught me to say NO.	
Magdalena	80
I needed a guide in the Czech academic landscape.	
Marie	90
Mentoring courses helped me get rid of a lot of stress.	
Patrik	98
I was looking for someone who was successful abroad.	
řárka	106
I wanted to know about my opportunities with a PhD in biology.	
Veronika	116
Everyone around me seemed well acquainted with the academic environment. That impression was wrong.	
Zdislava	126
Mentoring was just what I needed in that situation.	