

- 1. Use the Moment 6:45**
- 2. N.W. 8:32**
- 3. Black Inside 8:29**
- 4. Blues After Showers 5:36**
- 5. Arabesco 7:30**
- 6. Silent Yearning 5:06**
- 7. Dark Side 9:16**

**Total time 51:36**

**All compositions by Rostislav Fraš,  
except Tracks 3 & 5 by Antonio Faraò**

**Rostislav Fraš – tenor saxophone  
Antonio Faraò – piano  
Jeff "Tain" Watts – drums  
Josef Fečo – acoustic bass**

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