

## CONTENTS

PART I	INTRODUCTION AND OVERVIEW	
CHAPTER 1	Introduction: Anger, Hope, and the Belief You Can Make a Difference	3
CHAPTER 2	Response to the Critics: How to Evaluate the Legitimacy and Effectiveness of Human Rights	22
PART II	THE LEGITIMACY OF HUMAN RIGHTS: DIVERSE STRUGGLES	
CHAPTER 3	The Diverse Political Origins of Human Rights	55
CHAPTER 4	The Struggles for Human Rights during the Cold War	94
PART III	THE EFFECTIVENESS OF HUMAN RIGHTS LAWS, INSTITUTIONS, AND MOVEMENTS	
CHAPTER 5	Why Is It So Hard to Measure the Effectiveness of Human Rights Law and Activism?	139
CHAPTER 6	What Does and Doesn't Work to Promote Human Rights?	181

PART IV MAKING HUMAN RIGHTS WORK  
IN THE TWENTY-FIRST CENTURY

CHAPTER 7 Conclusions: Evidence for Hope  
without Complacency

225

*Acknowledgments* · 249

*Notes* · 255

*Suggestions for Further Reading* · 301

*Index* · 307