

Meet **Bridget Jones**—a 30-something singleton who is certain she would have all the answers if she could: **A) lose 7 pounds B) stop smoking C) develop Inner Poise**

Here is the laugh-out-loud daily chronicle of a hilarious year in the life of the devastatingly self-aware **Bridget Jones**; a year in which she resolves to: reduce the circumference of each thigh by 1 1/2 inches, visit the gym three times a week not merely to buy a sandwich, and form a functional relationship with a responsible adult.

Bridget struggles to keep her life on an even keel—or at least afloat. Whenever her plans meet with disaster, she manages to pick herself up, go out on the town, and tell herself it will be all right in the morning, when life will definitely be different this time and totally alcohol, calorie, and perverted-misogynist free.

Bridget Jones's Diary will make you like yourself for precisely those things you're most ashamed of. And through it all, **Bridget** will have you helpless with laughter, and shouting, "**Bridget Jones is me!**"



Helen Fielding's novel, *Bridget Jones's Diary*, had its start as a weekly newspaper column. Her second novel *Bridget Jones: The Edge of Reason* is also available on audio from Random House AudioBooks.



Tracie Bennett has appeared in the films *Shirley Valentine* and *Knights and Emeralds*. Her theater credits include *Dead Funny* and *She Loves Me* (Olivier Award Winner).

Bridget Jones's Diary is also available on cassette and in print from Viking Books.

Released to coincide with the major motion picture from Miramax Films, Universal Pictures and StudioCanal starring Renée Zellweger, Colin Firth and Hugh Grant.

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BY THE AUTHOR**

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