

DISC ONE

1. SURVIVAL (6:18)
2. NO OPPORTUNITY NECESSARY, NO EXPERIENCE NEEDED (4:48)
3. TIME AND A WORD (4:31)
4. STARSHIP TROOPER (9:26)
- a. LIFE SEEKER b. DISILLUSION c. WÜRM
5. I'VE SEEN ALL GOOD PEOPLE (6:53)
- a. YOUR MOVE b. ALL GOOD PEOPLE
6. ROUNDABOUT (8:31)
7. HEART OF THE SUNRISE (10:31)
8. CLOSE TO THE EDGE (18:34)
- i. THE SOLID TIME OF CHANGE
- ii. TOTAL MASS RETAIN
- iii. I GET UP I GET DOWN
- iv. SEASONS OF MAN

DISC TWO

1. RITUAL—NOUS SOMMES DU SOLEIL (21:33)
2. SOON (single edit) (4:06)
3. WONDEROUS STORIES (3:45)
4. GOING FOR THE ONE (5:32)
5. DON'T KILL THE WHALE (3:55)
6. DOES IT REALLY HAPPEN? (6:34)
7. MAKE IT EASY (6:08)
8. OWNER OF A LONELY HEART (4:27)
9. RHYTHM OF LOVE (4:46)
10. CHANGES (live version) (7:34)