

TABLE OF CONTENTS

| | |
|---|-----|
| Preface by Harry Moody..... | 6 |
| Preface by Sander Tideman..... | 10 |
| Introduction by Vincenzo Giorgino and Valerie Bentz..... | 16 |
| PART ONE: CONTEMPLATIVE KNOWING AND BEING | |
| Zack Walsh, <i>The Social and Political Significance of Contemplation and its Potential for Shaping Contemplative Studies</i> | 27 |
| Valerie M. Bentz, <i>Knowing as Being: Somatic Phenomenology as Contemplative Practice</i> | 50 |
| Doug Porpora, <i>Critical Reason and Spirituality</i> | 80 |
| Donald McCown, <i>Inside-Out: Mindfulness-Based Interventions as a Model for Community Building</i> | 98 |
| Xabier Renteria-Uriarte, <i>Contemplative Science and the Contemplative Foundation of Science: A Proposal of Definitions, Branches, and Tools</i> | 129 |
| Vincenzo M. B. Giorgino, <i>Contemplative Knowledge and Social Sciences: Close Encounters of the Enactive Kind</i> | 163 |

CARING FOR SELF, BEING, AND LIFEWORLD

PART TWO: CONTEMPLATIVE RESEARCH AND PRACTICE: APPLICATIONS

| | |
|--|-----|
| Krzysztof Konecki, <i>Meditation as Epistemology. How Can Social Scientists Profit from Meditation?</i> | 193 |
| Annabelle Nelson, <i>Contemplative Psychology and Imagery</i> | 239 |
| Luann Drole Fortune, <i>Retracing the Labyrinth: Applying Phenomenology for Embodied Interpretation</i> | 261 |
| David Casacuberta, <i>Toward Embodied Digital Technologies</i> | 276 |
| E. Christopher Mare, <i>Designing for Consciousness: Outline of a Neurophenomenological Research Program</i> | 300 |
| About the Series Editor and Associate Editor | 335 |
| About Fielding Graduate University | 336 |