

Health Education and Quality of Life II

CONTENT

WELCOME ADDRESS	9
PROGRAMME OF INTERNATIONAL CONFERENCE	13
ADAMČÁK Š.: THE EDUCATION TO HEALTH LIFE STYLE OF ROMAN CHILDREN WITH USING OF COMBATIVES	40
ALEKSIC D., KOCIC J., MEKIC B., MILENKOVIĆ V.: THE EXAMINATION OF THE EFFECTS OF THE GENERAL GYMNASTICS TEACHING OF PHYSICAL EDUCATION ON COORDINATION OF ³ RD AND ⁴ TH GRADE ELEMENTARY SCHOOL FEMALE PUPILS	42
ALEKSIC D., KOCIC J., MILENKOVIĆ V., MEKIC B.: THE EFFECTS OF THE GYMNASTICS ELEMENTS APPLICATION IN PE CLASSES ON THE DEVELOPMENT OF THE MORPHOLOGICAL CHARACTERISTICS OF ELEMENTARY SCHOOL FEMALE PUPILS (9-10 YEARS OF AGE)	44
BARTÍK P.: DRUG DEPENDENCE AMONG YOUTH AND SPORT	46
BEJČKOVÁ H.: PLANT PREVENTIVE CARE IN CLINIC OF OCCUPATIONAL MEDICINE TEACHING HOSPITAL IN PILSEN	48
BENDÍKOVÁ E., JANČOKOVÁ Ľ.: THE USE OF BALLS IN THE FUNCTIONAL DISORDERS OF THE LOCOMOTOR SYSTEM	50
BERNASOVSKÁ G., ŠTEFKOVÁ G.: EDUCATION AND CARE OF HEALTHY SKIN IN ADOLESCENCE – PREVENTION OF ACNE.....	52
BERNASOVSKÁ K., KLIMÁKOVÁ T., BERNASOVSKÁ G., FRANK K.: INTERVENTIONS FOR THE HEALTHY LIFESTYLE OF ADOLESCENTS.....	54
BOLACH B., BOLACH E., ŽUROWSKA A., ROBAK M.: MEANING OF PHYSICAL ACTIVITY IN WOMEN WITH TYPE 2 DIABETES PARTICIPATING IN PROGRAM OF PREVENTIVE MAINTENANCE OF DIABETES AND METABOLIC DISTURBANCES.....	56
BRŮŽKOVÁ L., JANČÁŘOVÁ D.: NUTRITION HABITS OF GIRLS OF THE SECOND LEVEL OF PRIMARY SCHOOL	58
BUNC V.: ACTIVE LIFESTYLE AND ITS POTENTIAL IMPACT ON CHILDREN'S HEALTH STATUS	60
DASHEVA D., TZAROVA R., RADEVSKA I.: OPENING THE NATIONAL SPORTS ACADEMY TO THE HEALTH EDUCATION THOUGHT NATIONAL AND EUROPEAN PROGRAMS	62

Health Education and Quality of Life II

DINGOVÁ M.: HEALTH LITERACY IN ADULT ROMANY POPULATION.....	64
FAJFROVÁ J., VOSEČKOVÁ A., PAVLÍK V., DŘEVOVÁ J., HLÚBIK P., PEREGRINOVÁ J.: BE IN A GOOD FORM AND CONDITION AFTER PARTURITION! INTERVENTION PROGRAMME FOR WOMEN AFTER CHILDBIRTH	66
FIALOVÁ D., VLASTNÍKOVÁ V.: PHYSICAL ACTIVITY OF SENIORS.....	68
HAVELKOVÁ M., KACLÍK P., MENŠÍK P.: FIVE YEARS OF THE EXISTENCE OF THE FIELD HEALTH EDUCATION IN FACULTY OF EDUCATION, MASARYK UNIVERSITY	70
HOŠEK V.: QUALITY OF LIFE IN THE CONTEXT OF HUMAN VALUES AND APPROPRIATENESS.....	72
HOУŠKOVÁ M.: BURNOUT SYNDROM	74
JANKOVSKÁ Ž., PALOVIČOVÁ J.: CURRENT STATE OF PHYSICAL DEVELOPMENT AND MOTOR PERFORMANCE OF BOYS AT ELEMENTARY SCHOOLS IN BANSKÁ BYSTRICA.....	76
JURÍČKOVÁ L., IVANOVÁ K.: EATING HABITS OF THE DOCTORS WITH A RISK FACTORS FOR CARDIOVASCULAR DISEASES.....	78
JUŘÍKOVÁ J.: NUTRITION HABITS OF ELDERLY WOMEN, WHO CAN HAVE THE INFLUENCE OF YOUNGER GENERATION	80
KABÍČEK P., CSÉMY L., KNIGHT J., STAROSTOVÁ O., SHERRITT L., HOOK S. VAN: SCREENING OF RISK DRUG ABUSE IN ADOLESCENTS: EXPERIENCE WITH CZECH ADAPTATION OF CRAFFT QUESTIONNAIRE.....	82
KOCIC J., ALEKSIC D., MEKIC B., TOSIC S.: THE EFFECTS OF THE GYMNASTICS ELEMENTS APPLICATION IN PE CLASSIS ON THE FUNCTIONAL ABILITIES TRANSFORMATION OF YOUNG ELEMENTARY SCHOOL GIRLS	84
KOCIC J., ALEKSIC D., MILENKOVIC V., TOSIC S.: THE EFFECTS OF THE RHYTHMIC GYMNASTICS ELEMENTS APPLICATION IN PE CLASSIS'ON THE DEVELOPMENT OF THE INTELLECTUAL CHARACTERISTICS OF ELEMENTARY SCHOOL GIRLS (AGES 9-10 YEARS)	86
KÖKÉNY T.: NOURISHMENT AND MENTAL ABILITIES – BIOLOGICAL AND SOCIAL VIEWPOINTS	88
KONDO A., KREJČÍ M., WADA K., NAKADE M., NOJI T., TAKEUCHI H., HARADA T.: CIRCADIAN TYPOLOGY IN PREADOLESCENCE AND ADOLESCENCE AND HEALTH EDUCATION	90

Health Education and Quality of Life II

KORNATOVSKÁ Z.: HEALTH – SOCIAL BENEFITS OF SWIMMING IN MENTAL DISABILITY CHILDREN	92
KOTRBOVÁ K., HAMPLOVÁ L.: ANALYSIS OF HEALTH SUPPORTING PROJECTS FINANCED FROM NATIONAL PROGRAMME OF HEALTH OF MINISTRY OF HEALTH OF THE CZECH REPUBLIC AND FOCUSED TO CHILDREN AND YOUTH IN YEARS 2004-2008	94
KREJČÍ M.: ADEQUATE MOVEMENT REGIME IN CONNECTION TO MENTAL HEALTH AND MENTAL HYGIENE	96
KUBÍČKOVÁ M.: SENCE OF TEACHER'S WORK AND LIVING FOUNDS HIS QUALITY OF LIFE.....	98
KUČERA M.: PHYSICAL AND PSYCHICAL LOADING BY STUDENTS OF PHYSICAL EDUCATION IN THE BEACH VOLLEYBALL TRAINING	100
KUKAČKA V., KOKEŠ R., KOTRBOVÁ K.: SUBJECTIVELY ASSESSED HEALTH CONDITION OF STUDENTS FROM THE UNIVERSITY OF SOUTH BOHEMIA IN ČESKÉ BUDĚJOVICE	102
KURKOVÁ P.: PHYSICAL ACTIVITY REGIME OF PUPILS WHO ARE DEAF AND HARD OF HEARING IN GENERAL EDUCATION	104
LANGMAJEROVÁ J., BURSOVÁ M., DVOŘÁKOVÁ J.: THE EVALUATION OF POSTURE – THE STARTING POINT FOR CULTIVATION OF SCHOOL MOVEMENT REGIME.....	106
LEPKOVÁ H., ŠALPLAHTOVÁ P.: MOTION CLUB FOR SENIORS'	108
MACHARTOVÁ V., KOLÁŘOVÁ M.: OCCUPATIONAL DISEASES AND OTHER HEALTH ISSUES OF EMPLOYEES IN EDUCATIONAL SYSTEM.....	110
MARÁDOVÁ E.: TO THE CURRENT ISSUES OF EDUCATION TOWARDS HEALTH IN GYMNASIUM EDUCATION	112
MARTINKOVÁ J.: AFFLICTIONS OF LOCOMOTIVE SYSTEM DURING OFFICE WORK	114
MARTINKOVÁ J.: PHYSICAL STRENGHTENING OF SENIORS	116
MATEJEK Č., PLANINŠEC J., ŠIMUNIČ B.: LIVING ENVIRONMENT AND SOME ASPECTS OF HEALTHY LIFE-STYLE OF SLOVENIAN CHILDREN	118
MEDEKOVÁ H.: THE BODY POSTURE OF YOUNGER CHILDREN WITH ALLERGY	120
MICHAL J.: PHYSICAL ACTIVITIES FIGHT DRUGS.....	122

Health Education and Quality of Life II

MIKLÁNKOVÁ L., ELFMARK M., SIGMUND E., MITÁŠ J., FRÖMEL K.: CHANGES IN KINETIC REGIME CHILDREN IN CONTEXT OBLIGATORY SCHOOL ATTENDANCE.....	124
MIŇHOVÁ J., JIŘINCOVÁ B.: QUALITY OF LIFE AND HEALTH PROMOTION FOR SENIORS	126
MUHIČ M.: INFLUENCE OF MORPHOLOGICAL CHARACTERISTICS ON ABILITIES OF SIX-YEAR-OLD CHILDREN	128
MUŽÍKOVÁ L., MUŽÍK V.: CURRENT SITUATION OF HEALTH EDUCATION IN THE CZECH REPUBLIC AND SUGGESTIONS FROM ABROAD	130
OBORNÝ J.: THE VALUE ASPECT OF HEALTH AS A MOTIVATION FOR MARATHON	132
PACHOLÍK V.: THE HALLIWICK CONCEPT IN THE FACULTY OF SPORTS STUDIES OF MASARYK UNIVERSITY	134
PACHOLÍK V.: WITHOUT A WHEELCHAIR AFLOAT – BY EXPERIENCE TO QUALITY OF LIFE OF STUDENTS OF UNIVERSITY	136
PAVLŮ D., PÁNEK D.:COMPARISON OF EMG – ACTIVITY OF SELECTED UPPER EXTREMITY MUSCLES PERFORMING MOVEMENTS IN WATER AND AGAINST ELASTIC RESISTANCE	138
PEŠEK M., ŠPIČKA J., SAMKOVÁ E.: PRESENCE OF HEALTH IMPORTANT FATTY ACIDS IN MILK FAT AND POSSIBILITIES OF THEIR CONTENTS REGULATION	140
PIŠOT R., DOLENC P., ŠIMUNIČ B.: EFFECTS OF COMPLETE PHYSICAL INACTIVITY ON HUMAN ORGANISM PSYCHICAL HEALTH AND WELL-BEING IN HEALTHY YOUNG SUBJECTS.....	142
PROCHÁZKOVÁ L., HAVELKOVÁ M.: TO THE PROBLEMS OF CERTAIN SOCIAL PATHOLOGIES IN OUR BASIC EDUCATION	144
PŘIDALOVÁ M., DOSTÁLOVÁ I., GÁBA A., TEPLÁ K., SOVIŠOVÁ H.: THE FRACTIONATION OF BODY WEIGHT ACCORDING TO THE METHOD BIOELECTRICAL IMPEDANCE IN CLIENTS OF STOB COURSES	146
SEIBERT N., CIHLARS D.: PACZION – STAYING A TEACHER WITH PASSION	148
SCHUSTER J.: REDUCTION OF SUBCUTANEOUS FAT WITH THE HELP OF INTERVENTION ACTIVE PROGRAMME	150
STACKEOVÁ D., DOBRÝ L.: HEALTH BENEFITS OF PHYSICAL ACTIVITY	152

Health Education and Quality of Life II

STARÁ J.: SERVICE LEARNING- AN OPPORTUNITY FOR STUDENTS' INVOLVEMENT IN THE CIVIC SOCIETY	154
STAŠKOVÁ Š., FIRÝTOVÁ R., NOVÁ Š.: EDUCATION IN PREVENTION OF FALLS OF SENIORS- ERGONOMY OF HOUSEHOLD AND SUITABLE AND PROPER MOTOR ACTIVITIES	156
STEHLIK M., STEJSKAL P.: IMPACT OF ABILITIES AND FITNESS ON QUALITY OF LIVE PERCEPTION AT PROFESSIONAL SOLDIERS	158
STŘÍTECKÁ H., FAJFROVÁ J., HLÚBIK P., VOSEČKOVÁ A., PAVLÍK V., HUSÁROVÁ J., BEDNARČÍK P., HALAJČUK T.: HEALTH SUBVENTION IN CZECH ARMY – PRIMARY PREVENTION, SUPPORT PROGRAMME	160
SUCHOPÁROVÁ L.: SENIORS NUTRITION	162
ŠALPLACHTOVÁ P., LEPKOVÁ H.: RETURN TO ACTIVE LIFESTYLE – FORMS OF PHYSIO PROGRAM FOR UNIVERSITY STUDENTS.....	164
ŠIMÍČKOVÁ-ČÍŽKOVÁ J.: HEALTHY LIFESTYLE EDUCATION AT OSTRAVA UNIVERSITY	166
ŠKVAŘIL J.: WAY TOWARDS HEALTH AND HIGHER QUALITY OF LIFE.....	168
ŠKVAŘIL J.: WELLNESS FOOD FOR ALL.....	170
ŠTEFKOVÁ G., BERNASOVSKÁ K., BERNASOVSKÁ G., ŠIMOVÁ D.: HEALTH PROMOTION REALIZATION IN PRIMARY HEALTH CARE	172
ŠTEMBERGER V.: TEACHERS' HEALTH, OCCUPATIONAL DISEASES OF TEACHERS AND THE QUALITY OF PHYSICAL EDUCATION	174
ŠVEJDÁ G.: E-LEARNING AND IT INSTRUMENTS IN THE TRADITIONAL FORMS OF EDUCATION IN THE CONTEXT OF CZECH UNIVERSITIES	176
TABAKOVÁ M.: EDUCATION IN NURSING AS COMPONENT COMMUNITY HEALTH PROMOTION.....	178
TRÁVNÍKOVÁ D.: THE IMPACT OF JUGGLING AND OTHER PSYCHOMOTOR ACTIVITIES ON THE DEVELOPMENT OF MOTOR SKILLS AND ATTENTION IN ADOLESCENTS WITH SYMPTOMS OF ADHD, BEHAVIOUR AND LEARNING DISORDERS	180
ULRICHOVÁ M.: STUDENT AS A THREAT (THE ISSUE OF FOREIGN TEACHERS BURNOUT SYNDROME IN THE U.S. A.).....	182
VÁLKOVÁ H.: MOVEMENT ACTIVITIES IN LIFE OF PERSONS WITH MENTAL HANDICAP	184

Health Education and Quality of Life II

VELEMÍNSKÝ M., KOPECKÁ G., ZEMAN M.: QUALITY OF LIFE EVALUATION - THE PEDSQL CONCEPT.....	186
VLADOVIČOVÁ N., NOVOTNÁ N.: CURRICULAR TRANSFORMATION AND HEALTH EDUCATION IN PRE-SCHOOL EDUCATIONAL FORMATION IN SLOVAKIA.....	188
VOGELTANZ V.: ETHICAL RELATIONS - CONDITION OF SURVIVAL ON THE EARTH.....	190
VOJTOVÁ P.: TAICHI: CHINA CULTURE OF PERSONAL DEVELOPMENT	192
VRÁNOVÁ D., AUGUSTOVÁ K.: IMPORTANCE OF PROBIOTICS IN CHILD'S NUTRITION	194
VRBOVÁ T.: DANCE AND ITS POSITION IN A MAN'S LIFE-STYLE	196
VRUBLOVÁ Y.: LIFE STYLE AND SEXUALITY OF ADOLESCENT WOMEN	198
VURM V., PETR P.: DEFINITION OF THE TERM "QUALITY OF LIFE".....	200
VUTE R., NOVAK T.: DESIRABLE SPORTS AMONG ELDERLY WOMEN WHO JOIN THE SLOVENIAN REGIONAL PROJECT: SPORTS FOR HEALTHY LIFE ...	202
ZVADOVÁ Z., JANOUŠEK S., TRESTROVÁ Z.: PREVENTION OF ACCIDENTS IN SCHOOL AGE – TRAFFIC EDUCATION AND ITS EFFICACY IN ELEMENTARY SCHOOL PUPILS	204
ŽALOUDÍKOVÁ I., HRUBÁ D.: ANTI-SMOKING PRIMARY PREVENTIVE PROGRAMMES IN SCHOOL CURRICULUM	206