CONTENTS

XV

Con	tributors	xxi
1	BASIC PHYSIOLOGY AND BIOPHYSICS OF EMG	
	SIGNAL GENERATION	1
	T. Moritani, D. Stegeman, R. Merletti	
	1.1 Introduction	1
	1.2 Basic Physiology of Motor Control and Muscle Contraction 1.2.1 Motor Unit	2 2
	1.2.2 Motor Unit Recruitment and Firing Frequency (Rate Coding)	6
	1.2.3 Factors Affecting Motor Unit Recruitment and Firing Frequency	9
	1.2.4 Peripheral Motor Control System	11
	1.2.5 Muscle Energetics and Neuromuscular Regulation	15
	1.3 Basic Electrophysiology of the Muscle Cell Membrane	17
		17
	1.3.2 Propagation of the Action Potential along the Muscle Fiber	19
	References	20
2	NEEDLE AND WIRE DETECTION TECHNIQUES J. V. Trontelj, J. Jabre, M. Mihelin	27
	2.1 Anatomical and Physiological Background of Intramuscular Recording	27
	2.2 Recording Characteristics of Needle Electrodes	29
	2.3 Conventional Needle EMG	30
	2.3.1 MUAP Parameters and Their Changes in Disease	32
	2.3.2 Needle EMG at Increasing Voluntary Contraction	34
	2.3.3 The Concentric Needle Electrode	34
	2.3.4 The Monopolar Needle Electrode	35
	2.4 Special Needle Recording Techniques	36
	2.4.1 Single-Fiber EMG	36
	2.4.2 Macro EMG	39
	2.4.3 EMG Decomposition Technique with Quadrifilar	
	Needle Electrode	41
	2.4.4 Scanning EMG	41
	2.5 Physical Characteristics of Needle EMG Signals	42

Introduction

V

2.6 Recording Equipment	43
2.6.1 Principles of Instrumentation	43
2.6.2 Features of EMG Equipment	43
2.6.3 Features of Digitized Signals	45
2.6.4 Data Format	45
References	45
3 DECOMPOSITION OF INTRAMUSCULAR EMG SIGNALS D. W. Stashuk, D. Farina, K. Søgaard	47
3.1 Introduction	47
3.2 Basic Steps for EMG Signal Decomposition	48
3.2.1 EMG Signal Acquisition	49
3.2.2 Detecting MUAPs or Signal Segmentation	50
3.2.3 Feature Extraction for Pattern Recognition	52
3.2.4 Clustering of Detected MUAPs	53
3.2.5 Supervised Classification of Detected MUAPs	58
3.2.6 Resolving Superimposed MUAPs	63
3.2.7 Uncovering Temporal Relationships between MUAPTs	64
3.3 Evaluation of Performance of EMG Signal Decomposition Algorithms	67
3.3.1 Association between Reference and Detected MUs	67
	68
3.3.3 Evaluation of the Segmentation Phase Performance	68
the second	69
3.3.5 Reference Decomposition	70
3.4 Applications of Results of the Decomposition of an Intramuscular	
EMG Signal	70
3.4.1 Firing Pattern Analysis	71
3.4.2 Investigation of Correlation between MU Firing Patterns	74
3.4.3 Spike-Triggered Averaging of the Force Signal	75
3.4.4 Macro EMG	75
3.4.5 Spike-Triggered Averaging of the Surface EMG Signal	76
3.5 Conclusions	77
References	77
BIOPHYSICS OF THE GENERATION OF EMG SIGNALS D. Farina, R. Merletti, D. F. Stegeman	81
	81
	82
	82
	82
	87
	87
4.2.4 EMG Detection, Electrode Montages and Electrode Size	09

CONTENTS

	4.3 Crosstalk	91
	4.3.1 Crosstalk Muscle Signals	91
	4.3.2 Crosstalk and Detection System Selectivity	92
	4.4 Relationships between Surface EMG Features and Developed Force	97
	4.4.1 EMG Amplitude and Force	97
	4.4.2 Estimated Conduction Velocity and Force	100
	4.4.3 EMG Spectral Frequencies and Force	101
	4.5 Conclusions	
	References	102
5	DETECTION AND CONDITIONING OF THE SURFACE EMG SIGNAL R. Merletti, H. Hermens	107
	5.1 Introduction	107
	5.2 Electrodes: Their Transfer Function	108
	5.3 Electrodes: Their Impedance, Noise, and dc Voltages	110
	5.4 Electrode Configuration, Distance, Location	111
	5.5 EMG Front-End Amplifiers	115
	5.6 EMG Filters: Specifications	120
	5.7 Sampling and A/D Conversion	121
	5.8 European Recommendations on Electrodes and Electrode Locations	123
	References	128
6	SINGLE-CHANNEL TECHNIQUES FOR INFORMATION EXTRACTION	
02	FROM THE SURFACE EMG SIGNAL	133
	E. A. Clancy, D. Farina, G. Filligoi	226
	6.1 Introduction	133
	6.2 Spectral Estimation of Deterministic Signals and Stochastic Processes	
	6.2.1 Fourier-Based Spectral Estimators	124
	6.2.2 Parametric Based Spectral Estimators	135
	6.2.3 Estimation of the Time-Varying PSD of Nonstationary	
	Stochastic Processes	137
	6.3 Basic Surface EMG Signal Models	137
	6.4 Surface EMG Amplitude Estimation	139
	6.4.1 Measures of Amplitude Estimator Performance	141
	6.4.2 EMG Amplitude Processing—Overview	141
	6.4.3 Applications of EMG Amplitude Estimation	145
	6.5 Extraction of Information in Frequency Domain from Surface	3 0.246
	EMG Signals	145
	6.5.1 Estimation of PSD of the Surface EMG Signal Detected during Voluntary Contractions	146

199

	6.5.2 Energy Spectral Density of the Surface EMG Signal Detected	.43
	during Electrically Elicited Contractions	148
	6.5.3 Descriptors of Spectral Compression	148
	6.5.4 Other Approaches for Detecting Changes in Surface EMG	CHS.
	Frequency Content during Voluntary Contractions	152
	6.5.5 Applications of Spectral Analysis of the Surface EMG Signal	153
	6.6 Joint Analysis of EMG Spectrum and Amplitude (JASA)	153
	6.7 Recurrence Quantification Analysis of Surface EMG Signals	154
	6.7.1 Mathematical Bases of RQA	155
	6.7.2 Main Features of RQA	159
	6.7.3 Application of RQA to Analysis of Surface EMG Signals	159
	6.8 Conclusions	162
	References	163
1)1 3.2.3 Feature Extraction for Pattern Recognition noisouboutni 1	
7	MULTI-CHANNEL TECHNIQUES FOR INFORMATION EXTRACTION FROM THE SURFACE EMG	169
	D. Farina, R. Merletti, C. Disselhorst-Klug	109
	7.1 Introduction	169
		109
	7.2 Spatial Filtering	170
	7.2.1 Idea Underlying Spatial Filtering	170
	7.2.2 Mathematical Basis for the Description of Spatial Filters Comprised of Point Electrodes	173
	7.2.3 Two-Dimensional Spatial Filters Comprised of Point Electrodes	173
	2 by a presented of the consideration successful dimension	174
	7.2.4 Spatial Filters Comprised of Nonpoint Electrodes7.2.5 Applications of Spatial Filtering Techniques	177
	7.2.6 A Note on Crosstalk	1/9
	Linkeralgest	
	7.3 Spatial Sampling	180
	7.3.1 Linear Electrode Arrays	181
	1.3.2 Two-Dimensional Spatial Sampling	183
	7.4 Estimation of Muscle-Fiber Conduction Velocity	185
	7.4.1 Two Channel-Based Methods for CV Estimation	186
	7.4.2 Methods for CV Estimation Based on More Than Two Channels	190
	7.4.3 Single MU CV Estimation	191
	7.4.4 Influence of Anatomical, Physical, and Detection System	101
	Parameters on CV Estimates	196
	7.5 Conclusions	196

7.5 Conclusions

References

8	EMG MODELING AND SIMULATION	205
	D. F. Stegeman, R. Merletti, H. J. Hermens	
	8.1 Introduction	205
	8.2 Phenomenological Models of EMG	207

CO	NT	EN	TS	
----	----	----	----	--

	8.3	Elements of Structure-Based SEMG Models	207
	8.4	Basic Assumptions	209
	8.5	Elementary Sources of Bioelectric Muscle Activity	209
		8.5.1 The Lowest Level: Intracellular Muscle-Fiber	
		Action Potentials	209
		8.5.2 The Highest Level: MU Action Potentials	210
	8.6	Fiber Membrane Activity Profiles, Their Generation, Propagation, and Extinction	210
	8.7	Structure of the Motor Unit	213
		8.7.1 General Considerations	213
		8.7.2 Inclusion of Force in Motor Unit Modeling	213
	8.8	Volume Conduction	214
		8.8.1 General Considerations	214
		8.8.2 Basics Concepts	215
	8.9	Modeling EMG Detection Systems	215
		8.9.1 Electrode Configuration	216
		8.9.2 Physical Dimensions of the Electrodes	216
	8.10	Modeling Motor Unit Recruitment and Firing Behavior	218
		8.10.1 MU Interpulse Intervals	220
		8.10.2 Mean Interpulse Intervals across Motor Units	220
		8.10.3 Synchronization	220
	8.11	Inverse Modeling	222
	8.12	Modeling of Muscle Fatigue	222
		8.12.1 Myoelectric Manifestations of Muscle Fatigue during Voluntary Contractions	222
		8.12.2 Myoelectric Manifestations of Muscle Fatigue during Electrically Elicited Contractions	224
	8.13	Other Applications of Modeling	226
		Conclusions	227
	Refe	rences	227
9		DELECTRIC MANIFESTATIONS OF MUSCLE FATIGUE Ierletti, A. Rainoldi, D. Farina	233
	9.1	Introduction	233
	9.2	Definitions and Sites of Neuromuscular Fatigue	234
	9.3	Assessment of Muscle Fatigue	235
	9.4	How Fatigue Is Reflected in Surface EMG Variables	236
	9.5	Myoelectric Manifestations of Muscle Fatigue in Isometric	
		Voluntary Contractions	238
	9.6	Fiber Typing and Myoelectric Manifestations of Muscle Fatigue	242
	9.7	Factors Affecting Surface EMG Variables	246
		9.7.1 Isometric Contractions	246
		9.7.2 Dynamic Contractions	251

CONTENTS

	9.8	Repeatability of Estimates of EMG Variables and Fatigue Indexes	251
	9.9	Conclusions	252
	Refe	rences	253
10	AD	ANCED SIGNAL PROCESSING TECHNIQUES	259
	D. Z	azula, S. Karlsson, C. Doncarli	
	10.1	Introduction	259
		10.1.1 Parametric Context	260
		10.1.2 Nonparametric Context	260
		10.1.3 Conclusion	261
	10.2	Theoretical Background	261
		10.2.1 Multichannel Models of Compound Signals	261
		10.2.2 Stochastic Processes	264
		10.2.3 Time-Frequency Representations	269
		10.2.4 Wavelet Transform	272
		10.2.5 Improving the PSD Estimation Using Wavelet Shrinkage	279
		10.2.6 Spectral Shape Indicators	280
	10.3	Decomposition of EMG Signals	281
		10.3.1 Parametric Decomposition of EMG Signals Using	
		Wavelet Transform	281
		10.3.2 Decomposition of EMG Signal Using Higher Order Statistics	287
	10.4	Applications to Monitoring Myoelectric Manifestations of	
		Muscle Fatigue	292
		10.4.1 Myoelectric Manifestations of Muscle Fatigue during Static Contractions	293
		10.4.2 Myoelectric Manifestations of Muscle Fatigue during	
	5.73	Dynamic Contraction	296
		Conclusions	300
		nowledgment	302
	Refe	rences	302
11	SUR	FACE MECHANOMYOGRAM	305
		Prizio	3, 190
	11.1	The Mechanomyogram (MMG): General Aspects during	
		Stimulated and Voluntary Contraction	305
	11.2	Detection Techniques and Sensors Comparison	307
		11.2.1 MMG Detected by Laser Distance Sensors	307
		11.2.2 MMG Detected by Accelerometers	308
		11.2.3 MMG Detected by Piezoelectric Contact Sensors	309
		11.2.4 MMG Detected by Microphones	310
	11.3	Comparison between Different Detectors	310
		Simulation Simulation	312
	11.5	MMG Versus Force: Joint and Adjunct Information Content	313

CONTENTS	0	N	TE	N	TS
----------	---	---	----	---	----

	11.6 MMG Versus EMG: Joint and Adjunct Information Content	316
	11.7 Area of Application	318
	References	318
12	SURFACE EMG APPLICATIONS IN NEUROLOGY	323
	M. J. Zwarts, D. F. Stegeman, J. G. van Dijk	APPLIC
	12.1 Introduction	323
	12.2 Central Nervous System Disorders and SEMG	324
	12.3 Compound Muscle Action Potential and Motor Nerve Conduction	326
	12.4 CMAP Generation	328
	12.4.1 CMAP as a Giant MUAP	328
	12.4.2 Muscle Cartography	330
	12.5 Clinical Applications	332
	12.5.1 Amplitude: What Does It Stand For?	332
	12.5.2 Deriving Conduction Properties from Two CMAPs	333
	12.6 Pathological Fatigue	335
	12.7 New Avenues: High-Density Multichannel Recording	338
	12.8 Conclusion	341
	References	341
13	APPLICATIONS IN ERGONOMICS	343
	G. M. Häge, B. Melin, R. Kadefors	343
	13.1 Historic Perspective	343
	13.2 Basic Workload Concepts in Ergonomics	343
	13.3 Basic Surface EMG Signal Processing	345
	13.4 Load Estimation and SEMG Normalization and Calibration	346
	13.5 Amplitude Data Reduction over Time	347
	13.6 Electromyographic Signal Alterations Indicating Muscle Fatigue in Ergonomics	
	13.7 SEMG Biofeedback in Ergonomics	348 352
	13.8 Surface EMG and Musculoskeletal Disorders	352
	13.9 Psychological Effects on EMG	353
	13.9.1 Definitions of Stress	354
	13.9.2 Psychological and Physical Stress and the Total Workload on the Organism	
	13.9.3 Psychological Stress and Musculoskeletal Disorders	354
	13.9.4 Two Neuroendocrine Systems Sensitive to Psychological	355
	Stress	355
	13.9.5 Is It Justified to Include EMG in the Field of Stress?	355
	13.9.6 Mental Stress Increases EMG Activity	356
	13.9.7 Is the Trapezius Muscle Special in Its Response to Psychological Stress?	356

357
358
358
365
259
365
366
368
370
370
371
372
375
377
381
381
382
384
385
386
387
388
389
389
390
390
391
393
393
397
397
403
310
403
404

xii

co	N	TI	EN	T	S

.

		16.2.1	Electromyography as a Tool to Investigate Motor Control of the Spine	404
		16.2.2	Application to Neck Pain	409
			Analysis in the Frequency Domain	410
	16.3		of the Pelvic Floor: A New Challenge in Neurological	
			ilitation	411
		16.3.1	Introduction	411
		16.3.2	Anatomy of the Pelvic Floor	412
	pteri	16.3.3	Physiopathology of the Pelvic Floor	412
	gria.	16.3.4	Routine Evaluation of the Pelvic Floor	412
	16.4	Age-R	elated Effects on EMG Assessment of Muscle Physiology	417
		16.4.1	Muscle Strength	417
		16.4.2	Fiber Type Composition	418
		16.4.3	Myoelectrical Manifestation of Muscle Fatigue	419
	16.5	Surfac	e EMG and Hypobaric Hipoxia	420
		16.5.1	Physiological Modification Induced by Hypoxia	421
		16.5.2	Modification of Mechanical Muscle Response Induced by Hypoxia	421
		1653	Modification of Fiber Type Induced by Hypoxia	421
			Modification of Muscle Fatigue Induced by Hypoxia	421
			The Role of Acclimatization	422
	16.6		gravity Effects on Neuromuscular System	423
	10.0		Postflight Effects on Humans	423
	he in		Postflight Effects on Animals	423
			Models of Microgravity Effects	424
			Microgravity Effect, Duration, and Countermeasures	425
	Refe	rences	Merogravity Enter, Duration, and Countermeasures	425
		· · · · · · · · · · · · · · · · · · ·		18,3
17	BIO	FEEDB	ACK APPLICATIONS	435
	J. R.	Cram		
	17.1	Introd	uction	435
	17.2	Biofee	back Application to Impairment Syndromes	436
		17.2.1	Psychophysiological, Stress-Related Hyperactivity	436
		17.2.2	Simple Postural Dysfunction	437
		17.2.3	Weakness/Deconditioning	438
		17.2.4	Acute Reflexive Spasm/Inhibition	439
		17.2.5	Learned Guarding/Bracing	439
			Learned Inhibition/Weakness	440
		17.2.7	Direct Compensation for Joint Hypermobility or Hypomobility	441
		17.2.8	Chronic Faulty Motor Programs	442
	17.3		Biofeedback Techniques	443
		17.3.1	Isolation of Target Muscle Activity	443

xiii

	17.3.2	Relaxation-Based Downtraining	444
	17.3.3	Threshold-Based Uptraining or Downtraining	445
	17.3.4	Threshold-Based Tension Recognition Training	445
	17.3.5	Tension Discrimination Training	446
	17.3.6	Deactivation Training	446
	17.3.7	Generalization to Progressively Dynamic Movement	446
	17.3.8	SEMG-Triggered Neuromuscular Electrical Stimulation (NMES)	448
	17.3.9	Left/Right Equilibration Training	448
	17.3.10	Motor Copy Training	449
		Postural Training with SEMG Feedback	449
		Body Mechanics Instruction	449
		Therapeutic Exercise with SEMG Feedback	449
		Functional Activity Performance with SEMG Feedback	450
17.4	Summa	Surface DI 401 and Woodbards Minoreta	450
Refe	rences	16.5.1 Physiological Modification Induced by Hypoxia	450
		OF POWERED UPPER LIMB PROSTHESES K. B. Englehart, B. S. Hudgins	453
18.1	Introduc	ction	453
18.2	Myoele	ctric Signal as a Control Input	455
	18.2.1	Single Myoelectric Channel Model	455
	18.2.2	Single-Channel Control Information	457
	18.2.3	Limitations of the Single-Channel Myoelectric Signal as Control Input	458
	18.2.4	Multiple Myoelectric Channels	460
18.3		tional Myoelectric Control	460
		ng MEC Strategies	463
	18.4.1	Pattern Recognition Based Control	463
	18.4.2	Intelligent Subsystems	468
	Summa		471
Refe	rences		471
Index			477