

PREFACE	7
GETTING AROUND A HOSPITAL	8
INTRODUCING ONESELF	8
PATIENTS' PERCEPTIONS OF THEIR HOSPITAL STAY	8
PRESENT FEELINGS	12
FAMILY AND HOME LIFE	16
SLEEP PATTERN	20
DIET AND FLUIDS	20
MOBILITY	26
VISION AND HEARING	28
ACTIVITIES OF DAILY LIVING	30
Eating and drinking	30
Dressing oneself	32
Bathing / taking shower	32
Personal hygiene	32
Bladder control	34
Bowel control	36
Using a toilet	36
Sitting	38
Walking	38
INSTRUMENTAL ACTIVITIES OF DAILY LIVING	40
Using a telephone	40
Travelling	42
Shopping	44
Cooking	44
Housekeeping	46
Taking medication	48
Financial affairs	50