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| 1 | Furs On Ice | 7:28 | 6 | Light Beam | 3:08 |
| | (Marc Johnson) | | | (John Abercrombie) | |
| 2 | Stella By Starlight | 7:34 | 7 | Drum Solo | 3:00 |
| | (Ned Washington) | | | (Peter Erskine) | |
| 3 | Alice In Wonderland | 7:22 | 8 | Four On One | 6:03 |
| | (Fain / Hillard) | | | (John Abercrombie) | |
| 4 | Beautiful Love | 7:52 | 9 | Samurai Hee-Haw | 8:22 |
| | (Gillespie / King / Van Alstyne Young) | | | (Marc Johnson) | |
| 5 | Innerplay | 5.35 | 10 | Haunted Heart | 5:27 |
| | (Abercrombie / Johnson Erskine) | | | (Howard Dietz / Arthur Schwartz) | |