

# Contents

<i>Chapter 1</i>	The Atom.....	1
	Electronic Structure of the Atom .....	1
	Chemical Bonds.....	2
	Electrovalent or Ionic Bond.....	4
	Covalent Bond.....	5
	Coordinate Covalent Bond .....	5
	Complex Formation .....	6
	Structure of the Nucleus .....	7
	Nomenclature.....	8
	Questions.....	10
	Suggested Reading .....	10
<i>Chapter 2</i>	Radioactive Decay .....	11
	Decay of Radionuclides.....	11
	Spontaneous Fission.....	11
	Alpha ( $\alpha$ ) Decay .....	11
	Beta ( $\beta^-$ ) Decay.....	12
	Positron or $\beta^+$ Decay .....	14
	Electron Capture.....	14
	Isomeric Transition.....	15
	Radioactive Decay Equations.....	18
	General Equation .....	18
	Half-Life and Mean Life .....	19
	Units of Radioactivity .....	21
	Calculations .....	22
	Successive Decay Equations.....	23
	General Equation .....	23
	Transient Equilibrium .....	23
	Secular Equilibrium .....	25

	Statistics of Counting .....	27
	Error, Accuracy, and Precision.....	27
	Standard Deviation .....	27
	Standard Deviation of Count Rates .....	28
	Propagation of Errors.....	29
	Questions .....	30
	Suggested Reading .....	31
<i>Chapter 3</i>	Instruments for Radiation Detection and Measurement .....	33
	Gas-Filled Detectors .....	33
	Dose Calibrators.....	33
	Geiger-Müller Counters .....	35
	Scintillation Detecting Instruments.....	36
	Collimator .....	36
	Detector.....	37
	Photomultiplier Tube.....	37
	Preamplifier.....	38
	Linear Amplifier.....	38
	Pulse Height Analyzer .....	38
	Display or Storage.....	39
	Scintillation Camera .....	39
	Collimator .....	41
	Detector.....	41
	X, Y Positioning Circuit .....	42
	Pulse Height Analyzer .....	42
	Digital Image.....	43
	Display and Storage .....	43
	Tomographic Imagers.....	44
	Single Photon Emission Computed Tomography.....	45
	Positron Emission Tomography.....	45
	PET/CT and SPECT/CT .....	47
	Questions .....	48
	Suggested Reading .....	48
<i>Chapter 4</i>	Production of Radionuclides .....	49
	Cyclotron-Produced Radionuclides.....	49
	Gallium-67 .....	52
	Iodine-123 .....	52
	Indium-111 .....	53
	Thallium-201 .....	53
	Short-Lived Radionuclides .....	54
	Reactor-Produced Radionuclides .....	55
	Fission or (n, f) Reaction.....	56
	Iodine-131 .....	57

	Molybdenum-99 .....	57
	Neutron Capture or (n, $\gamma$ ) Reaction .....	57
	Target and Its Processing .....	58
	Equation for Production of Radionuclides .....	59
	Specific Activity .....	64
	Questions .....	65
	References and Suggested Reading .....	66
<i>Chapter 5</i>	Radionuclide Generators .....	67
	Principles of a Generator .....	67
	Important Radionuclide Generators .....	70
	<sup>99</sup> Mo- <sup>99m</sup> Tc Generator .....	70
	<sup>68</sup> Ge- <sup>68</sup> Ga Generator .....	79
	<sup>90</sup> Sr- <sup>90</sup> Y Generator .....	79
	<sup>62</sup> Zn- <sup>62</sup> Cu Generator .....	80
	<sup>82</sup> Sr- <sup>82</sup> Rb Generator (Cardiogen-82) .....	80
	Questions .....	81
	References and Suggested Reading .....	81
<i>Chapter 6</i>	Radiopharmaceuticals and Methods of Radiolabeling .....	83
	Definition of a Radiopharmaceutical .....	83
	Ideal Radiopharmaceutical .....	84
	Easy Availability .....	84
	Short Effective Half-Life .....	84
	Particle Emission .....	85
	Decay by Electron Capture or Isomeric Transition .....	85
	High Target-to-Nontarget Activity Ratio .....	86
	Design of New Radiopharmaceuticals .....	87
	General Considerations .....	87
	Factors Influencing the Design of New Radiopharmaceuticals ..	88
	Methods of Radiolabeling .....	91
	Isotope Exchange Reactions .....	91
	Introduction of a Foreign Label .....	92
	Labeling with Bifunctional Chelating Agents .....	92
	Biosynthesis .....	92
	Recoil Labeling .....	93
	Excitation Labeling .....	93
	Important Factors in Labeling .....	93
	Efficiency of the Labeling Process .....	93
	Chemical Stability of the Product .....	94
	Denaturation or Alteration .....	94
	Isotope Effect .....	94
	Carrier-Free or No-Carrier-Added State .....	94
	Storage Conditions .....	94

Specific Activity.....	95
Radiolysis.....	95
Purification and Analysis.....	95
Shelf Life.....	96
Specific Methods of Labeling.....	96
Radioiodination.....	96
Labeling with $^{99m}\text{Tc}$ .....	101
Structure of $^{99m}\text{Tc}$ -Complexes.....	106
Oxidation States of $^{99m}\text{Tc}$ in $^{99m}\text{Tc}$ -Radiopharmaceuticals...	107
Kits for $^{99m}\text{Tc}$ -Labeling.....	109
Colloids and Labeled Particles.....	110
Additives and Preservatives.....	111
Questions.....	112
References and Suggested Reading.....	113
<i>Chapter 7</i> Characteristics of Specific Radiopharmaceuticals.....	115
$^{99m}\text{Tc}$ -Labeled Radiopharmaceuticals.....	115
$^{99m}\text{Tc}$ -Sodium Pertechnetate.....	115
$^{99m}\text{Tc}$ -Macroaggregated Albumin.....	116
$^{99m}\text{Tc}$ -Phosphonate and Phosphate Radiopharmaceuticals...	116
$^{99m}\text{Tc}$ -Sulfur Colloid.....	118
$^{99m}\text{Tc}$ -Albumin Colloid (Nanocolloid).....	119
$^{99m}\text{Tc}$ -Pentetate (DTPA).....	119
$^{99m}\text{Tc}$ -Labeled Red Blood Cells.....	120
$^{99m}\text{Tc}$ -Iminodiacetic Acid Derivatives.....	121
$^{99m}\text{Tc}$ -Hexamethylpropylene Amine Oxime (Ceretec).....	122
$^{99m}\text{Tc}$ -Sestamibi (Cardiolite; Miraluma).....	123
$^{99m}\text{Tc}$ -Tetrofosmin (Myoview).....	125
$^{99m}\text{Tc}$ -Mercaptoacetylglycylglycylglycine (MAG3).....	125
$^{99m}\text{Tc}$ -Ethyl Cysteinate Dimer (Neurolite).....	126
$^{99m}\text{Tc}$ -Dimercaptosuccinic Acid (Succimer).....	126
$^{99m}\text{Tc}$ -Gluceptate.....	127
$^{99m}\text{Tc}$ -Technegas.....	127
Radioiodinated Radiopharmaceuticals.....	127
$^{131}\text{I}$ -Sodium Iodide.....	127
$^{123}\text{I}$ -Sodium Iodide.....	128
$^{125}\text{I}$ -Albumin.....	129
$^{123}\text{I}$ - or $^{131}\text{I}$ -Metaiodobenzylguanidine.....	129
$^{125}\text{I}$ -Sodium Iothalamate.....	129
$^{131}\text{I}$ -Tositumomab (Bexxar).....	130
Miscellaneous Radiopharmaceuticals of Clinical Interest.....	130
$^{111}\text{In}$ -DTPA.....	130
$^{133}\text{Xe}$ Gas.....	130

$^{201}\text{Tl}$ -Thallos chloride .....	131
$^{67}\text{Ga}$ -Citrate.....	131
$^{32}\text{P}$ -Sodium Orthophosphate .....	131
$^{89}\text{Sr}$ -Strontium Chloride (Metastron) .....	132
$^{153}\text{Sm}$ -Ethylenediaminetetramethylene Phosphonic Acid (Quadramet).....	132
$^{57}\text{Co}$ - or $^{58}\text{Co}$ -Cyanocobalamin .....	132
$^{51}\text{Cr}$ -Labeled Red Blood Cells .....	132
Radiolabeled Leukocytes and Platelets .....	133
Radiolabeled Monoclonal Antibodies.....	136
Radiolabeled Peptides.....	144
Other Radiopharmaceuticals of Clinical Importance .....	145
PET Radiopharmaceuticals .....	145
$^{18}\text{F}$ -Sodium Fluoride .....	145
$^{18}\text{F}$ -Fluorodeoxyglucose.....	146
$^{18}\text{F}$ -Fluorodopa .....	146
$^{18}\text{F}$ -Fluorothymidine.....	147
$^{15}\text{O}$ -Water .....	147
n- $^{15}\text{O}$ -Butanol .....	147
$^{13}\text{N}$ -Ammonia .....	148
$^{11}\text{C}$ -Sodium Acetate .....	148
$^{11}\text{C}$ -Flumazenil .....	148
$^{11}\text{C}$ -Methylspiperone .....	148
$^{11}\text{C}$ -L-Methionine .....	149
$^{11}\text{C}$ -Raclopride .....	149
$^{82}\text{Rb}$ -Rubidium Chloride .....	149
Questions.....	150
References and Suggested Reading.....	151
<i>Chapter 8</i> Quality Control of Radiopharmaceuticals .....	153
Physicochemical Tests .....	153
Physical Characteristics .....	153
pH and Ionic Strength.....	154
Radionuclidic Purity.....	154
Radiochemical Purity .....	155
Chemical Purity .....	164
Radioassay.....	165
Biological Tests .....	168
Sterility .....	168
Apyrogenicity .....	170
Toxicity.....	172
Record Keeping.....	173
Questions.....	173
References and Suggested Reading.....	174

<i>Chapter 9</i>	Nuclear Pharmacy.....	175
	Concept.....	175
	Design of a Nuclear Pharmacy .....	175
	USP Chapter <797>: Pharmaceutical Compounding:	
	Sterile Preparations.....	179
	Operation of a Nuclear Pharmacy .....	180
	Receiving and Monitoring of Radioactive Packages .....	180
	Preparation of Radiopharmaceuticals .....	181
	Quality Control of Radiopharmaceuticals .....	185
	Storage.....	185
	Dispensing.....	185
	Radioactive Waste Disposal.....	188
	Infectious Waste Disposal.....	189
	Centralized Nuclear Pharmacy .....	189
	Questions.....	191
	References and Suggested Reading.....	191
<i>Chapter 10</i>	Internal Radiation Dosimetry.....	193
	Radiation Units.....	193
	Radiation Dosimetry .....	195
	Calculation of Radiation Absorbed Dose .....	196
	Radiation Dose in SI Units.....	199
	Effective Dose.....	199
	Questions.....	205
	References and Suggested Reading.....	205
<i>Chapter 11</i>	Radiation Regulations, Protection, and Uses.....	207
	Food and Drug Administration .....	207
	Investigational New Drug .....	208
	New Drug Application .....	208
	Exploratory IND.....	209
	Radioactive Drug Research Committee.....	211
	Difference Between RDRC and Exploratory IND.....	211
	PET Radiopharmaceuticals.....	212
	FDA Regulations for Compounding in Nuclear Pharmacies .....	213
	State Boards of Pharmacy.....	215
	Nuclear Regulatory Commission .....	216
	Agreement States.....	216
	Licenses .....	217
	Accreditation of Nuclear Medicine Facilities.....	218
	Radiation Protection.....	219
	Medical Uses of Radioactive Materials.....	230
	Department of Transportation .....	239

	European Regulations Governing Radiopharmaceuticals ....	242
	Drug Registration.....	243
	Good Manufacturing Practice.....	244
	European Pharmacopoeia .....	244
	Radiation Protection.....	245
	Questions.....	246
	References and Suggested Reading.....	247
<i>Chapter 12</i>	In Vitro and In Vivo Nonimaging Tests.....	249
	Radioimmunoassay .....	249
	Principle .....	249
	Methodology .....	250
	Sensitivity and Specificity.....	251
	Application .....	251
	Schilling Test .....	252
	Blood Volume.....	253
	<sup>125</sup> I-Serum Albumin Method.....	253
	<sup>51</sup> Cr-Labeled Red Blood Cell Method .....	253
	Application .....	254
	Red Blood Cell Survival.....	254
	Questions.....	255
	Suggested Reading.....	255
<i>Chapter 13</i>	Diagnostic Uses of Radiopharmaceuticals in Nuclear	
	Medicine .....	257
	Central Nervous System .....	257
	Anatomy and Physiology.....	257
	Radiopharmaceuticals and Imaging Techniques.....	259
	<sup>99m</sup> Tc-Ethyl Cysteinate Dimer (Neurolite) .....	259
	<sup>99m</sup> Tc-Hexamethylpropylene Amine Oxime (Ceretek) ....	261
	Interventional Studies .....	262
	<sup>18</sup> F-Fluorodeoxyglucose.....	263
	<sup>18</sup> F-Fluorodopa .....	265
	Other Radiopharmaceuticals .....	265
	<sup>111</sup> In-DTPA.....	266
	Diagnosis .....	266
	Thyroid.....	267
	Anatomy and Physiology.....	267
	Radiopharmaceuticals and Imaging Techniques.....	268
	Diagnosis .....	271
	Lung.....	272
	Anatomy and Physiology.....	272
	Radiopharmaceuticals and Imaging Techniques.....	273
	<sup>99m</sup> Tc-Labeled Macroaggregated Albumin .....	274

$^{133}\text{Xe}$ Gas .....	276
$^{99\text{m}}\text{Tc}$ -Labeled Aerosol .....	276
$^{99\text{m}}\text{Tc}$ -Technegas .....	277
Diagnosis .....	279
Liver .....	279
Anatomy and Physiology .....	279
Radiopharmaceuticals and Imaging Techniques .....	280
Diagnosis .....	286
Spleen .....	286
Anatomy and Physiology .....	286
Radiopharmaceuticals and Imaging Techniques .....	286
Diagnosis .....	287
Kidney .....	288
Anatomy and Physiology .....	288
Radiopharmaceuticals and Imaging Techniques .....	289
Effective Renal Plasma Flow .....	292
Diagnosis .....	296
Skeleton .....	297
Anatomy and Physiology .....	297
Radiopharmaceuticals and Imaging Techniques .....	297
$^{18}\text{F}$ -Sodium Fluoride .....	298
Diagnosis .....	299
Heart .....	299
Anatomy and Physiology .....	299
Radiopharmaceuticals and Imaging Techniques .....	303
$^{201}\text{Tl}$ -Thallos Chloride .....	303
$^{99\text{m}}\text{Tc}$ -Sestamibi (Cardiolite) .....	306
$^{82}\text{Rb}$ -Rubidium Chloride .....	310
$^{13}\text{N}$ -Ammonia .....	310
Other Perfusion Radiopharmaceuticals .....	311
Metabolic Imaging .....	312
Other Metabolic Radiopharmaceuticals .....	313
Myocardial Infarct Imaging .....	314
Cardiac Innervation Imaging .....	315
Miscellaneous Imaging Procedures .....	319
Tumor Imaging .....	319
Thrombus Detection .....	328
Lymphoscintigraphy .....	329
Gastric Emptying Imaging .....	330
Meckel's Diverticulum Imaging .....	331
Gastrointestinal Bleeding Detection .....	331
Inflammatory Diseases and Infection Imaging .....	332
Parathyroid Imaging .....	334

Questions .....	335
References and Suggested Reading .....	337
<i>Chapter 14</i> Molecular Imaging.....	341
Methodology of Molecular Imaging.....	342
Conventional Molecular Imaging.....	342
Gene-Based Molecular Imaging .....	342
Oligodeoxynucleotide Antisense Probes to Image mRNA ..	346
Reporter Genes for Imaging.....	347
Gene Therapy .....	349
Gene Delivery .....	349
Specific Diseases .....	350
Nanoparticle Imaging .....	351
Questions.....	354
References and Suggested Reading.....	357
<i>Chapter 15</i> Therapeutic Uses of Radiopharmaceuticals	
in Nuclear Medicine .....	357
Treatment of Hyperthyroidism.....	357
Treatment of Thyroid Cancer.....	358
Whole-Body Imaging .....	359
Treatment with $^{131}\text{I}$ .....	359
Treatment of Bone Pain.....	361
$^{32}\text{P}$ -Sodium Orthophosphate .....	361
$^{89}\text{Sr}$ -Strontium Chloride (Metastron) .....	361
$^{153}\text{Sm}$ -EDTMP (Quadramet) .....	362
Treatment of Liver Cancer.....	362
$^{90}\text{Y}$ -TheraSpheres .....	362
$^{90}\text{Y}$ -SIR-Spheres (SIR-TeX) .....	363
Treatment of Non-Hodgkin's Lymphoma.....	364
$^{90}\text{Y}$ -Ibritumomab Tiuxetan (Zevalin) .....	364
$^{131}\text{I}$ -Tositumomab (Bexxar).....	365
Polycythemia Vera and Leukemia.....	365
Pretargeted Radioimmunotherapy of Cancer.....	366
Questions.....	367
References and Suggested Reading.....	367
<i>Chapter 16</i> Adverse Reactions to and Altered Biodistribution	
of Radiopharmaceuticals.....	369
Adverse Reactions .....	369
Iatrogenic Alterations in the Biodistribution	
of Radiopharmaceuticals.....	370
Questions.....	372
References and Suggested Reading.....	372

*Appendix A* Abbreviation used in the text..... 373

*Appendix B* Terms used in the text..... 377

*Appendix C* Units and Constants ..... 387

*Appendix D* Radioactive Decay of  $^{99m}\text{Tc}$  ..... 389

*Appendix E* Radioactive Decay of  $^{131}\text{I}$ ..... 391

*Appendix F* Answers and Questions..... 393

*Index*..... 395