Contents



List of contributors, vi
Forewords by the IOC, vii
Foreword by the FIBA, viii
Preface, ix
Introduction, xi

- 1 Epidemiology of basketball injuries, 1 Jay R. Hoffman
- 2 Physiology of basketball, 12 Jay R. Hoffman
- 3 Nutrition guidelines for basketball, 25 *Leslie J. Bonci*
- 4 Preventive medicine in basketball, 38 Thomas J. Mackowiak
- 5 Preparticipation screening and the basketball player, 66
 Andrew L. Pipe
- 6 The young basketball player, 75 Kevin B. Gebke and Douglas B. McKeag

- 7 The female athlete, 86 Margot Putukian
- 8 The special basketball player, 103 Kevin B. Gebke and Douglas B. McKeag
- 9 Psychological issues in basketball, 115 Christopher M. Carr
- 10 Basketball injuries: head and face considerations, 128 William F. Micheo and Enrique Amy
- 11 Cardiovascular considerations in basketball, 140 Andrew L. Pipe
- 12 Medical illness, 151 Margot Putukian
- 13 Spine and pelvis, 164

 Jill Cook and Karim Khan
- 14 Basketball injuries: upper extemity considerations, 177
 William F. Micheo and Eduardo Amy
- 15 Lower extremity considerations, 191

 Karim Khan and Jill Cook

 Index, 217