## **Table of Contents**

Introduction				
1	Sel	f-Harm Classification System Development	3	
	1.1	Definition of Terms		
	1.2	Differentiation from Suicidal Behaviour	10	
2	The	e Specifics of Self-Harm in Adolescence	15	
	2.1	Prevalence	16	
	2.2	Aetiology	20	
	2.3	Comorbidity	22	
	2.4	The Progress of Self-Harm	30	
	2.5	Functions and Models of Motivation for Self-Harming Behaviour	35	
	2.6	Forms of Self-Harm	44	
	2.7	The Influence of Developmental Changes on Self-Harm	49	
3	Ris	k and Protective Factors of Self-Harm	55	
	3.1	Biological Factors		
	3.2	Personality Factors	59	
	3.3	Family Influence	61	
	3.4	The Influence of Peer Groups	64	
	3.5	Socio-Economic Influences and the Impact of Mass Media and Social Networks	66	
4	Lex	ical Trace of the Term Self-Harm in Adolescents	71	
	4.1	Gender Differences in the Perception of the Term Self-Harm by Adolescents	74	

	4.2	Understanding of Self-Harm in Adolescents Based on their Experience with Self-Harm76
5	Dia	agnostic Tools Used in Research and Clinical Practice79
6	Pre	ventive Strategy and Therapeutic Approaches85
	6.1	Preventive Strategies Focused on Self-Harm in Adolescence85
	6.2	Treatment and Therapeutic Approaches to Self-Harm in Adolescence
	6.3	The Specifics of Hospital Care for Self-Harming Adolescents91
Su	ımm	<b>ary</b> 95
Li	st of	Abbreviations
Re	efere	nces99
Li	st of	Figures
Li	st of	Tables