



# Contents

Preface to the Third Edition	xvii
Preface to the Second Edition	xix
Preface to the First Edition	xxi

<b>PART ONE THE FORCES BETWEEN ATOMS AND MOLECULES</b>	<b>1</b>
1. Historical Perspective	3
1.1. The Four Forces of Nature	3
1.2. Greek and Medieval Notions of Intermolecular Forces	3
1.3. The Seventeenth Century: First Scientific Period	5
1.4. The Eighteenth Century: Confusion, Contradictions, and Controversy	7
1.5. The Nineteenth Century: Continuum <i>versus</i> Molecular Theories	8
1.6. Intermolecular Force-Laws and Interaction Potentials: Long- and Short-Range Forces	9
1.7. First Successful Phenomenological Theories	12
1.8. First Estimates of Molecular Sizes	15
1.9. The Twentieth Century: Understanding Simple Systems	16
1.10. Recent Trends	17
<i>Problems and Discussion Topics</i>	18
2. Thermodynamic and Statistical Aspects of Intermolecular Forces	23
2.1. The Interaction of Molecules in Free Space and in a Medium	23
2.2. Self-Energy and Pair Potential	25
2.3. The Boltzmann Distribution and the Chemical Potential	26



2.4.	The Distribution of Molecules and Particles in Systems at Equilibrium	27
2.5.	The Van der Waals Equation of State (EOS)	30
2.6.	The Criterion of the Thermal Energy $kT$ for Gauging the Strength of an Interaction	31
2.7.	Classification of Forces and Pair Potentials	34
2.8.	Theoretical Analyses of Multimolecular Systems: Continuum and Molecular Approaches	35
2.9.	Molecular Approaches via Computer Simulations: Monte Carlo (MC) and Molecular Dynamics (MD)	37
2.10.	Newton's Laws Applied to Two-Body Collisions	39
2.11.	Kinetic and Statistical Aspects of Multiple Collisions: the Boltzmann Distribution	43
	<i>Problems and Discussion Topics</i>	49
3.	<b>Strong Intermolecular Forces: Covalent and Coulomb Interactions</b>	53
3.1.	Covalent or Chemical Bonding Forces	53
3.2.	Physical and Chemical Bonds	54
3.3.	Coulomb Forces or Charge-Charge Interactions, Gauss's Law	55
3.4.	Ionic Crystals	58
3.5.	Reference States	59
3.6.	Range of Electrostatic Forces	60
3.7.	The Born Energy of an Ion	61
3.8.	Solubility of Ions in Different Solvents	62
3.9.	Specific Ion-Solvent Effects: Continuum Approach	66
3.10.	Molecular Approach: Computer Simulations and Integral Equations of Many-Body Systems	67
	<i>Problems and Discussion Topics</i>	68
4.	<b>Interactions Involving Polar Molecules</b>	71
4.1.	What Are Polar Molecules?	71



4.2.	Dipole Self-Energy	73
4.3.	Ion-Dipole Interactions	73
4.4.	Ions in Polar Solvents	78
4.5.	Strong Ion-Dipole Interactions in Water: Hydrated Ions	78
4.6.	Solvation Forces, Structural Forces, and Hydration Forces	80
4.7.	Dipole-Dipole Interactions	81
4.8.	Magnetic Dipoles	83
4.9.	Hydrogen Bonds	83
4.10.	Rotating Dipoles and Angle-Averaged Potentials	84
4.11.	Entropic Effects	86
	<i>Problems and Discussion Topics</i>	88
5.	Interactions Involving the Polarization of Molecules	91
5.1.	The Polarizability of Atoms and Molecules	91
5.2.	The Polarizability of Polar Molecules	93
5.3.	Other Polarization Mechanisms and the Effects of Polarization on Electrostatic Interactions	94
5.4.	Interactions between Ions and Uncharged Molecules	96
5.5.	Ion-Solvent Molecule Interactions and the Born Energy	98
5.6.	Dipole-Induced Dipole Interactions	99
5.7.	Unification of Polarization Interactions	99
5.8.	Solvent Effects and "Excess Polarizabilities"	100
	<i>Problems and Discussion Topics</i>	105
6.	Van der Waals Forces	107
6.1.	Origin of the Van der Waals-dispersion Force between Neutral Molecules: the London Equation	107
6.2.	Strength of Dispersion Forces: Van der Waals Solids and Liquids	109
6.3.	Van der Waals Equation of State	113
6.4.	Gas-Liquid and Liquid-Solid Phase Transitions in 3D and 2D	115
6.5.	Van der Waals Forces between Polar Molecules	117



6.6. General Theory of Van der Waals Forces between Molecules	119
6.7. Van der Waals Forces in a Medium	122
6.8. Dispersion Self-Energy of a Molecule in a Medium	126
6.9. Further Aspects of Van der Waals Forces: Anisotropy (Orientation), Nonadditivity (Many-Body), and Retardation Effects	127
<i>Problems and Discussion Topics</i>	130
<b>7. Repulsive Steric Forces, Total Intermolecular Pair Potentials, and Liquid Structure</b>	<b>133</b>
7.1. Sizes of Atoms, Molecules, and Ions	133
7.2. Repulsive Potentials	136
7.3. Total Intermolecular Pair Potentials: Their Form, Magnitude, and Range	136
7.4. Role of Repulsive Forces in Noncovalently Bonded Solids	140
7.5. Packing of Molecules and Particles in Solids	142
7.6. Role of Repulsive Forces in Liquids: Liquid Structure	145
7.7. The Effect of Liquid Structure on Molecular Forces	147
<i>Problems and Discussion Topics</i>	148
<b>8. Special Interactions: Hydrogen-Bonding and Hydrophobic and Hydrophilic Interactions</b>	<b>151</b>
8.1. The Unique Properties of Water	151
8.2. The Hydrogen Bond	152
8.3. Models of Water and Associated Liquids	156
8.4. Relative Strengths of Different Types of Interactions	157
8.5. The Hydrophobic Effect	158
8.6. The Hydrophobic Interaction	161
8.7. Hydrophilic Interactions	163
<i>Problems and Discussion Topics</i>	166
<b>9. Nonequilibrium and Time-Dependent Interactions</b>	<b>169</b>
9.1. Time- and Rate-Dependent Interactions and Processes	169



9.2. Rate- and Time-Dependent Detachment (Debonding) Forces	171
9.3. Energy Transfer (Dissipation) during Molecular Collisions: the Deborah Number	175
9.4. Energy Transfer during Cyclic Bonding-Unbonding Processes	178
9.5. Relationships between Time, Temperature, and Velocity (Rate) in Complex Processes	182
<i>Problems and Discussion Topics</i>	185

## **PART TWO THE FORCES BETWEEN PARTICLES AND SURFACES** **189**

10. Unifying Concepts in Intermolecular and Interparticle Forces	191
10.1. The Association of Like Molecules or Particles in a Medium	191
10.2. Two Like Surfaces Coming Together in a Medium: Surface and Interfacial Energy	196
10.3. The Association of Unlike Molecules, Particles, or Surfaces in a Third Medium	197
10.4. Particle-Surface and Particle-Interface Interactions	198
10.5. Engulfing and Ejection	200
10.6. Adsorbed Surface Films: Wetting and Nonwetting	201
<i>Problems and Discussion Topics</i>	203
11. Contrasts between Intermolecular, Interparticle, and Intersurface Forces	205
11.1. Short-Range and Long-Range Effects of a Force: Qualitative Differences in the Interactions of Particles and Small Molecules	205
11.2. Interaction Potentials between Macroscopic Bodies	208
11.3. Effective Interaction Area of Two Spheres: the Langbein Approximation	211
11.4. Interactions of Particles Compared to Those between Atoms or Small Molecules	212



11.5.	Interaction Energies and Interaction Forces: the Derjaguin Approximation	215
11.6.	“Body Forces” and “Surface Forces”	220
	<i>Problems and Discussion Topics</i>	220
<b>12.</b>	<b>Force-Measuring Techniques</b>	<b>223</b>
12.1.	Direct and Indirect Measurements of Intermolecular, Interparticle, and Surface Forces	223
12.2.	Different Direct Force-Measuring Techniques	227
12.3.	Mechanics of Direct Force Measurements and Problems of Interpretation	231
12.4.	Measuring Force-Distance Functions, $F(D)$	234
12.5.	Instabilities	235
12.6.	Measuring Adhesion Forces and Energies	237
12.7.	Measuring Forces between Macroscopic Surfaces: the SFA, OP/OS and Related Techniques	239
12.8.	Measuring Forces between Microscopic (Colloidal) and Nanoscopic Particles: AFM and TIRM Techniques	245
12.9.	Measuring Single-Molecule and Single-Bond Interactions: OT and MC Techniques	248
	<i>Problems and Discussion Topics</i>	250
<b>13.</b>	<b>Van der Waals Forces between Particles and Surfaces</b>	<b>253</b>
13.1.	Van der Waals Force-Laws for Bodies of Different Geometries: the Hamaker Constant	253
13.2.	Strength of Van der Waals Forces between Bodies in a Vacuum or Air	254
13.3.	The Lifshitz Theory of Van der Waals Forces	256
13.4.	Particle-Surface Interactions	259
13.5.	Nonretarded Hamaker Constants Calculated on the Basis of the Lifshitz Theory	260
13.6.	Van der Waals Forces between Conducting Media	261
13.7.	Theoretical and Experimental Hamaker Constants for Interactions in a Vacuum or Air	263



13.8.	Applications of the Lifshitz Theory to Interactions in a Medium	264
13.9.	Repulsive Van der Waals Forces: Disjoining Pressure and Wetting Films	267
13.10.	Van der Waals Forces at Large Separations: Retardation Effects	270
13.11.	Electrostatic Screening Effects in Electrolyte Solutions	274
13.12.	Combining Relations	274
13.13.	Surface and Adhesion Energies	275
13.14.	Surface Energies of Metals	280
13.15.	Forces between Surfaces with Adsorbed Layers	281
13.16.	Experiments on Van der Waals Forces	282
	<i>Problems and Discussion Topics</i>	284
14.	<b>Electrostatic Forces between Surfaces in Liquids</b>	<b>291</b>
14.1.	The Charging of Surfaces in Liquids: the Electric “Double-Layer”	291
14.2.	Charged Surfaces in Water: No Added Electrolyte—“Counterions Only”	293
14.3.	The Poisson-Boltzmann (PB) Equation	293
14.4.	Surface Charge, Electric Field, and Counterion Concentration at a Surface: “Contact” Values	294
14.5.	Counterion Concentration Profile Away from a Surface	296
14.6.	Origin of the Ionic Distribution, Electric Field, Surface Potential, and Pressure	298
14.7.	The Pressure between Two Charged Surfaces in Water: the Contact Value Theorem	300
14.8.	Limit of Large Separations: Thick Wetting Films	303
14.9.	Limit of Small Separations: Osmotic Limit and Charge Regulation	305
14.10.	Charged Surfaces in Electrolyte Solutions	306
14.11.	The Grahame Equation	308
14.12.	Surface Charge and Potential of Isolated Surfaces	309



14.13.	Effect of Divalent Ions	311
14.14.	The Debye Length	312
14.15.	Variation of Potential $\psi_x$ and Ionic Concentrations $\rho_x$ Away from a Surface	313
14.16.	Electrostatic Double-Layer Interaction Forces and Energies between Various Particle Surfaces	314
14.17.	Exact Solutions for Constant Charge and Constant Potential Interactions: Charge Regulation	318
14.18.	Asymmetric Surfaces	321
14.19.	Ion-Condensation and Ion-Correlation Forces	322
14.20.	More Complex Systems: Finite Reservoir Systems and Finite Ion-Size Effects	325
14.21.	Van der Waals and Double-Layer Forces Acting Together: the DLVO Theory	326
14.22.	Experimental Measurements of Double-Layer and DLVO Forces	331
14.23.	Electrokinetic Forces	334
14.24.	Discrete Surface Charges and Dipoles	335
	<i>Problems and Discussion Topics</i>	338
15.	<b>Solvation, Structural, and Hydration Forces</b>	<b>341</b>
15.1.	Non-DLVO Forces	341
15.2.	Molecular Ordering at Surfaces, Interfaces, and in Thin Films	342
15.3.	Ordering of Spherical Molecules between Two Smooth (Unstructured) Surfaces	345
15.4.	Ordering of Nonspherical Molecules between Structured Surfaces	347
15.5.	Origin of Main Type of Solvation Force: the Oscillatory Force	349
15.6.	Jamming	354
15.7.	Experimental Measurements and Properties of Oscillatory Forces	355
15.8.	Solvation Forces in Aqueous Systems: Monotonically Repulsive "Hydration" Forces	361



15.9. Solvation Forces in Aqueous Systems: Attractive “Hydrophobic” Forces	370
<i>Problems and Discussion Topics</i>	378
<b>16. Steric (Polymer-Mediated) and Thermal Fluctuation Forces</b>	<b>381</b>
16.1. Diffuse Interfaces in Liquids	381
16.2. The States of Polymers in Solution and at Surfaces	381
16.3. Repulsive “Steric” or “Overlap” Forces between Polymer-Covered Surfaces	387
16.4. Interparticle Forces in Pure Polymer Liquids (Polymer Melts)	393
16.5. Attractive “Intersegment” and “Bridging” Forces	394
16.6. Attractive “Depletion” Forces	398
16.7. Polyelectrolytes	402
16.8. Nonequilibrium Aspects of Polymer Interactions	404
16.9. Thermal Fluctuations of and Forces between Fluid-Like Interfaces	405
16.10. Short-Range Protrusion Forces	406
16.11. Long-Range Undulation Forces	408
<i>Problems and Discussion Topics</i>	411
<b>17. Adhesion and Wetting Phenomena</b>	<b>415</b>
17.1. Surface and Interfacial Energies	415
17.2. Adhesion Energies versus Adhesion Forces	419
17.3. Highly Curved Surfaces and Interfaces: Clusters, Cavities, and Nanoparticles	422
17.4. Contact Angles and Wetting Films	429
17.5. Wetting of Rough, Textured, and Chemically Heterogeneous Surfaces	434
17.6. Contact Angle Hysteresis	439
17.7. Adhesion of Solid Particles: the JKR and Hertz Theories	442
17.8. Adhesion Hysteresis	448
17.9. Adhesion of Rough and Textured Surfaces	452



17.10. Plastic Deformations	453
17.11. Capillary Forces	456
<i>Problems and Discussion Topics</i>	461
<b>18. Friction and Lubrication Forces</b>	<b>469</b>
18.1. Origin of Friction and Lubrication Forces	469
18.2. Relationship between Adhesion and Friction Forces	476
18.3. Amontons' Laws of (Dry) Friction	481
18.4. Smooth and Stick-Slip Sliding	482
18.5. Lubricated Sliding	485
18.6. Transitions between Liquid- and Solid-Like Films	490
18.7. The "Real" Area of Contact of Rough Surfaces	493
18.8. Rolling Friction	494
18.9. Theoretical Modeling of Friction Mechanisms	495
<i>Problems and Discussion Topics</i>	497

## **PART THREE SELF-ASSEMBLING STRUCTURES AND BIOLOGICAL SYSTEMS 501**

<b>19. Thermodynamic Principles of Self-Assembly</b>	<b>503</b>
19.1. Introduction: Soft Structures	503
19.2. Fundamental Thermodynamic Equations of Self-Assembly	504
19.3. Conditions Necessary for the Formation of Aggregates	509
19.4. Effect of Dimensionality and Geometry: Rods, Discs, and Spheres	510
19.5. The Critical Micelle Concentration (CMC)	512
19.6. Infinite Aggregates (Phase Separation) versus Finite Sized Aggregates (Micellization)	513
19.7. Hydrophobic Energy of Transfer	514
19.8. Nucleation and Growth of Aggregates	515
19.9. 2D Structures on Surfaces: Soluble and Insoluble Monolayers	520



19.10.	Line Tension and 2D Micelles (Domains)	521
19.11.	Soluble Monolayers and the Gibbs Adsorption Isotherm	524
19.12.	Size Distributions of Self-Assembled Structures	524
19.13.	Large and More Complex Amphiphilic Structures	527
19.14.	Effects of Interactions between Aggregates: Mesophases and Multilayers	528
	<i>Problems and Discussion Topics</i>	530
20.	<b>Soft and Biological Structures</b>	<b>535</b>
20.1.	Introduction: Equilibrium Considerations of Fluid Amphiphilic Structures	535
20.2.	Optimal Headgroup Area	536
20.3.	Geometric Packing Considerations	538
20.4.	Spherical Micelles	540
20.5.	Nonspherical and Cylindrical Micelles	543
20.6.	Bilayers	544
20.7.	Vesicles	548
20.8.	Curvature/Bending Energies and Elasticities of Monolayers and Bilayers	550
20.9.	Other Amphiphilic Structures and the Transitions between Them	558
20.10.	Self-Assembly on Surfaces and Interfaces: 2D Micelles, Domains, and Rafts	562
20.11.	Biological Membranes	564
20.12.	Membrane Lipids	564
20.13.	Membrane Proteins and Membrane Structure	567
	<i>Problems and Discussion Topics</i>	569
21.	<b>Interactions of Biological Membranes and Structures</b>	<b>577</b>
21.1.	Van der Waals Forces	577
21.2.	Electrostatic (Double-Layer) and DLVO Forces	579



21.3.	Repulsive Entropic (Thermal Fluctuation, Steric-Hydration) Forces: Protrusion, Headgroup Overlap, and Undulation Forces	585
21.4.	Attractive Depletion Forces	593
21.5.	Attractive Hydrophobic Forces	595
21.6.	Biospecificity: Complementary, Site-Specific and Ligand-Receptor (LR) Interactions	599
21.7.	Bridging (Tethering) Forces	603
21.8.	Interdependence of Intermembrane and Intramembrane Forces	605
21.9.	Biomembrane Adhesion, Bioadhesion	607
21.10.	Membrane Fusion	611
	<i>Problems and Discussion Topics</i>	613
22.	Dynamic Biointeractions	617
22.1.	Subtleties of Biological Forces and Interactions	617
22.2.	Interactions that Evolve in Space and Time: Some General Considerations	617
22.3.	Biological Rupture and Capture: the Bell and Jarzynski Equations	619
22.4.	Multiple Bonds in Series and in Parallel	622
22.5.	Detachment versus Capture Processes: Biological Importance of “Rare Events”	626
22.6.	Dynamic Interactions between Biological Membranes and Biosurfaces	626
22.7.	Self-Assembly versus Directed Assembly: Dynamic Phases and Tunable Materials	628
22.8.	Motor Proteins, Transport Proteins, and Protein Engines	630
	<i>Problems and Discussion Topics</i>	631
References	635	
Index	663	